

# Anthem and Togetherworks: Partnering with Our Providers- Making the Cancer Connection

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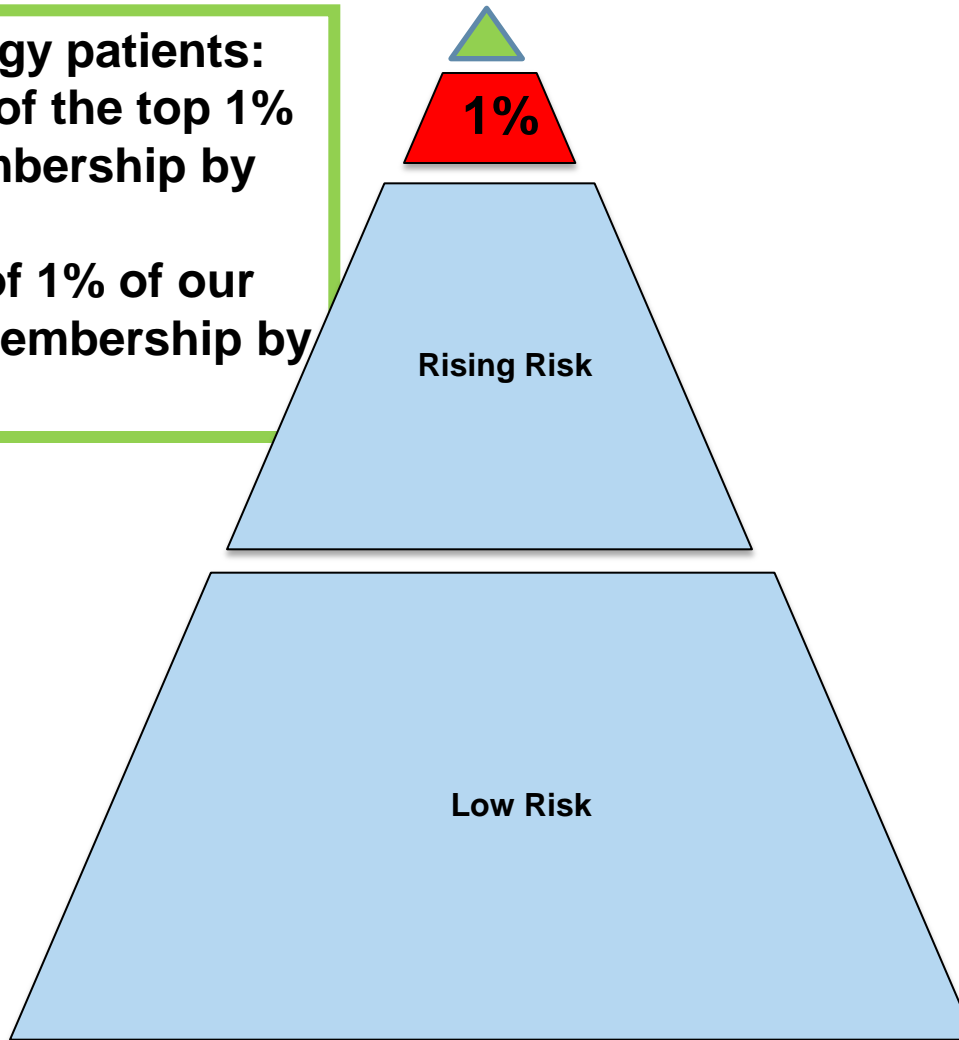
# Anthem and Togetherworks

- **Provider partnerships through Togetherworks:**
  - **Enhanced Personal Health Care:** value based payment for primary care
    - **Model case:** DPP (Diabetes Prevention Program)
  - **Cancer Care Quality Program:** value based program for oncology care delivery
    - **Model case:** Univ of CO Cancer Center: “Strength is the New Healthy”
- **Member support:**
  - **Journey Forward:** Supporting cancer survivorship

# Anthem Colorado: The Impact of Oncology Services

## Oncology patients:

- 21.5% of the top 1% of membership by spend
- < 1/5 of 1% of our total membership by count



8.2%

These oncology patients account for 8.2% of the total allowed spend

50%

1% of membership account for 50.0% of the total allowed spend

# Enhanced Personal Health Care: Supporting Primary Care

## Enhanced Personal Health Care



Value-Based  
Payment



Support for  
Patient-Centered Care



Exchanging  
Meaningful  
Information

# Enhanced Personal Health Care: Supporting Primary Care

**Under the Shared Savings program, EPHC providers receive additional payments when they:**

- **Increase shared savings** by **reducing total costs** of their attributed members by meeting quality and utilization targets established in the program's scorecard
- Must meet minimum quality threshold

**Savings  
Achieved**



**Quality &  
Utilization  
Performance**



**Provider Group  
Shared  
Savings  
Payout**

# Cancer Care Quality Program: Supporting Oncology Care

Transform cancer care by supporting **evidence-based, patient-centered, and value-conscious decisions** in partnership with **oncologists** that improve health outcomes for each member.



**Oncology Pathways** are detailed, evidence based treatment protocols for delivering quality cancer care for specific patient presentations, including the type and stage of disease. **Includes precision medicine**



Appropriately aligning financial incentives to enhance care coordination and treatment planning (alternative payment model)



Lowering total cost of care to help improve access to quality and affordable cancer care

[www.cancercarequalityprogram.com](http://www.cancercarequalityprogram.com)

# Togetherworks: CUMed- in our CCQP & EPHC programs



Anschutz Health  
and Wellness Center  
UNIVERSITY OF COLORADO  
ANSCHUTZ MEDICAL CAMPUS

## Description and Effectiveness of a Clinically Implemented Exercise Program for Cancer Survivors – The BFitBWell Program

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University of Colorado  
Cancer Center

### Intervention



- Goals of the exercise program are based on baseline performance and participant goals
- Each exercise session is adapted to participants' abilities on a day-to-day basis
- Exercise sessions take a "whole-body" approach and include aerobic, resistance, and flexibility exercises



# Member support: Journey Forward<sup>®</sup>

*Institute of Medicine:* “Every cancer survivor should have a comprehensive care plan...to improve their health and quality of life.”

The screenshot displays the Journey Forward website interface. At the top, the logo 'Journey Forward' is visible on the left, and navigation links 'About Survivorship Care Planning | Professional tools | Patient tools | About JF | Search' are on the right. The main content area features a large image of a woman's face on the right and text on the left. The text reads: 'What Is a Survivorship Care Plan? Those who have survived cancer have unique health needs... When surgery, chemotherapy and radiation are done, some survivors have long-term symptoms that need to be managed. All cancer survivors need to understand what happens next, and to be monitored for signs of recurrence. A Survivorship Care Plan is a road map for the journey forward...for the cancer survivor and his or her healthcare team.' Below this text is a 'Survivorship Care Plan Builder' section for healthcare professionals, which includes a 'Select a completion' dropdown menu with buttons for 'Breast', 'Colon', 'Lung', and 'Lymphoma'. A 'GET STARTED' button is located at the bottom right of this section. To the right of the website screenshot, a smartphone is shown displaying the 'My Care Plan Journey Forward' app interface, which includes a 'Start your care plan' button and a privacy policy notice.



# Appendix

# Dimensions of the Enhanced Personal Health Care Model

