



**STRATEGIES AND INTERVENTIONS TO REDUCE SUICIDE:  
A TWO-PART VIRTUAL WORKSHOP**

**PART 1:  
U.S. SUICIDE SUBGROUP TRENDS:  
OPPORTUNITIES IN HEALTHCARE TO REDUCE SUICIDE RISK**

**TUESDAY, JUNE 22, 2021  
1:00-3:30 PM ET**

*The National  
Academies of* | SCIENCES  
ENGINEERING  
MEDICINE

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

June 15, 2021

Dear Colleagues:

Welcome to the workshop on the Strategies and Interventions to Reduce Suicide, a webinar series hosted by the Forum on Mental Health and Substance Use Disorders at the National Academies of Sciences, Engineering, and Medicine. The workshop will be held over two separate 2.5 hour webinars exploring the strategies and best practices to improve access and drive effective intervention implementation to prevent suicide.

On June 22, the first webinar of the series, U.S. Suicide Subgroup Trends: Opportunities in Healthcare to Reduce Suicide Risk, will examine the scope of the public health problem, discuss the implementation of effective approaches for suicide prevention care, and address the known barriers to healthcare access. The second webinar, Building 988: An Opportunity to Build Inclusive Care Structures, on July 28, will discuss crisis systems, highlighting the 988 expansion initiative. Through a health equity lens, this workshop will also explore the gaps, challenges, and needs for marginalized populations.

A summary of this workshop will be published by the National Academies Press. The webinar's meeting materials as well as a video archive of the webinar will be available for free download at: <https://www.nationalacademies.org/our-work/strategies-and-interventions-to-reduce-suicide-a-workshop>

We hope you will find the workshop presentations informative, thought-provoking, motivating, and the suggestions made by the workshop participants will contribute to improving strategies to combat the prevalence of suicidal behavior.

Sincerely,

Matt Tierney, MS, APRN (Co-Chair)  
President, American Psychiatric Nurses  
Association  
Clinical Professor, UCSF School of Nursing  
Clinical Director of Substance Use Treatment  
and Education  
UCSF Office of Population Health

Mary Roary, PhD (Co-Chair)  
Director, Office of Behavioral Health  
Equity  
Office of Intergovernmental and External  
Affairs  
Office of the Assistant Secretary for  
Mental Health and Substance Use  
Substance Abuse and Mental Health  
Services Administration

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

**STRATEGIES AND INTERVENTIONS TO REDUCE SUICIDE:  
U.S. SUICIDE SUBGROUP TRENDS:  
OPPORTUNITIES IN HEALTHCARE TO REDUCE SUICIDE RISK**

Webinar 1  
June 22, 2021  
1:00-3:30 PM ET

**WEBINAR NOTES**

- Join the webcast via this link:  
<https://nasem.zoom.us/j/96234307236?pwd=ajVCbTdIYSSt0dVpTdVpNT3M2U2xoQT09>
- An archive of the video webcast and presentation slides will be available at:  
<https://www.nationalacademies.org/event/06-22-2021/strategies-and-interventions-to-reduce-suicide-a-workshop-first-webinar>
- Proceedings-in-Brief of the workshop will be published following National Academies procedures. Rapporteurs will compose the proceedings from the workshop transcript and external reviewers will examine the proceedings to make sure it accurately reflects workshop discussions and conforms to institutional policies.
- Interested in receiving updates from the Forum on Mental Health and Substance Use Disorders or the National Academies of Sciences, Engineering, and Medicine's Health and Medicine Division?

Sign up for the **Forum** listserv at:

<https://nationalacademies.us8.list-manage.com/subscribe?u=ab74d126b7d2db12591de5c2c&id=211686812e>

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**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

**STRATEGIES AND INTERVENTIONS TO REDUCE SUICIDE:  
A TWO-PART VIRTUAL WORKSHOP**

**AGENDA**

**U.S. SUICIDE SUBGROUP TRENDS:  
OPPORTUNITIES IN HEALTHCARE TO REDUCE SUICIDE RISK**

**TUESDAY, JUNE 22, 2021**

**1:00-3:30 PM ET**

**WELCOME FROM THE FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

1:00 PM

**Matt Tierney, MS, APRN**

President, American Psychiatric Nurses Association  
Clinical Professor, UCSF School of Nursing  
Clinical Director of Substance Use Treatment and Education  
UCSF Office of Population Health

**Mary Roary, PhD**

Director, Office of Behavioral Health Equity  
Office of Intergovernmental and External Affairs  
Office of the Assistant Secretary for Mental Health and Substance Use  
Substance Abuse and Mental Health Services Administration

*Planning Committee Co-Chairs*

**SESSION 1  
SUICIDE TRENDS IN U.S. SUBGROUPS**

1:10 PM

*Session 1 Moderator:*

**Jane Pearson, PhD**

Special Advisor to the Director on Suicide Research  
National Institute of Mental Health  
*Planning Committee Member*

*Speakers:*

**Jeff Bridge, PhD**

Director, Center for Suicide Prevention and Research  
Abigail Wexner Research Institute  
Nationwide Children's Hospital

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

	<p><b>Crystal L. Barksdale, PhD, MPH</b> Acting Deputy Director Chief, Minority Mental Health Research Office for Disparities Research and Workforce Diversity National Institute of Mental Health</p>
<p><b>SESSION 1</b> <b>PANEL DISCUSSION AND AUDIENCE Q&amp;A</b></p>	
<p>1:30 PM</p>	<p><i>Panelists:</i></p> <p><b>Holly C. Wilcox, PhD</b> Professor, Johns Hopkins Bloomberg School of Public Health Johns Hopkins Medical School of Medicine Johns Hopkins School of Education</p> <p><b>Richard McKeon, PhD</b> Chief, Suicide Prevention Branch Division of Prevention, Traumatic Stress, and Special Programs Center for Mental Health Services Substance Abuse and Mental Health Services Administration</p> <p><b>Crystal L. Barksdale, PhD, MPH</b> Acting Deputy Director Chief, Minority Mental Health Research Office for Disparities Research and Workforce Diversity National Institute of Mental Health</p> <p><b>Jeff Bridge, PhD</b> Director, Center for Suicide Prevention and Research Abigail Wexner Research Institute Nationwide Children's Hospital</p>
<p><b>SESSION 2A</b> <b>EXPERIENCES IN IMPLEMENTING SUICIDE PREVENTION CARE</b> <b>IN FEDERAL HEALTHCARE SETTINGS</b></p>	
<p>1:50 PM</p>	<p><i>Session 2 Moderator:</i></p> <p><b>Erin Bagalman, MSW</b> Director, Division of Behavioral Health Policy Office of Behavioral Health, Disability, and Aging Policy Office of the Assistant Secretary for Planning and Evaluation <i>Planning Committee Member</i></p> <p><i>Speakers:</i></p>

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

	<p><b>Lisa Brenner, PhD</b> Professor, University of Colorado Director, Rocky Mountain Mental Illness Research, Education, and Clinical Center Vice Chair, Department of Physical Medicine and Rehabilitation U.S. Department of Veterans Affairs</p> <p><b>Joseph Simonetti, MD, MPH</b> Physician and Suicide Prevention Researcher Rocky Mountain Mental Illness Research Education and Clinical Center for VA Suicide Prevention University of Colorado</p> <p><b>Pamela End Of Horn, MSW, LICSW</b> National Suicide Prevention Consultant, Division of Behavioral Health Office of Clinical and Preventive Services Indian Health Services</p>
<b>SESSION 2B</b> <b>IMPROVING SUICIDE PREVENTION:</b> <b>ADDRESSING KNOWN BARRIERS TO HEALTHCARE ACCESS</b>	
2:20 PM	<p><i>Session 2 Moderator:</i> <b>Ursula Whiteside, PhD</b> CEO, NowMattersNow.org Clinical Faculty, University of Washington</p> <p><i>Speakers:</i></p> <p><b>Cathleen Willging, PhD</b> Center Director and Senior Research Scientist Pacific Institute for Research and Evaluation Southwest Center</p> <p><b>Lisa Brenner, PhD</b> Professor, University of Colorado Director, Rocky Mountain Mental Illness Research, Education, and Clinical Center Vice Chair, Department of Physical Medicine and Rehabilitation U.S. Department of Veterans Affairs</p> <p><b>Michael Lindsey, PhD, MSW, MPH</b> Executive Director, Silver’s McSilver Institute for Poverty Policy and Research New York University</p>
<b>SESSION 2</b> <b>PANEL DISCUSSION AND AUDIENCE Q&amp;A</b>	

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

3:05 PM	<p><i>Moderator:</i></p> <p><b>Erin Bagalman, MSW</b> Director, Division of Behavioral Health Policy Office of Behavioral Health, Disability, and Aging Policy Office of the Assistant Secretary for Planning and Evaluation <i>Planning Committee Member</i></p> <p><i>Panelists:</i></p> <p><b>Lisa Brenner, PhD</b> Professor, University of Colorado Director, Rocky Mountain Mental Illness Research, Education, and Clinical Center Vice Chair, Department of Physical Medicine and Rehabilitation U.S. Department of Veterans Affairs</p> <p><b>Pamela End Of Horn, MSW, LICSW</b> National Suicide Prevention Consultant, Division of Behavioral Health Office of Clinical and Preventive Services Indian Health Services</p> <p><b>Michael Lindsey, PhD, MSW, MPH</b> Executive Director, Silver’s McSilver Institute for Poverty Policy and Research New York University</p> <p><b>Joseph Simonetti, MD, MPH</b> Physician and Suicide Prevention Researcher, Rocky Mountain Mental Illness Research Education and Clinical Center for VA Suicide Prevention</p> <p><b>Ursula Whiteside, PhD</b> CEO, NowMattersNow.org Clinical Faculty, University of Washington</p> <p><b>Cathleen Willging, PhD</b> Center Director and Senior Research Scientist Pacific Institute for Research and Evaluation Southwest Center</p>
<b>CLOSING REMARKS</b>	
3:25 PM	<p><b>Michael F. Hogan, PhD</b> Principal Hogan Health Solutions LLC <i>Planning Committee Member</i></p>
3:30 PM	<b>ADJOURN</b>

## FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS

### Workshop on Strategies and Interventions to Reduce Suicide Speakers and Moderators

#### Webinar 1: June 22, 2021

**Erin Bagalman, MSW (Planning Committee Member)**

Director, Division of Behavioral Health Policy  
Office of Behavioral Health, Disability, and  
Aging Policy  
Office of the Assistant Secretary for Planning  
and Evaluation

Aspen Health Innovators Fellow, The Aspen  
Institute

**Richard McKeon, PhD**

Chief  
Suicide Prevention Branch  
SAMHSA

**Crystal L. Barksdale, PhD, MPH**

Program Chief  
Minority Mental Health Research Program  
Office for Disparities Research and  
Workforce Diversity  
National Institute of Mental Health

**Andrew Moon, PsyD (Planning Committee Member)**

Associate Director, Education & Training  
Suicide Prevention Program  
Office of Mental Health & Suicide Prevention  
U.S. Department of Veterans Affairs

**Lisa Brenner, PhD**

Director  
VA Rocky Mountain Mental Illness Research  
Education and Clinical Center (MIRECC)

**Jane Pearson, PhD (Planning Committee Member)**

Special Advisor to the Director on Suicide  
Research  
National Institute of Mental Health

**Jeff Bridge, PhD**

Director  
Center for Suicide Prevention and Research  
Nationwide Children's Hospital

**Mary Roary, PhD (Planning Committee Member)**

Director, Office of Behavioral Health Equity  
Office of Intergovernmental and External  
Affairs  
Office of the Assistant Secretary for Mental  
Health and Substance Use  
Substance Abuse and Mental Health Services  
Administration

**Pamela End of Horn, MSW, LICSW (Oglala Lakota)**

National Suicide Prevention Consultant  
Indian Health Service Headquarters  
OCPS/Division of Behavioral Health

**Michael F. Hogan, PhD (Planning Committee Member)**

Principal  
Hogan Health Solutions LLC

**Joseph Simonetti MD, MPH**

Assistant Professor, Clinical Investigator  
University of Colorado Anschutz Medical  
Campus

**Michael A. Lindsey, PhD, MSW, MPH**

Executive Director, McSilver Institute for  
Poverty Policy and Research  
Constance and Martin Silver Professor of  
Poverty Studies, NYU Silver School of Social  
Work

**Matt Tierney, MS, APRN (Planning Committee Member)**

President, American Psychiatric Nurses  
Association  
Clinical Professor, UCSF School of Nursing



**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

Clinical Director of Substance Use Treatment  
and Education  
UCSF Office of Population Health

**Ursula Whiteside, PhD**  
CEO, Psychologist & Researcher  
Kaiser Permanente Washington Health  
Research Institute

**Holly Wilcox, PhD**  
Professor  
Department of Mental Health  
Johns Hopkins University

**Cathleen E. Willging, Ph.D.**  
Center Director and Senior Research Scientist  
Pacific Institute for Research and Evaluation  
Southwest Center

**FORUM ON MENTAL HEALTH AND SUBSTANCE USE DISORDERS**

Workshop on the Strategies and Interventions to Reduce Suicide

Webinar 1: June 22, 2021

Speakers' Bios

**Erin Bagalman, MSW**, joined the Department of Health and Human Services (HHS) Office of the Assistant Secretary for Planning and Evaluation (ASPE) in 2018. She serves as director of the Division of Behavioral Health Policy in ASPE's Office of Behavioral Health, Disability, and Aging Policy. In that role, she manages an interdisciplinary team focused on policies addressing mental health, substance use, and related topics such as suicide. Previously, she served as the lead analyst for behavioral health policy at the Congressional Research Service, providing non-partisan analysis of behavioral health services, financing, and research. Before that, she worked in the private sector conducting health outcomes research. She began her career as a psychiatric social worker. She holds a BA in political science from the University of Massachusetts at Amherst and an MSW from Tulane University.

**Crystal Barksdale Ph.D, MPH**, is the Acting Deputy Director and Chief of the Minority Mental Health Research Program in the National Institute of Mental Health (NIMH) Office for Disparities Research and Workforce Diversity. She provides guidance and expertise related to research on minority mental health and mental health disparities. Prior to joining NIMH, Dr. Barksdale worked at the Substance Abuse and Mental Health Services Administration, where she provided program evaluation leadership and subject matter expertise on children's mental health projects. Dr. Barksdale has also worked on projects focused on disparities in child-serving systems and culturally and linguistically appropriate interventions for at-risk youth and their families. She is a licensed clinical psychologist who maintains a client caseload in private practice.

**Lisa A. Brenner, Ph.D.**, is a Board-Certified Rehabilitation Psychologist, a Professor of Physical Medicine and Rehabilitation (PM&R), Psychiatry, and Neurology at the University of Colorado, Anschutz Medical Campus, and the Director of the Department of Veterans Affairs Rocky Mountain Mental Illness Research, Education, and Clinical Center (MIRECC). She is also Vice Chair of Research for the Department of PM&R. Dr. Brenner is the Past President of Division 22 (Rehabilitation Psychology) of the American Psychological Association (APA) and an APA Fellow. She serves as an Associate Editor of the Journal of Head Trauma Rehabilitation. Her primary

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area of research interest is traumatic brain injury, co-morbid psychiatric disorders, and negative psychiatric outcomes including suicide. Dr. Brenner has numerous peer-reviewed publications, participates on national advisory boards, and has recently co-authored a book titled: *Suicide Prevention After Neurodisability: An Evidence-Informed Approach*.

**Jeff Bridge, Ph.D.**, is an epidemiologist and director of the Center for Suicide Prevention and Research in the Abigail Wexner Research Institute at Nationwide Children's Hospital, Nationwide Foundation Endowed Chair of Innovation in Behavioral Health Research, and Professor of Pediatrics, Psychiatry and Behavioral Health at The Ohio State University College of Medicine. His research focuses on the epidemiology of suicide and suicidal behavior in young people, neurocognitive vulnerability to suicidal behavior, screening for suicide risk in medical and school settings, and improving the quality of care and outcomes for suicidal youth.

**Pamela End of Horn, MSW, LICSW**, is responsible for the development and oversight of the Suicide Prevention and Care Program. Her work focuses on program policy development, program implementation and evaluation. Pamela has a Master's Degree in Social Work and currently holds advanced practice licenses in North Dakota and Minnesota. Pamela is an enrolled member of the Oglala Lakota Sioux of the Pine Ridge Indian Reservation, Pine Ridge, South Dakota. Pamela is currently completing a Doctorate in Social Work at the University of Pennsylvania, in Philadelphia, Pennsylvania.

**Michael Hogan, Ph.D.**, served as New York State Commissioner of Mental Health from 2007-2012, and now operates a consulting practice in health and behavioral health care. The NYS Office of Mental Health operated 23 accredited psychiatric hospitals, and oversaw New York's \$5B public mental health system serving 650,000 individuals annually. Previously Dr. Hogan served as Director of the Ohio Department of Mental Health (1991-2007) and Commissioner of the Connecticut DMH from 1987-1991. He chaired the President's New Freedom Commission on Mental Health in 2002-2003. He served as the first behavioral health representative on the board of The Joint Commission (2007-2015) and chaired its Standards and Survey Procedures Committee. He has served as a member of the National Action Alliance for Suicide Prevention since it was created in 2010, co-chairing task forces on clinical care and interventions and crisis care. Previously, he served on the NIMH Council (1994-1998 and 2014-2018), as President of the National Association of State Mental Health Program Directors (2003-2005) and as Board President of NASMHPD's Research Institute (1989-2000). His awards for

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national leadership include recognition by the National Governor's Association, the National Alliance on Mental Illness, the Campaign for Mental Health Reform, the American College of Mental Health Administration and the American Psychiatric Association. He is a graduate of Cornell University (BS, 1960), and earned a MS degree from the State University College in Brockport NY (1972), and a Ph.D. from Syracuse University (1977).

**Michael A. Lindsey, PhD, MSW, MPH**, is a noted scholar in the fields of child and adolescent mental health, as well as a leader in the search for knowledge and solutions to generational Poverty and Inequality. He is the Executive Director of the McSilver Institute for Poverty Policy and Research at New York University (NYU), the Constance and Martin Silver Professor of Poverty Studies at NYU Silver School of Social Work, and an Aspen Health Innovators Fellow. He also leads a university-wide Strategies to Reduce Inequality initiative from the NYU McSilver Institute. At the McSilver Institute, Dr. Lindsey leads a team of researchers, clinicians, social workers and other professionals who are committed to creating new knowledge about the root causes of poverty, developing evidence-based interventions to address its consequences, and rapidly translating their findings into action through policy and best practices. Additionally, he leads the working group of experts supporting the Congressional Black Caucus Emergency Taskforce on Black Youth Suicide and Mental Health, which created the report Ring the Alarm: The Crisis of Black Youth Suicide in America. Dr. Lindsey is a Distinguished Fellow of the National Academies of Practice (NAP) in Social Work, and serves on the editorial boards of the journals: 1) Administration and Policy in Mental Health and Mental Health Services Research, (2) Journal of Clinical Child and Adolescent Psychology, (3) Psychiatric Services, (4) School Mental Health, and (5) Prevention Science. He holds a PhD in social work and MPH from the University of Pittsburgh, an MSW from Howard University, and a BA in sociology from Morehouse College.

**Richard McKeon Ph.D., MPH**, received his Ph.D. in Clinical Psychology from the University of Arizona, and a Master's of Public Health in Health Administration from Columbia University. He has spent most of his career working in community mental health, including 11 years as director of a psychiatric emergency service and 4 years as Associate Administrator/Clinical Director of a hospital based community mental health center in Newton, New Jersey. In 2001, he was awarded an American Psychological Association Congressional Fellowship and worked in the United States Senate, covering health and mental health policy issues. He spent 5 years on the Board of the American Association of Suicidology as Clinical Division Director and has also served on the Board of the Division of Clinical Psychology of the American Psychological Association. He is currently Chief for the Suicide

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Prevention Branch in the Center for Mental Health Services, of the Substance Abuse and Mental Health Services Administration, where he oversees all branch suicide prevention activities, including the Garrett Lee Smith State/Tribal Youth Suicide Prevention, and Campus Suicide Prevention grant programs, the National Suicide Prevention Lifeline, the Suicide Prevention Resource Center, and the Native Connections program. In 2008, he was appointed by the Secretary of Veterans Affairs to the Secretary's Blue Ribbon Work Group on Suicide Prevention. In 2009, he was appointed by the Secretary of Defense to the Department of Defense Task Force on Suicide Prevention in the Military. He served on the National Action Alliance for Suicide Prevention Task Force that revised the National Strategy for Suicide Prevention and participated in the development of WHO's World Suicide Prevention Report. He is also the Co-Chair of the Federal Working Group on Suicide Prevention.

**Jane Pearson, Ph.D.**, is a widely recognized authority on suicide and suicide prevention with expertise in clinical psychology and public health strategies. She serves as the Special Advisor to the Director of NIMH on Suicide Research. She leads the NIMH Suicide Research Team and serves on the National Action Alliance for Suicide Prevention Research Task Force. She assisted in the development of the first Surgeon General's Call to Action to Prevent Suicide and the first U.S. National Strategy for Suicide Prevention. Dr. Pearson is also an adjunct associate professor at The Johns Hopkins University and a Fellow of the American Psychological Association. She has practiced as a licensed clinical psychologist and has authored papers on the ethical and methodological challenges of suicide research.

**Mary Roary, Ph.D.**, is a public health epidemiologist who focuses on infectious and chronic diseases. Dr. Roary is currently the Director of the Office of Behavioral Health Equity (OBHE) at the U.S. Department of Health and Human Services (HHS) - Substance Abuse and Mental Health Services Administration (SAMHSA). She is also an Adjunct Professor at The Catholic University of America. She has worked across government, academia, and the private industry.

Dr. Roary has worked in two components of the National Institutes of Health (NIH) since 2013 as a Program Director and Officer. At NIH, Dr. Roary was responsible for Health Promotion, Disease Prevention, Environmental Influences, Health Disparities, low resources in the "IDeA States" and Child Health portfolio. Dr. Roary has developed national funding opportunities, overseen complex budgets, mentored investigators in developing project grants, and disseminated research findings to stakeholders.

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Dr. Roary previously served as the data lead for the U.S. Department of Health and Human Services - Office of Minority Health Committees on the Patient Protection and Affordable Care Act, Healthy People 2020, and Environmental Justice. She was the Principal Investigator and Co-Principal Investigator for multiple community-based participatory research grants at Johns Hopkins University and the University of Arizona.

Dr. Roary earned her Ph. D. in Epidemiology and was an Epidemiology and Biostatistician CDC fellow at the University of Arizona. She holds several Master's Degrees from Johns Hopkins University. Her ultimate goal is to become an influential champion of eliminating health disparities by identifying and implementing data-driven best practices that promote health equity and wellness.

**Joseph Simonetti MD, MPH**, earned his Medical Degree from the Ohio State University and completed his training in Internal Medicine at the University of Pittsburgh. He then completed an NRSA health services research fellowship, worked as a senior research fellow at the Harborview Injury Prevention & Research Center at the University of Washington and the VA's Patient Aligned Care Team National Demonstration Lab, and earned his Master of Public degree Health from the University of Washington School of Public Health. Currently, he is an internal medicine physician practicing within the VA Eastern Colorado Healthcare System. He has research appointments within the VA Rocky Mountain Mental Illness Research, Education and Clinical Center for Suicide Prevention and the Denver-Seattle Center of Innovation for Veteran-Centered and Value-Driven Care. Dr. Simonetti's research focuses on reducing the burden of intentional and unintentional firearm injuries nationally. His current focus is on creating infrastructure for stakeholder engagement in firearm-related research, and developing Veteran-centered approaches to facilitating lethal means safety as a suicide prevention strategy.

**Matthew Tierney, MS, APRN** is a Clinical Professor at the UCSF School of Nursing and is Clinical Director of Substance Use Treatment and Education for the Office of Population Health at UCSF Health. He is currently President of the American Psychiatric Nurses Association (APNA) and represents APNA on this NASEM panel. An educator and clinician for over 2 decades, his work focuses on increasing access to essential mental health and substance use treatment by developing and implementing innovative clinical treatment programs and by educating the existing and rising healthcare workforce. As an active Nurse Practitioner certified in adult primary care, addictions nursing and psychiatric-mental health care, his clinical work focuses on providing evidence-based care to vulnerable and highly-stigmatized populations. He is an active participant in numerous professional organizations

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including: the Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA); the American Society of Addiction Medicine (ASAM) where he serves on the national Planning Committee for the Treatment of Opioid Use Disorder Course Program; and ASAM's California Chapter (CSAM) where he serves as the only nurse on the Committee on Opioids and as an educator and mentor in CSAM's Medical Education and Research Foundation (MERF). He is also a Fellow of the American Academy of Nursing (FAAN) where he actively serves on the Expert Panel on Psychiatric-Mental Health and Substance Use.

**Ursula Whiteside, Ph.D.**, is a licensed clinical psychologist, CEO of NowMattersNow.org and Clinical Faculty at the University of Washington. As a researcher, she has been awarded grants from the National Institute of Mental Health (NIMH) and the American Foundation for Suicide Prevention. Clinically, she began her training with Dr. Marsha Linehan in 1999 and later served as a DBT-adherent research therapist on a NIMH-funded clinical trial led by Dr. Linehan. Dr. Whiteside is a group and individual certified DBT clinician. Now, she treats high-risk suicidal clients in her small private practice in Seattle using DBT and caring contacts. Dr. Whiteside is national faculty for the Zero Suicide initiative, a practical approach to suicide prevention in health care and behavioral healthcare systems. This program was described by NPR on a segment titled "What Happens If You Try to Prevent Every Single Suicide?" She is also vice-president of United Suicide Survivors International. As a person with Lived Experience, she strives to decrease the gap between "us and them" and to ensure that the voices of those who have been there are included in all relevant conversations: nothing about us without us.

**Holly Wilcox, Ph.D.**, is a Professor in the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health with joint appointments in the Department of Health Policy and Management as well as the Johns Hopkins Schools of Medicine and Education. Much of her work involves population-based research on suicide, intergenerational studies of suicide, the evaluation of impact of community-based universal prevention programs, and data linkage strategies to inform suicide prevention. Holly leads a multidisciplinary, interdepartmental suicide prevention work group at Johns Hopkins. She has a diverse publication history that demonstrates her experience in biological, psychological, and social factors in suicide. Holly was appointed by Governor Larry Hogan to the Maryland School Board. She also Co-Chairs the Maryland Commission on Suicide Prevention. Holly has twice received the Johns Hopkins Bloomberg School of Public Health's Excellence in Advising, Mentoring, Teaching and Research Advising (AMTRA) award.

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**Cathleen Willging, Ph.D.**, is a medical anthropologist and Senior Research Scientist at the Pacific Institute for Research and Evaluation with experience in mixed-method research, intervention development and evaluation, and implementation science. Her research focuses on public mental health and substance use treatment in the United States, healthcare reform, evidence-based practice implementation and sustainment in complex systems, and the advancement of culturally- and contextually-relevant programs to support marginalized groups affected by inequities. Her current work entails the application of implementation science theory and methods to support innovative programming to reduce health and healthcare disparities for minoritized populations in diverse service delivery settings, i.e., primary care practices, hospital emergency departments, and educational institutions. She is especially interested in using participatory methods to promote community engagement in the dissemination, uptake, and sustainment of effective interventions at the individual, organization, and systems levels.