

## INSTRUCTIONS FOR BREAKOUT ROOM EXERCISE

### What is the purpose of the breakout room exercise?

The breakout groups will provide an opportunity to practice designing, implementing, and evaluating a community intervention based on the information that was presented yesterday on social determinants of health, unique populations, and community interventions.

All of the break out groups will focus on designing, implementing, and evaluating a community intervention, but the different breakout groups will focus on different populations or issues.

You will have a committee member and/or a staff member in the breakout room who can answer questions and help the group move along if you get stuck. They won't be leading the exercise though.

### What breakout room do I go to?

Please select one of the following breakout rooms that differ based on special populations\* or issues:

**Breakout Room A.** American Indian and Alaska Native (AIAN) Veterans

**Breakout Room B.** Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Veterans

**Breakout Room C.** Black Veterans

**Breakout Room D.** Hispanic and Latino Veterans

**Breakout Room E.** Lesbian, Gay, Bisexual, Transgender, and Queer + (LGBTQ+) Veterans

**Breakout Room F.** Older Veterans

**Breakout Room G.** Women Veterans

**Breakout Room H.** Veterans Living in Rural Communities

**Breakout Room I.** Veterans with Mental Health and Substance Use Disorders

**Breakout Room J.** Veterans with Physical Disabilities or Illness

\*Special population categories of service members, veterans, and their families used by SAMHSA (<https://www.samhsa.gov/smvf-ta-center/special-populations>)

## Step by Step Instructions for Breakout Room Participants

### 1. Introduce yourself and select your role in the breakout room:

- You can be a regular contributor of ideas and answers to questions.
- You can also volunteer to be the note-taker, timekeeper, or reporter who reports results of the breakout group work to the larger group when we get back together after lunch at 1:45 pm Eastern.

### 2. To get started the group should select one or more “adverse social determinants of health” \* that they will address in designing a community intervention:

- Violence – community or domestic
- Housing instability
- Financial/employment problems
- Legal problems
- Familial/social problems
- Lack of access to care/transportation
- Other

\*Blosnich, J.R., et al (2019). Social Determinants and Military Veterans’ Suicide Ideation and Attempt: A Cross-sectional Analysis of Electronic Health Records. *Journal of General Internal Medicine*, 35(6), 1759-1767.

### 3. The first step is to identify a community intervention for the special population/issue of your breakout group, which will address the adverse social determinants of health selected. Then you will move on to designing and developing an implementation plan and an evaluation plan. Answer the guiding questions under each section to facilitate your discussion. You will have 60 minutes for this part of the breakout group exercise.

Guiding Questions (Answer at least 3)	Your Group’s Answers
<b><u>Identifying a Community Intervention</u></b>	
<ul style="list-style-type: none"> <li>• What community partner organizations are at this planning and design table, or should be? What trends/event/incident in your community brought you all to the table?</li> </ul>	
<ul style="list-style-type: none"> <li>• Who are the members of your community and what are their needs? (Example: demographics, poverty rate, number of veterans, suicide rate,</li> </ul>	

<p style="text-align: center;"><b>Guiding Questions (Answer at least 3)</b></p>	<p style="text-align: center;"><b>Your Group's Answers</b></p>
<p>and availability of social and mental health services)</p>	
<ul style="list-style-type: none"> <li>• How are community needs determined?</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the ultimate outcomes desired? (Example: Prevent the number of suicides in our community)</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the intermediate outcomes desired? (Example: Create social fabric and more integrated service system to keep people from falling through cracks)</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the relevant social determinants of health that are related to the problem and may point to an intervention? (Example: social isolation, homelessness, lack of consistent employment)</li> </ul>	
<ul style="list-style-type: none"> <li>• What promising community intervention models should be considered?</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the challenges and barriers to be overcome?</li> </ul>	
<p><b><u>Designing and Implementing the Community Intervention</u></b></p>	
<ul style="list-style-type: none"> <li>• What is the community intervention that is being implemented?</li> </ul>	
<ul style="list-style-type: none"> <li>• What social determinants of health are being addressed?</li> </ul>	
<ul style="list-style-type: none"> <li>• What is the “theory of change” (i.e., what are the “mechanisms of action”, “active ingredients” to achieve outcomes)</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the individual components of the community intervention (example: collaboration, services, and treatment)</li> </ul>	
<ul style="list-style-type: none"> <li>• What are the major steps in implementation (Example: building collaboration, seeking funding, staffing, training, serving people, evaluating)</li> </ul>	
<ul style="list-style-type: none"> <li>• What organizations are the major players?</li> </ul>	
<ul style="list-style-type: none"> <li>• What is the timeline for start-up, implementation, scaling up?</li> </ul>	

Guiding Questions (Answer at least 3)	Your Group's Answers
<u>Evaluating the Community Intervention</u>	
<ul style="list-style-type: none"> <li>• What social determinants of health are being addressed in the community intervention? How will they be measured?</li> </ul>	
<ul style="list-style-type: none"> <li>• How will you measure and evaluate the <u>process</u> of implementing the community intervention? (Are you doing what was intended? Is there fidelity to the model?)</li> </ul>	
<ul style="list-style-type: none"> <li>• How will you measure and evaluate the intermediate and ultimate <u>outcomes</u> of the intervention?</li> </ul>	
<ul style="list-style-type: none"> <li>• What data will be collected or accessed?</li> </ul>	
<ul style="list-style-type: none"> <li>• How will the evaluation results be shared and used?</li> </ul>	

**4. In the last 30 minutes of the breakout group exercise, help the reporter summarize your work for reporting back to the larger group.**