PHYSICAL THERAPY EVALUATION THROUGH THE TELEHEALTH PLATFORM

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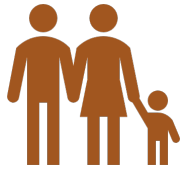
CONSIDERATIONS FOR USING TELEHEALTH FOR PT EVALUATIONS

- Feasible
- Valid
- Reliable
- Best Practice

EVIDENCE ON FEASIBILITY



Demonstrated feasibility for technical, economic, time, and human (therapist and patient) factors.

- Interview Based Assessments, Questionnaires, and Self-reported Measures[1,2]
- Functional & Exercise Capacity Assessments[3,4,5]
- Developmental Assessments[6,7,8]
- Specific Musculoskeletal Measures and Assessment Protocols[9]

EVIDENCE ON CONCURRENT VALIDITY

Moderate to good diagnostic accuracy and percent agreement of in person to telehealth assessment using:

- Functional Assessments[10]
- Exercise Capacity Testing[3]
- Developmental Assessments[7,8,11]
- Specific Musculoskeletal Measures[9,12,13,14,15]

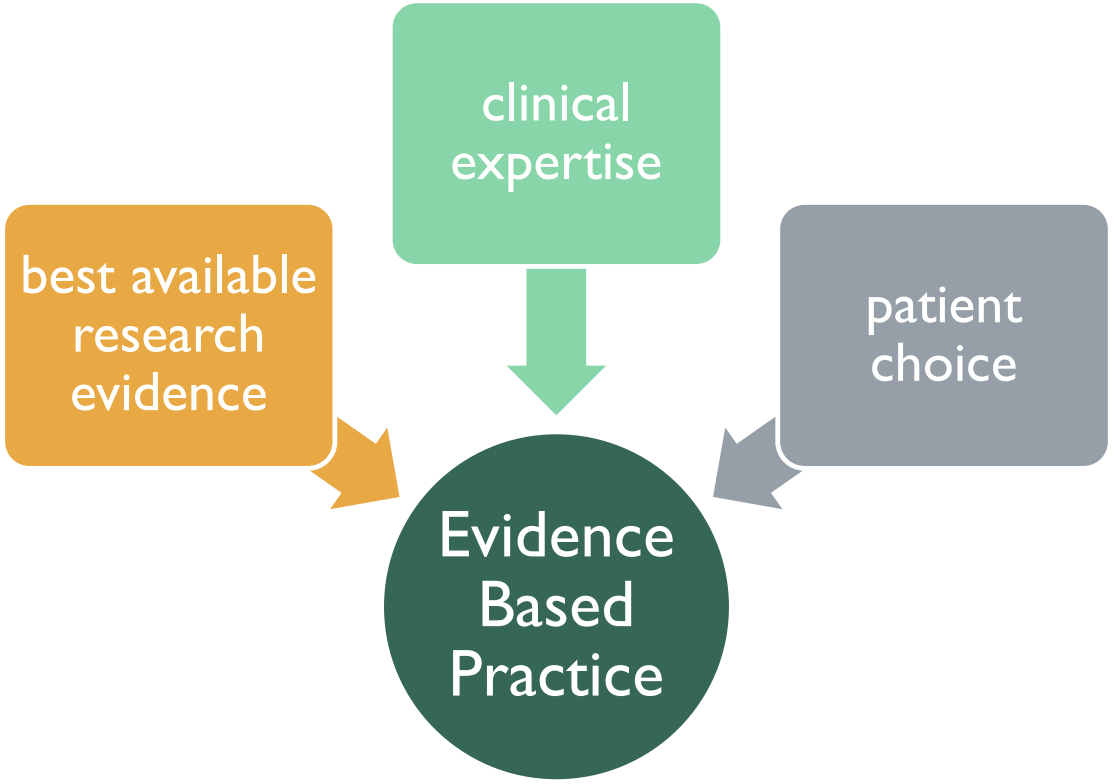
EVIDENCE ON RELIABILITY

Good to excellent inter and intra-rater reliability of in person to telehealth assessment using:

- Functional & Exercise Capacity Assessments[3,11,16]
- Developmental Assessments[10,17]
- Cervical Spine, Upper Limb, and Lower Limb Musculoskeletal Impairment Tests[9,13,14,15]

Moderate inter-rater reliability for low back musculoskeletal impairment tests, and nerve tension tests.[12,13]

APPLYING BEST PRACTICE



World Physiotherapy

American Physical Therapy Association

National Consortium of Telehealth Resource Centers

INTERNATIONAL CORE CAPABILITY FRAMEWORK[18]

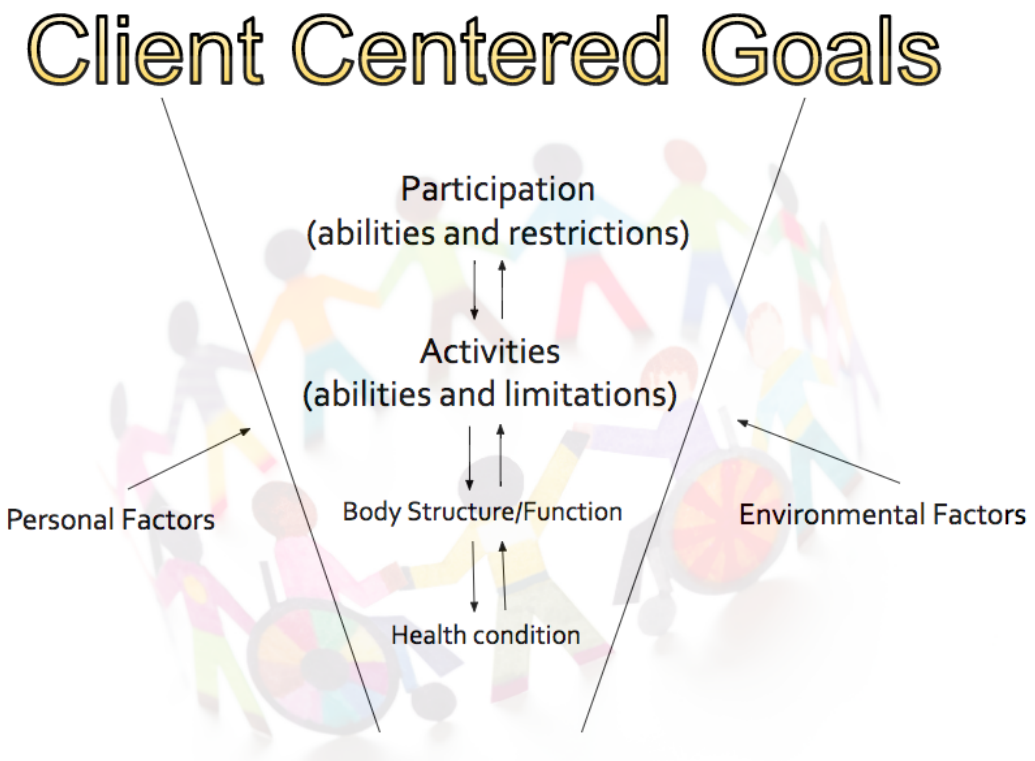
- Safety Assessment
- eHelper
- Environmental Set-up
- Technology Set-up
- Patient Instructions
- HD Audio-Video Feed
- Recognize Limitations

ADDITIONAL CONSIDERATIONS

- What is the goal of the evaluation?
- Preparation & Technology Test Session
  - Safety Screening Measures
  - Technology Set-up
  - Environmental Set-up
- Therapist Competency & Administrative Support
  - Trainings
  - Resource Allocation

ADDITIONAL CONSIDERATIONS CONTINUED

- Application of Assistive Technology
- Cultural Considerations
- Collection of Data Across the Domains of the International Classification of Functioning, Disability & Health (ICF)



THANK YOU!

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