

NC's Public System of Opioid Use Prevention, Treatment, and Recovery (Settlement Dollars & Braided Funding)

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December 2024

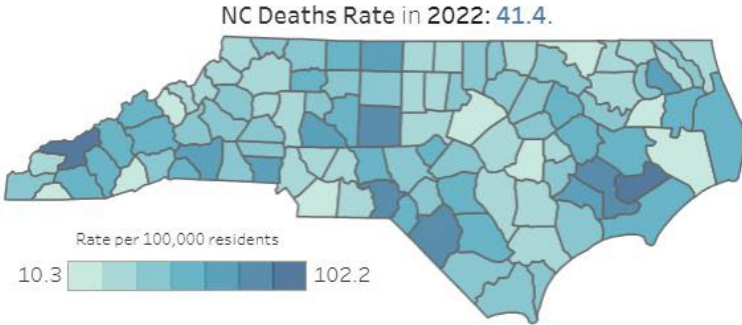
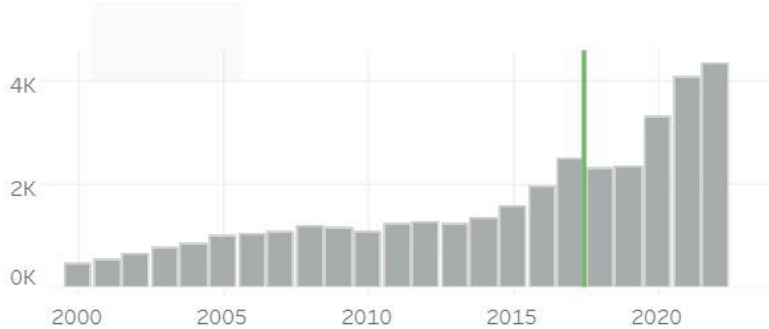
NC's Opioid and Substance Use Action Plan Data Dashboard

- 866 opioid overdoses ED visits in 2023
 - 510 opioid overdose ED visits in 2024
- This is a 34% decrease

KEY METRICS

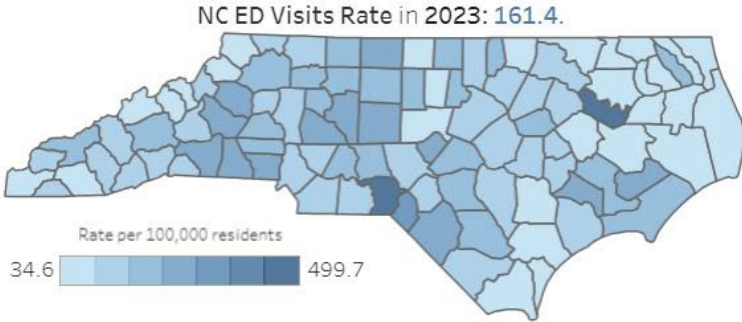
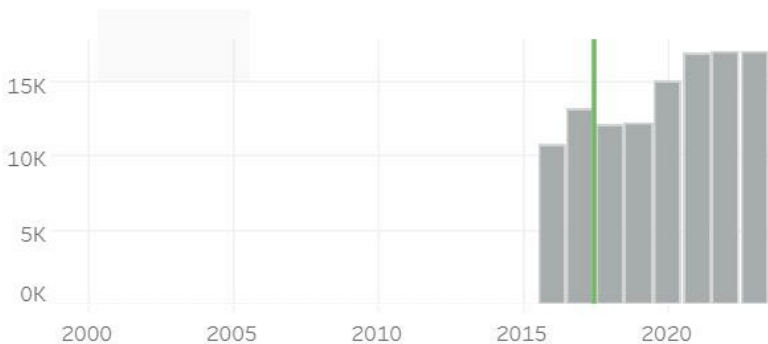
Drug overdose deaths

NC residents, All intents, Med/drug overdose, NC SCHS. Map year: 2022



Drug overdose ED visits

NC residents, Medication or drugs with dependency potential, NCDETECT. Map year: 2023



Learn more about the [Opioid and Substance Use Action plan](#) and access the dashboard [here!](#)

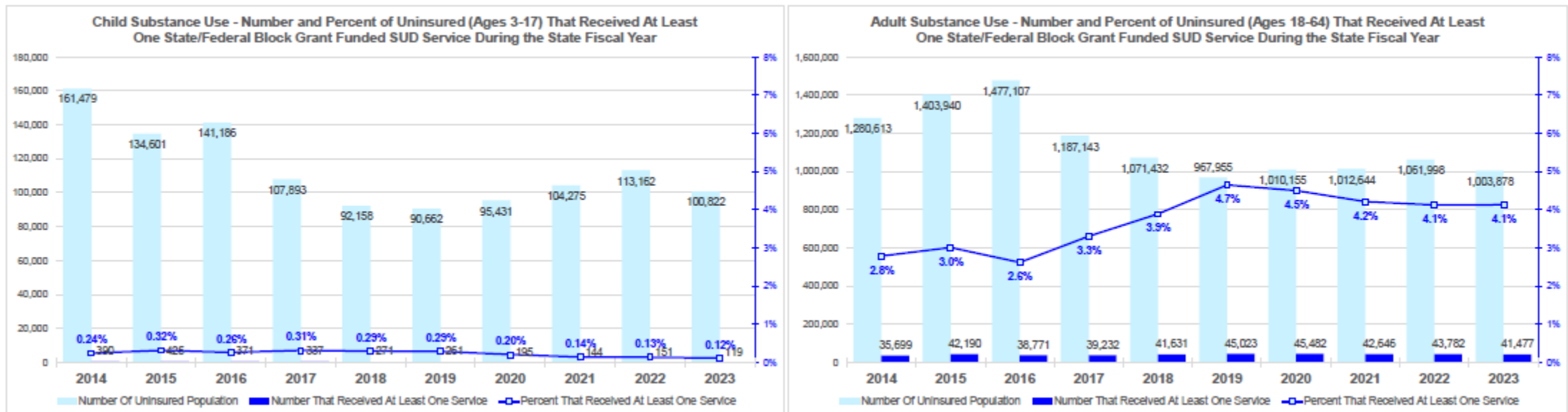
NC Prevalence & Utilization: Substance Use Disorder (SUD)

SUD Prevalence

16.36% of adults ages 18+ (1 in 6 adults)

7.70% of youth ages 12-17 (1 in 13 youth)

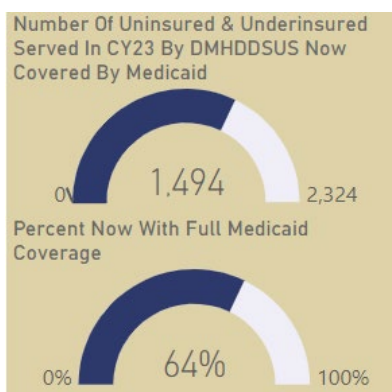
State/Federal Block Grant Funded



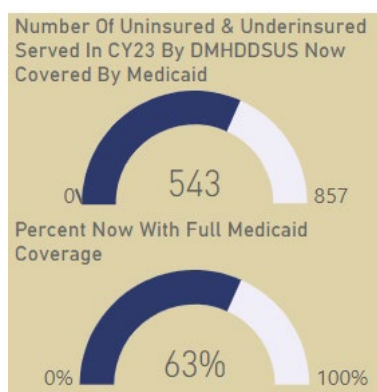
- For the uninsured population, <1% of the children and 4.1% of adults received at least one state/block grant service.
- In FY23, for Medicaid enrollees 1.13% of children and 6.3% adults received at least one SUD service.

Impact of Medicaid Expansion on Access to SUD Treatment in NC

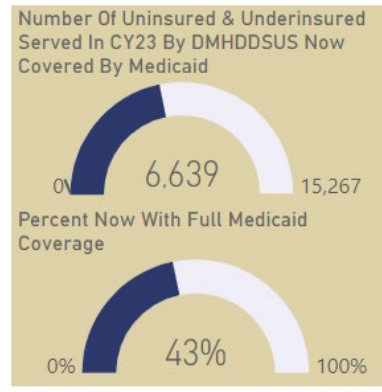
Developmental Disabilities



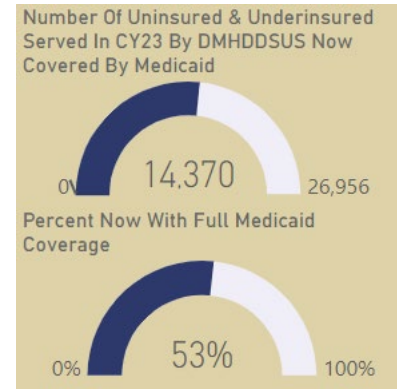
Co-Occurring IDD & MH or SUD



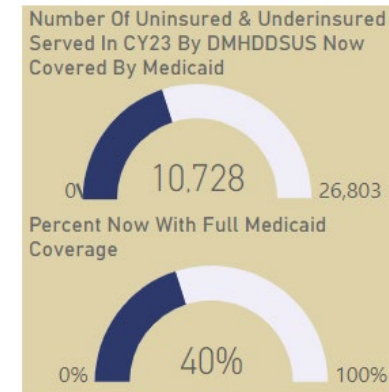
Substance Use Disorder



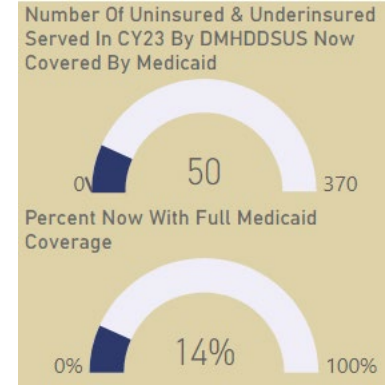
Co-Occurring MH/SUD



Mental Health




Unknown Diagnosis



Overall, **47%** of DMHDDSUS people served in calendar year 2023 who did not have full Medicaid **now have full Medicaid**.

NC Opioid and Substance Use Action Plan (OSUAP)



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North Carolina's Opioid and Substance Use Action Plan

Home > About > Department Initiatives > Overdose Epidemic > North Carolina's Opioid and Substance Use Action Plan

North Carolina's Opioid Action Plan was released in June 2017 with community partners to combat the opioid crisis. The plan with an update to the OAP 2.0 in June 2019 and again to become the [Opioid and Substance Use Action Plan \(OSUAP\) 3.0](#) in May 2021 to continue to address the issue.

North Carolina's OSUAP 3.0 updates the 2019 plan to include a broadened focus on polysubstance use as well as centering equity and lived experiences to ensure that the strategies address the overdose

[Overdose Epidemic](#)

[Cures Act Grant](#)

[First Responders](#)

- [NC OSUAP Local Actions](#)
- [NC OSUAP Data Dashboard](#)
- [NC OSUAP Update & Opportunities](#)

NC Opioid Settlement Funds

85% of NC's opioid abatement funds go directly to the counties through the NC Association of County Commissioners

Counties can spend funds on NC MOA strategies from option A or Option B.

- **Exhibit A strategies in the NC MOA are high-impact strategies to address the opioid overdose epidemic.**
 - **Exhibit A Strategies:** Collaborative strategic planning, Evidence-based addiction treatment, Recovery support service, Recovery housing support, Employment-related services, Early intervention, Naloxone distribution, Post-overdose response team, Syringe Service Program, Criminal justice diversion programs, Addiction treatment for incarcerated person, Reentry Programs.
- **Exhibit B strategies in the NC MOA are activities from the national settlement agreements available to local governments that have first engaged in the Collaborative Strategic Planning process.**
 - **Exhibit B Strategies:** Treat Opioid Use Disorder, Support People in treatment and recovery, connect people to the help they need, address the needs of criminal justice involved people, Address the needs of pregnant or parenting women and their families, including babies with neonatal abstinence syndrome, Ensure appropriate prescribing and dispensing of opioids, Prevent misuse of opioids, Prevent overdose deaths and other harm, first responder education and support, leadership planning and coordination, training, and research.

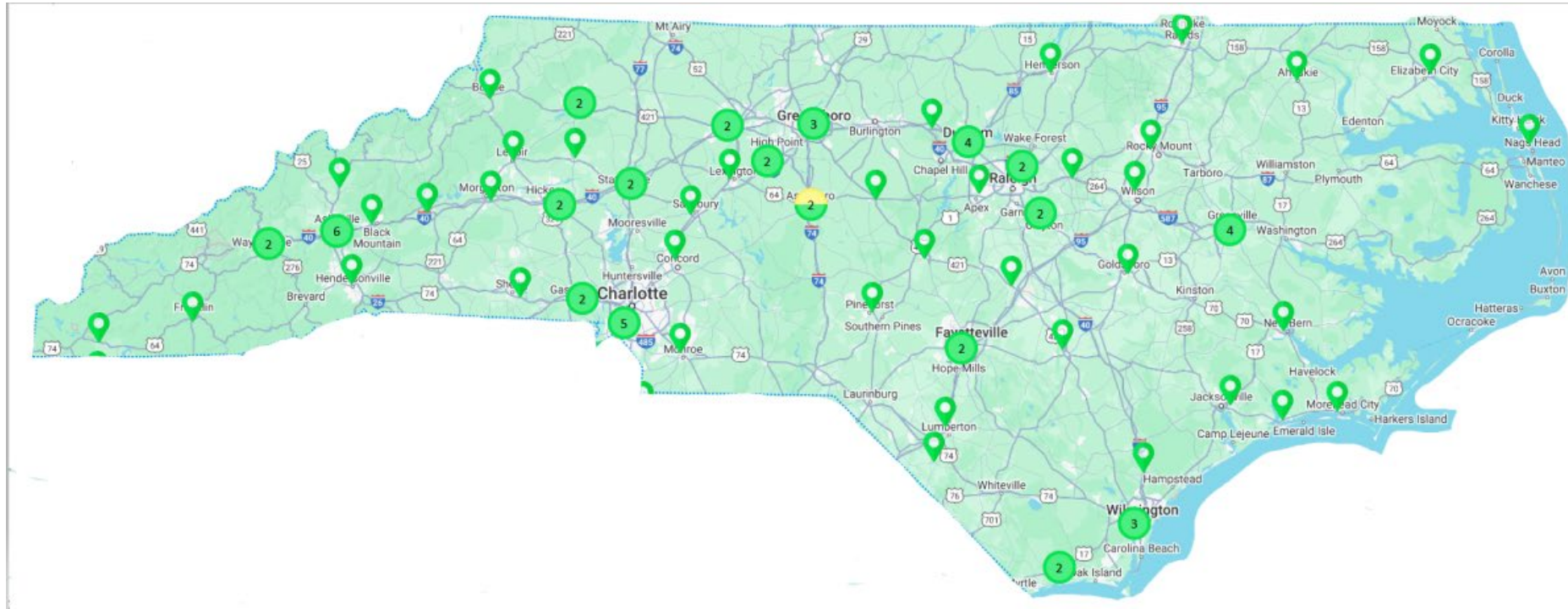
**15% go to the Opioid abatement reserve, which was established to maintain those funds received by the State NC
Receives funds yearly, funds available from the general assembly through 2038**

Braiding Funding: McKinsey Settlements, SOR Grant, SUPTRS Grant

- DMHDDSUS sent more than one million doses of [naloxone](#) to agencies serving those at highest risk for overdose.
- DHHS expanded syringe service programs to 66 counties and one federally recognized tribe (EBCI).
- 40 community-based programs across North Carolina received direct funding to expand overdose prevention activities, housing, and SDOH supports, including services for **justice-involved** individuals
- Over 34,000 patients received treatment from 85 opioid treatment programs statewide in 2023.
- MOUD in Jails: 46 County Detention Centers have a partnership with at least one OTP
- FY203, 48,000 North Carolinians received treatment for OUD

NC's Opioid Treatment Program (OTP) Landscape

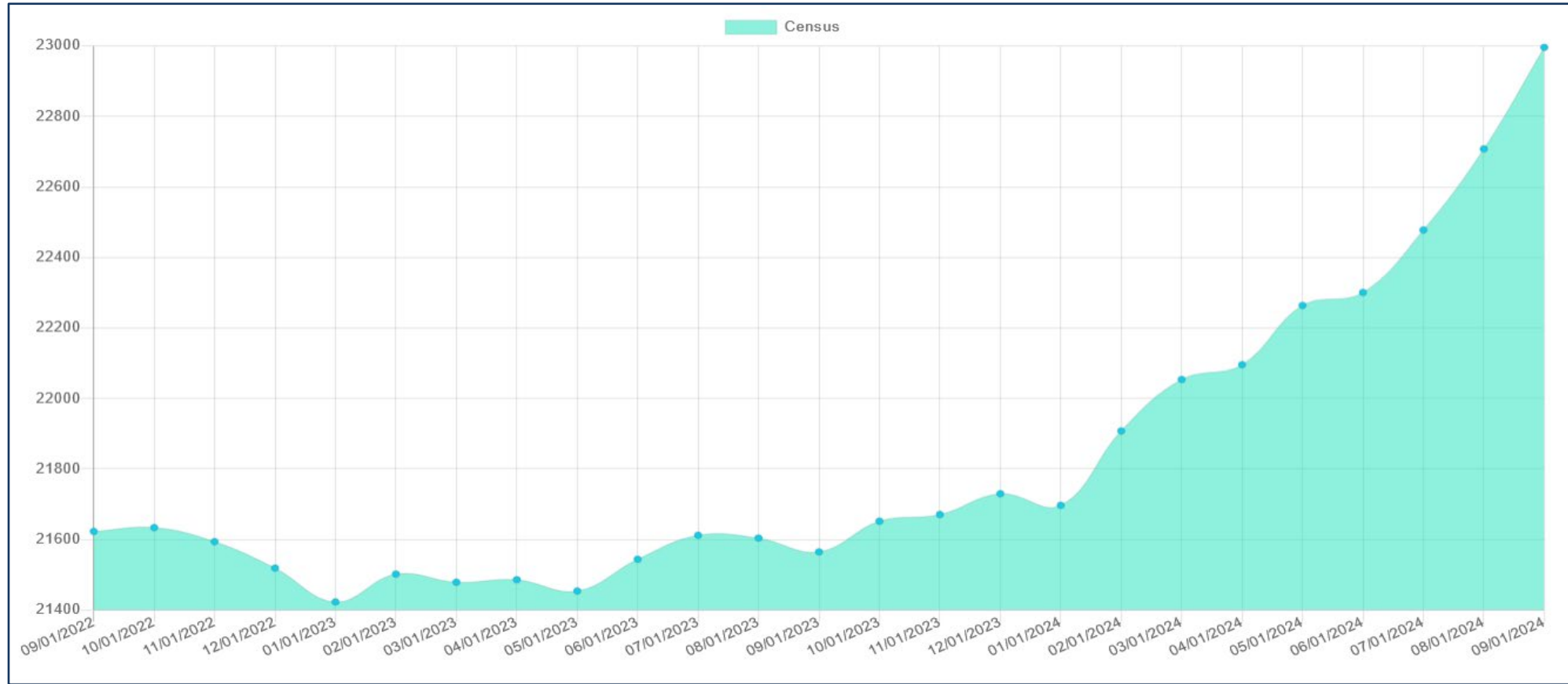
- 87 OTPs in NC (including 1 EBCI/CIHA and 2 ADATCs)
- + 19 pending



Source: <https://thecentralregistry.com/map/>

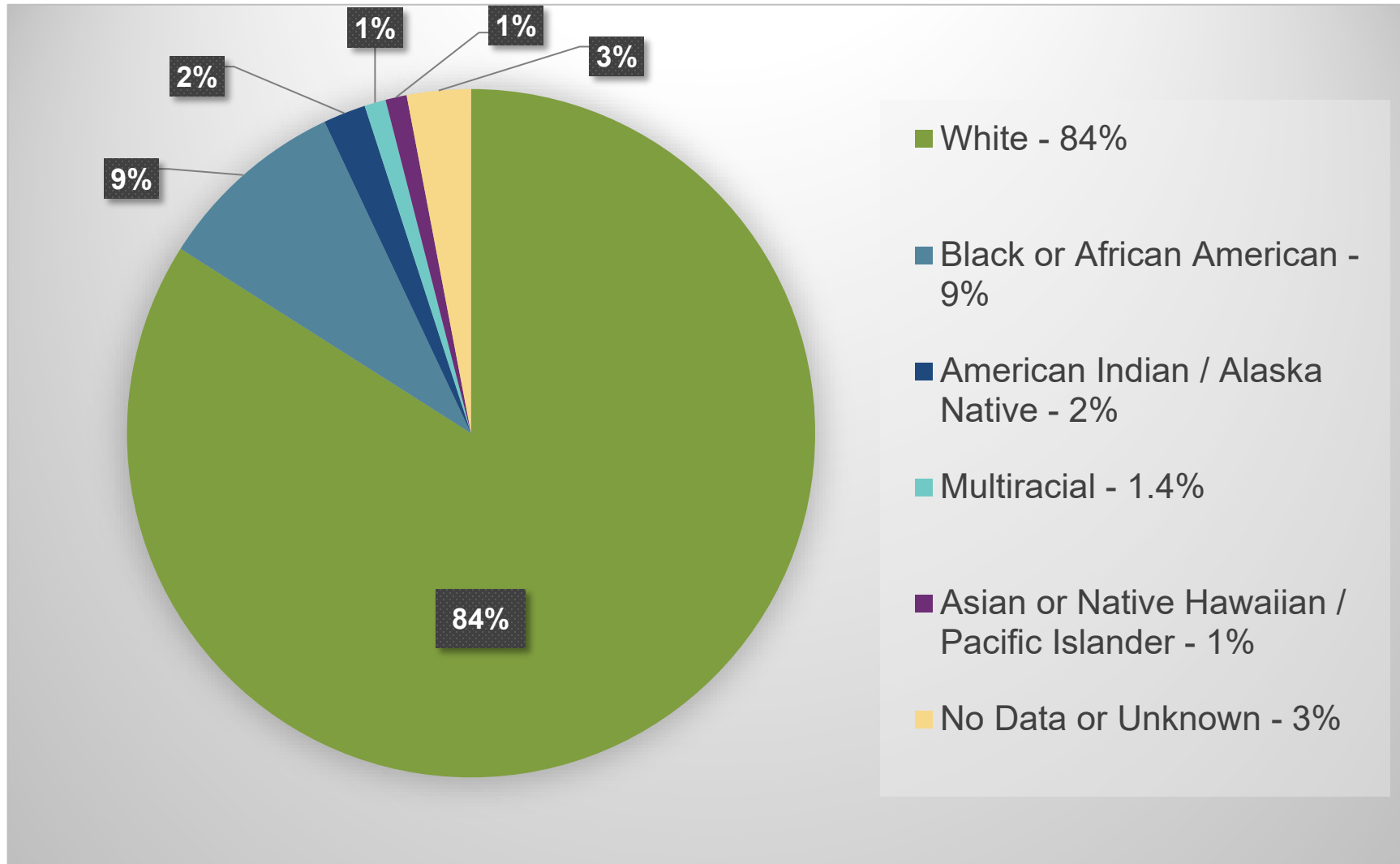
NC OTP Census Sept 1, 2024: 22,996

Graph: Sept. 1, 2022 – Sept. 1, 2024



Source: Lighthouse Central Registry, 9/1/2024

NC OTP Demographics



Source: Lighthouse Central Registry, 9/6/24

Prevent Substance Misuse & Overdose: NEW PROJECTS

- **Updated Naloxone Saturation Plan and Distribution:** Update the naloxone plan and expand Distribution
- **Medications for Opioid Use Disorder (MOUD) Saturation Plan:** Work with providers to increase counties with MOUD coverage. Emphasis on Marginalized Communities.
- **Mobile Opioid Treatment Program (OTP) Implementation:** Launch additional mobile OTP units to expand the reach of opioid treatment to marginalized individuals, the homeless, rural communities, and other underserved communities.
- **Office-Based Opioid Treatment (OBOT) Expansion with NC Community Health Are Associations (NCCHCA) & North Carolina Behavioral Health Consultation Line (NC-PAL):** Expand NC-PAL program to help more physicians prescribe OBOT; extend additional supports to our FQHCs
- **Post Overdose Recovery Team (PORT):** Expand the utilization of PORTs across the state. Emphasis on marginalized communities.
- **Recovery Friendly Workplaces & Communities**

Preventing Access to Opioids & Reducing Stigma

Lock Your Meds. Talk It Up Lock It Up

- **79.8%** of **North Carolinians** strongly agree/agree they give careful consideration to how medication is stored
- Compared to 12 months ago, **31.8%** are more likely to securely store prescription medications found in their homes.
- **21.1%** of North Carolinians have a medication lock box in their home that is used to store medications.
- **NEW Prevention Models Coming!**

COMING SOON: UNSHAME NC



Recovery Community Organizations (RCOs)

Recovery happens in communities where people access services and supports and build relationships that support them.

- Recovery community organizations offer stigma-free spaces for engagement, resources, and recovery support.
- NC DMHDD SUS has funded **15 recovery community centers since 2015** from the SUPTRS block grant and **plans to add 2-3 more centers this year.**
- Centers are tailored to community needs and provide diverse recovery support services, including employment aid, housing, education, and peer mentoring.



Connections App

- DMHDDSUS partnered with Trillium Health Resources to roll-out the Connect apps (CHESS Health). It offers 24/7 peer support and recovery tools.
- **530 individuals onboarded** in the Connections App and still growing!
- The Peer to Peer Connect feature enables Certified Peer Support Specialists to connect statewide, providing crucial support to prevent burnout.
 - Currently, **447 Peers** involved!
 - 280 CPSSs fully onboarded
 - Positive Feedback:
 - “We must encourage each other!! I love this app,”
 - “I feel so much more HOPE now... I feel like I could climb a mountain right now!”



Welcome to Connections.

A free recovery-focused app with 24/7 peer support, a supportive recovery community, and tools to help you track and celebrate milestones!

Scan to enroll:



Or, text 610-488-2461 with the following information to receive a link for the Connections App download:

Full name, date of birth and provider name

Technical difficulties? Get in touch: onboarding@chess.health

Connections is a free resource made available by:



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

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North Carolina Department of Health and Human Services