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# Lessons Learned from the Comprehensive In Vitro Proarrhythmia Assay (CiPA) Initiative for Safety/Toxicology Testing with Microphysiological Systems

Gary Gintant, Ph.D  
Sr. Research Fellow,  
Dept Integrative Pharm.,  
Drug Development Sciences, AbbVie

Microphysiological Systems: Bridging Human and Animal Research  
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# Topics

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Background on CiPA (Comprehensive In Vitro Proarrhythmia Assay) Initiative

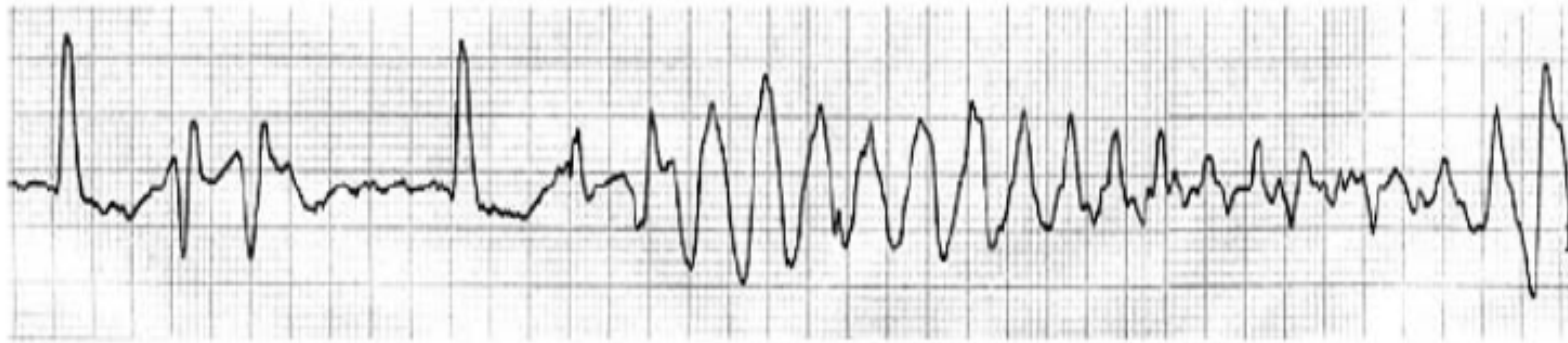
Lessons learned from CiPA for testing/screening drugs (and chemicals)  
that apply to evolving MPS systems

Perspectives:

Role of Human-derived Cardiac Preparations in Safety/Toxicity testing

# CiPA: Comprehensive *In Vitro* Proarrhythmia Assay

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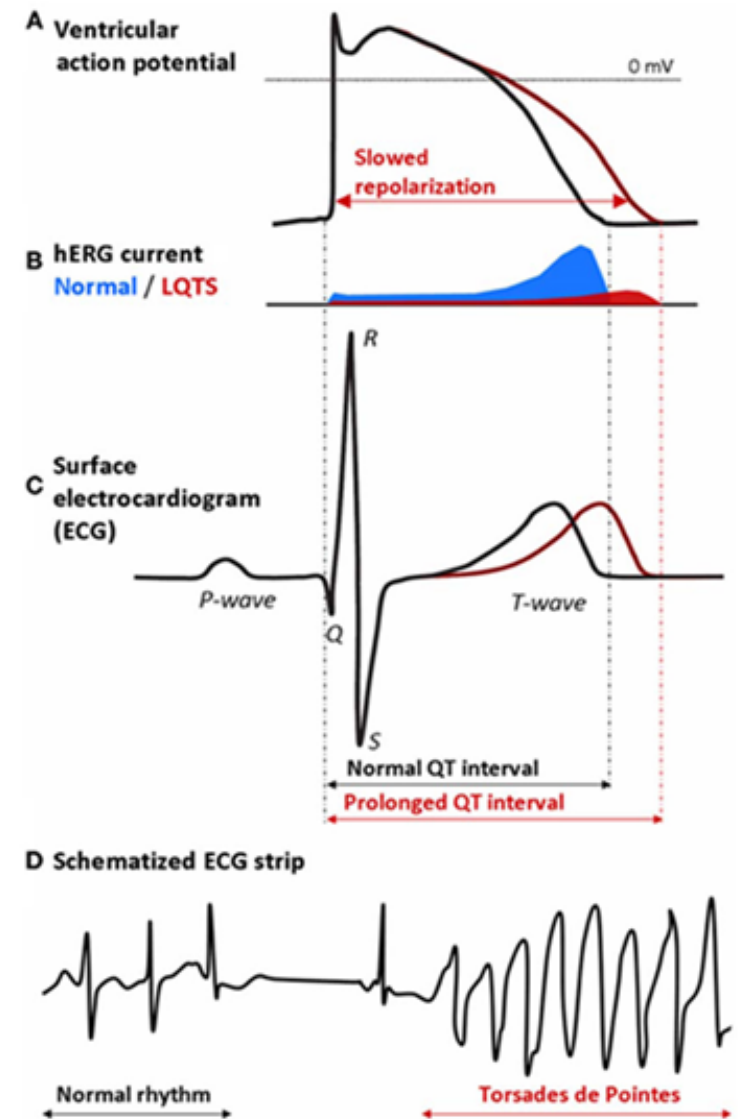


Yap and Camm, 2003

- ▶ **Goal:** Define the risk of drug-induced Torsades-de-Pointes (TdP)
  - a rare and potentially fatal arrhythmia – an “electrical toxicity”
  - Preclinical surrogate marker: delayed repolarization (manifest as prolongation QTc interval on ECG of animals, humans)
    - Time-consuming, expensive (cost and animal use)
    - Careful nonclinical studies needed to ensure adequately sensitivity
    - Do not provide mechanistic insights for arrhythmic risk assessment

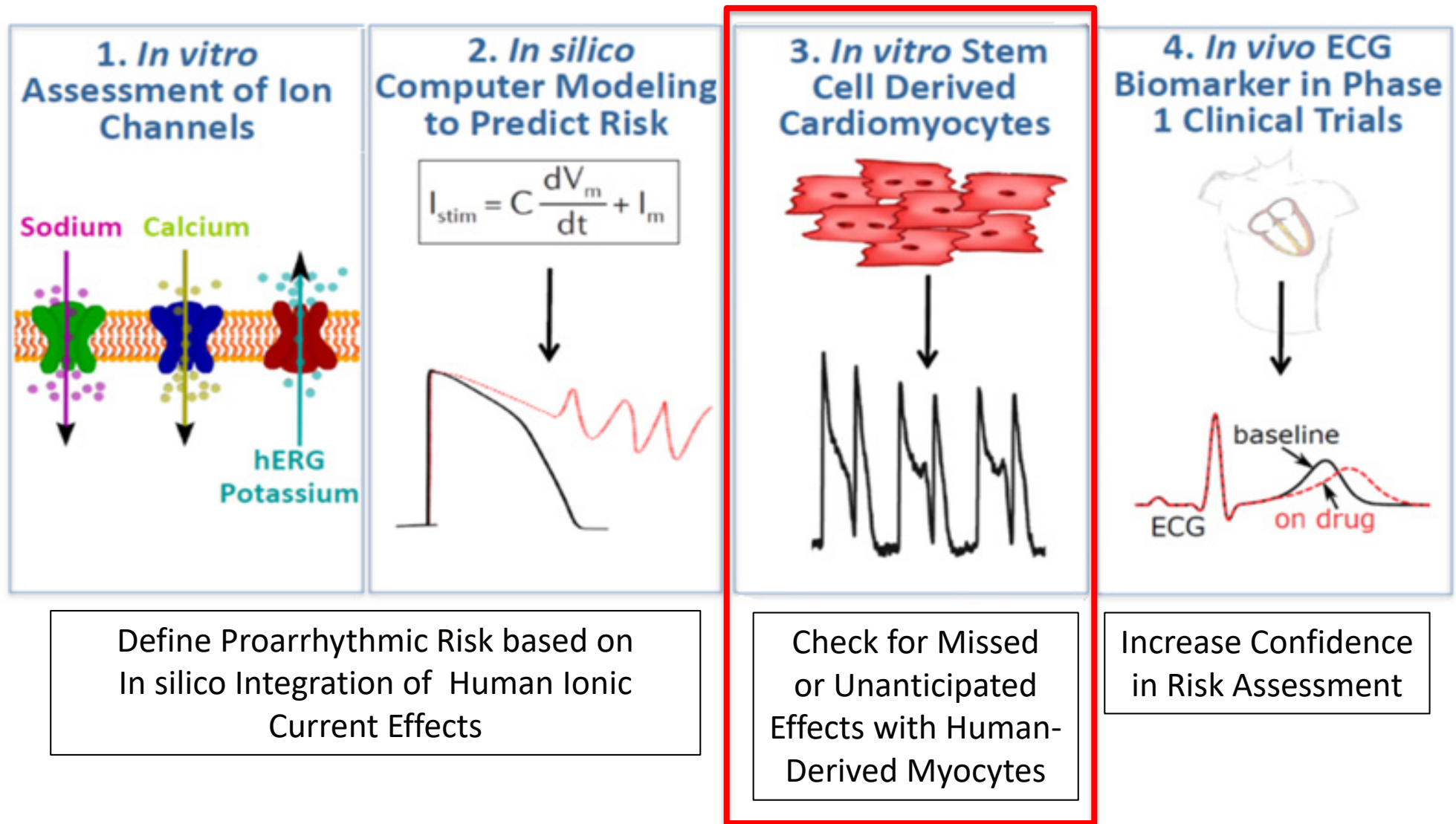
# Defining Proarrhythmic Risk: Mechanistic Insights

- We understand the cellular mechanisms that cause delayed repolarization & predispose to TdP proarrhythmia
- The QT interval represents integrated effects of multiple cardiac ionic currents across both ventricles
  - Inward (depolarizing) and outward (repolarizing currents) active with each heartbeat -> QT interval
- Outward current inhibition leads delayed repolarization (QT prolongation)
- *Excessive* outward current inhibition leads to
  - a) dangerous QT prolongation &
  - b) greater heterogeneity of repolarization that promotes Torsades-de-Pointes



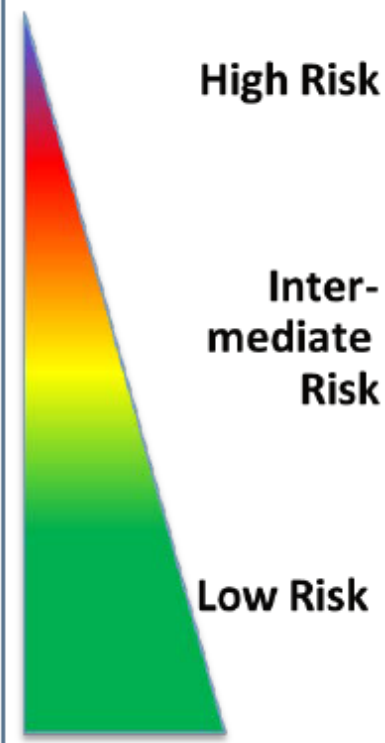
CiPA:

# Four Components Provide Mechanistic Assessment of a Drug's Proarrhythmic Risk



# CiPA: 28 Clinical References / 3 Categories of Proarrhythmic Risk

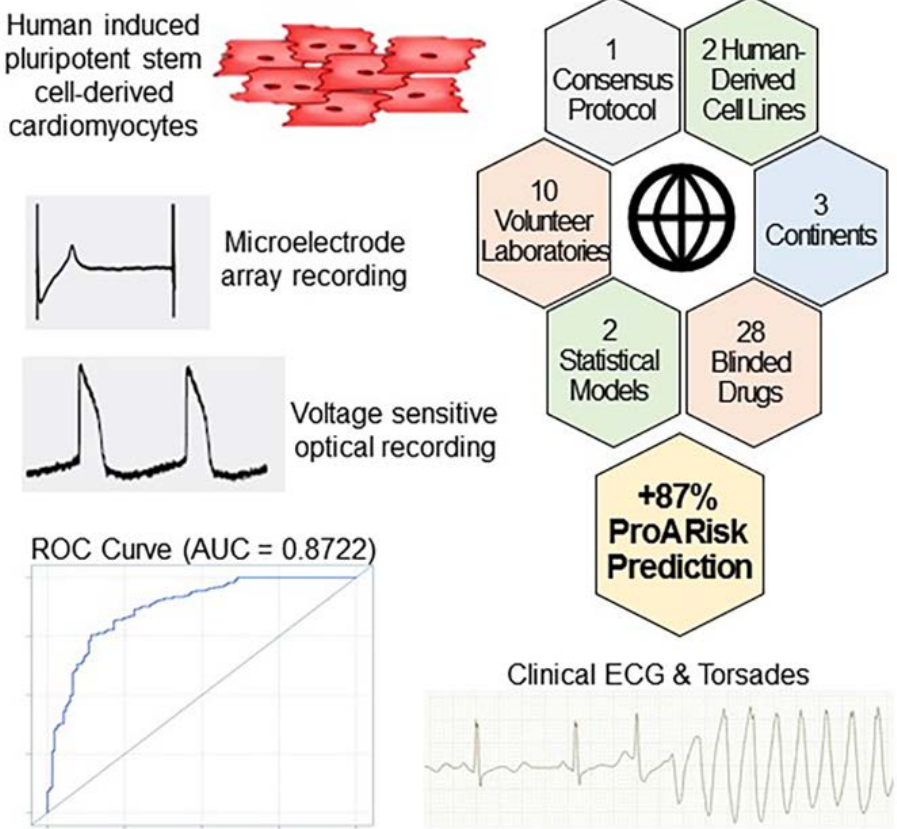
<b>High TdP Risk</b>	<b>Intermediate TdP Risk</b>	<b>Low TdP Risk</b>
<u>Calibration:</u>	<u>Calibration:</u>	<u>Calibration:</u>
Bepridil	Chlorpromazine	Diltiazem
Dofetilide	Cisapride	Mexiletine
Quinidine	Terfenadine	Ranolazine
D,l Sotalol	Ondansetron	Verapamil
<u>Validation:</u>	<u>Validation:</u>	<u>Validation:</u>
Azimilide	Astemizole	Loratadine
Ibutilide	Clarithromycin	Metoprolol
Vandetanib	Clozapine	Nifedipine
Disopyramide	Domperidone	Nitrendipine
	Droperidol	Tamoxifen
	Pimozide	
	Risperidone	



Clinical Translational Working Group

# CiPA Validation Study: *In Vitro* Human Stem Cell-Derived Cardiomyocytes

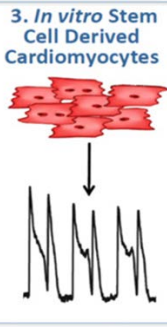
## *In Vitro* Cardiac Electrophysiology Model



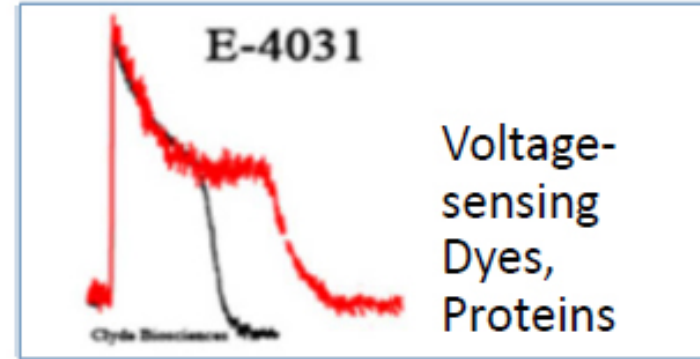
Blinova et al., Cell Reports, 2018

- Overview
- using human induced pluripotent stem cell-derived cardiomyocytes (2D cultures)
  - Test ability of myocyte/ test platforms (multielectrode arrays, voltage sensing dyes) to categorize proarrhythmic risk of 28 drug dataset based on predicted risk probability using statistical models
  - Good in vitro prediction of TdP risk

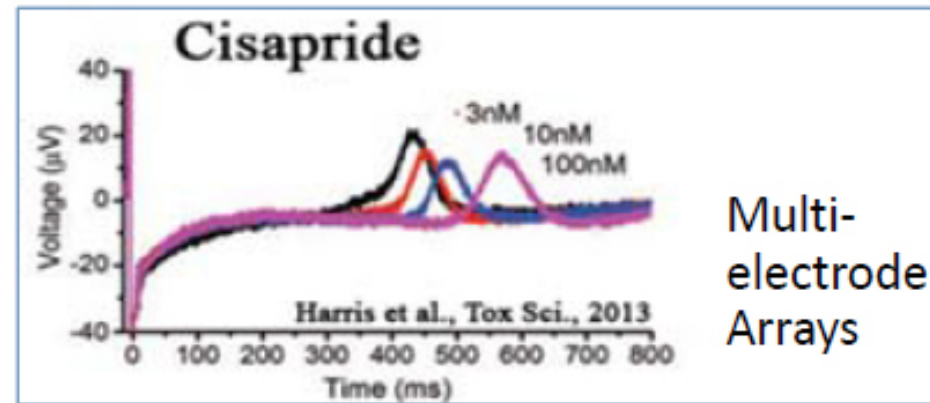
# Examples: Electrophysiologic Changes Measured Using MEA (Multi-Electrode Array) and VSO (Voltage-Sensing Optical) Techniques



Transmembrane Recordings (Electrical, Optical)



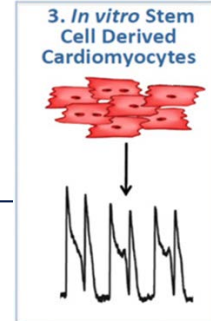
Extracellular (Field Potential) Recordings



- Effects on cardiomyocyte repolarization to be compared to *in silico* reconstructions (delays & cellular proarrhythmia)



# FDA-HESI Blinded Validation Study with Standardized Protocol: Do Drugs Affect Human-Derived Cardiomyocyte Repolarization?



Two commercial cell lines prepared according to vendor specifications

Five commercial instruments/platforms, 10 experimental sites

Blinded drugs (“CiPA 28”) with instructions for preparing

Individual dosing per well, 30 min. exposure

4 pt conc.-response curve (Log units)

5/6 replicates per point, 2 min recordings

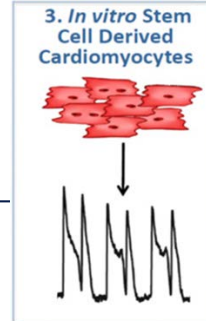
Focus on delayed repolarization, cellular proarrhythmia (“cellrhythmia”)

- Delayed repolarization and incidence of EAD’s;

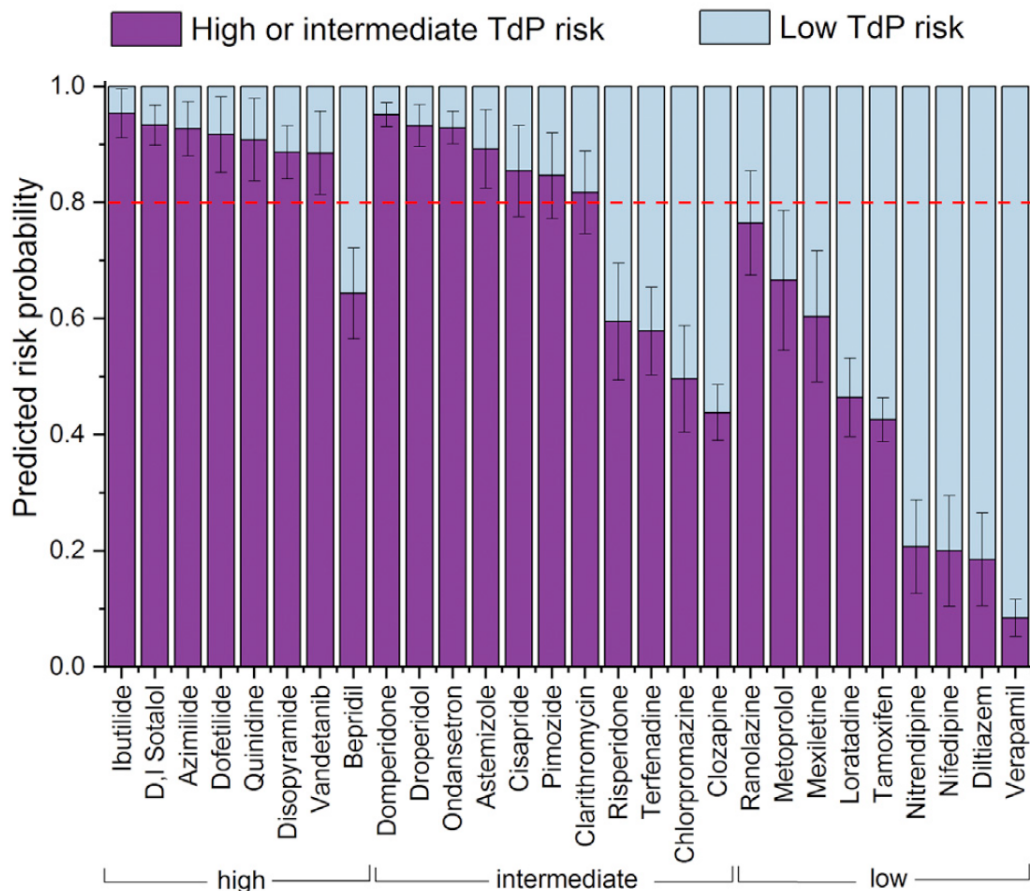
Testing & Defining Limits of Stem Cell Myocyte Model

- Translation with clinical proarrhythmic risk?

# CiPA Validation Study Results: Categorization of Proarrhythmic Risk of 28 Drug Dataset



Model 1 drug risk prediction



Combined average across 10 sites, 15 Myocyte Type/Platform Combinations  
Bars: 95% Confidence Intervals

Blinova et al., Cell Reports, 2018

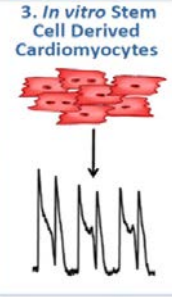
Three Predictors in logistic regression model used to categorize proarrhythmic risk:

- Cellrhythmia (EAD's), any conc.
- Max Prolongation @ all conc's.
- Prolongation @Clinical Cmax

Good agreement: High/Interm vs Low Risk Categories

Outliers: - Bepridil: High risk categorized as Low risk  
 - Ranolazine: Low risk categorized as High risk (possibly due to minimal  $I_{NaLate}$  current)  
 - Four intermediate drugs labeled as low risk (Clarithromycin, Risperidone, Chlorpromazine, Clozapine); possible original misclassification of clinical risk debated

- Receiver-Operator Curve:  
 (Model 1): **AUC=0.872**, consistent with Good to Excellent results



# Lessons Learned with CiPA

## Model-Utility

Convenient, simple 2D human-derived cardiomyocyte model (readily available) reasonably predicted the proarrhythmic risk of 28 clinical drugs based on cellrhythmias & prolongation

- ROC curve values (0.872) equal or better than ex vivo (non-human) tissue studies

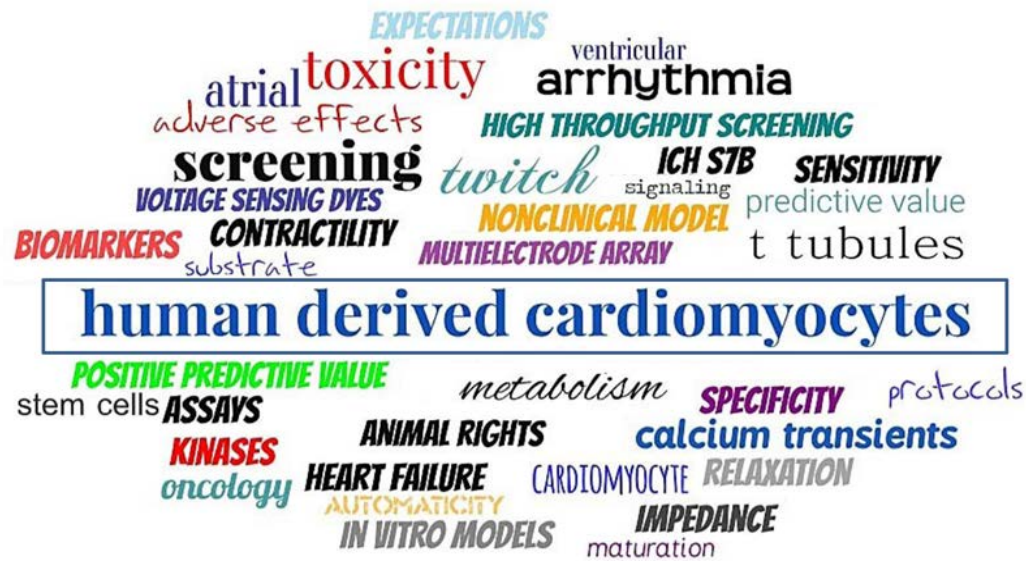
## Assay-based Considerations:

Controlled culture conditions critical to reduce biological variability, promote reproducibility

Standardization of protocols essential to minimize variability, enhance statistical power, increase reproducibility, promote assay use/adoption, enhance communication with end users/stakeholders

- “Best Practices” derived from studies published (Gintant et al., Regul Toxicol Pharm., 2020), and contained in regulatory documents (Intn’tl Conf. on Harmonization, E14-S7B Q&A 2.2-2.5) at Step 2.

# Beyond CiPA: Utility of Human-Derived Cardiomyocytes for Safety/Toxicity/Efficacy Testing



Other investigations with human-derived cardiomyocytes

Cardiac Contractility

Heart Failure/Hypertrophy

Cardiac Injury/Regenerative models

Disease Models – personalized medicine,  
individual/combination drug tox testing

All potential opportunities to bypass or supplement  
traditional in vivo animal models

## Beyond CiPA: Considerations for Evolving MPS Platforms (besides engineering)



“Simple  
Chocolate”



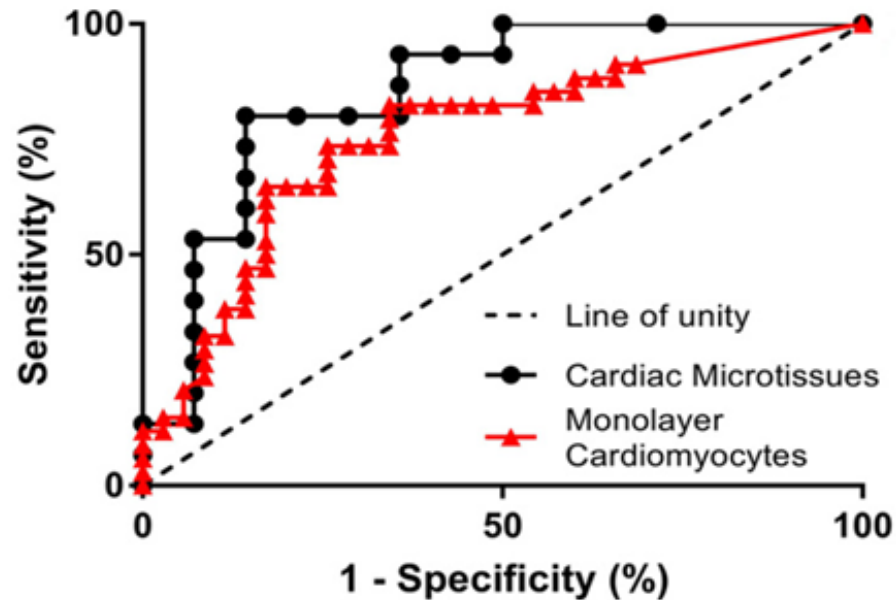
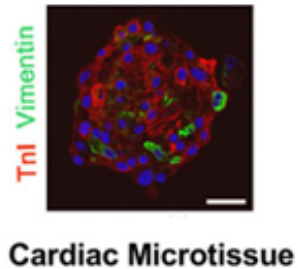
“Complex  
Chocolate”

### Goal of the assay?

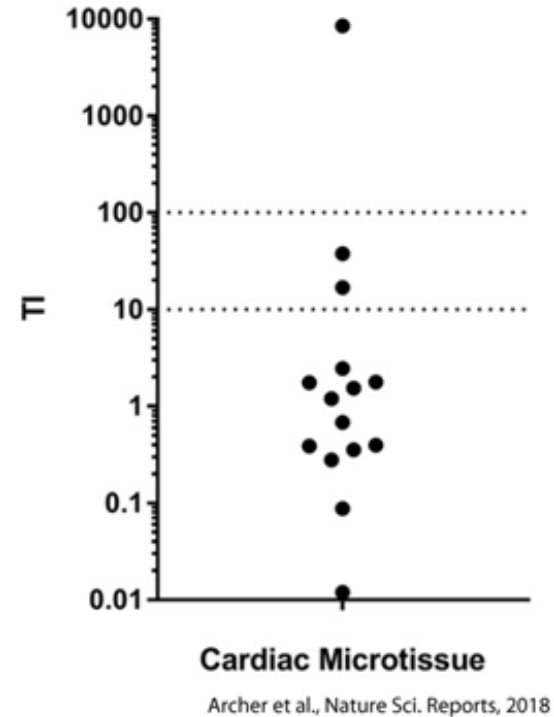
- Early (hazard i.d.) or later (risk assessment) screening
  - Consideration of false positive or false negative rates
  - Assay throughput
  - What level of biological maturation or structural complexity is needed to reproduce the intended (integrated)? effects
- 
- More complex preparations may be advantageous if adverse effects are “to be discovered” or require an integrated multicellular response
- 
- What are tradeoffs/disadvantages of greater complexity?
    - Increase cost
    - Increased variability, stability over time
    - Reduced accessibility
    - Reduced reproducibility

# MPS- Cardiac Safety Assays: Do More Complex Microtissue Preparations Ensure Superior Results?

**A**



**B**



Therapeutic Index (TI) for In vitro Structural Cardiotoxicity

- Potency over/under estimation vs clinical exposures
- A general issue for in vitro MPS assays

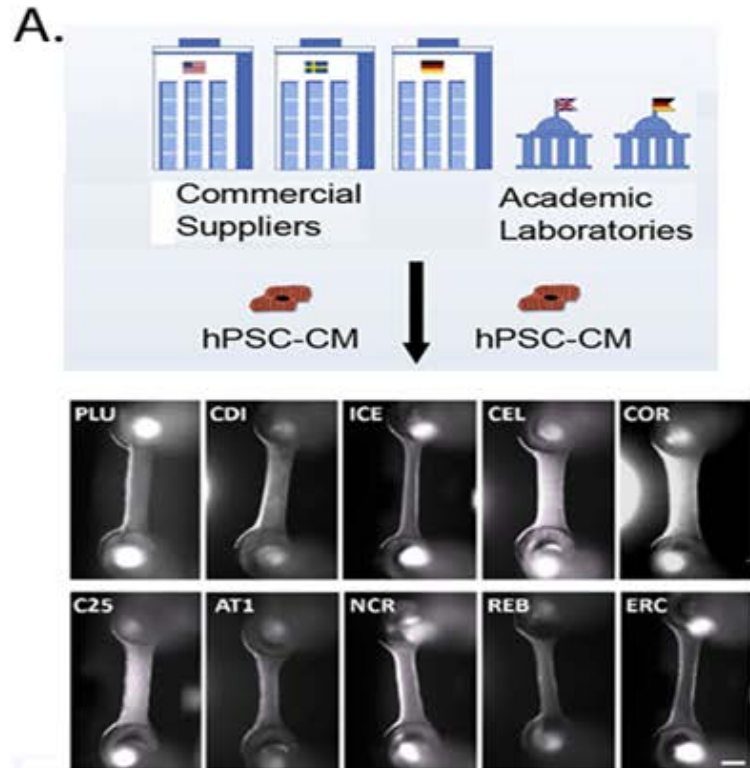
## Structural Cardiotoxicity with Microtissues

(hiPSC-CMs, cardiac endothelial cells & fibroblasts)

- Structural toxicity assessed using cell viability, ER integrity, MMP
- ROC analysis shows slight improvement: microtissues vs monolayers
- “Fit for Purpose” question

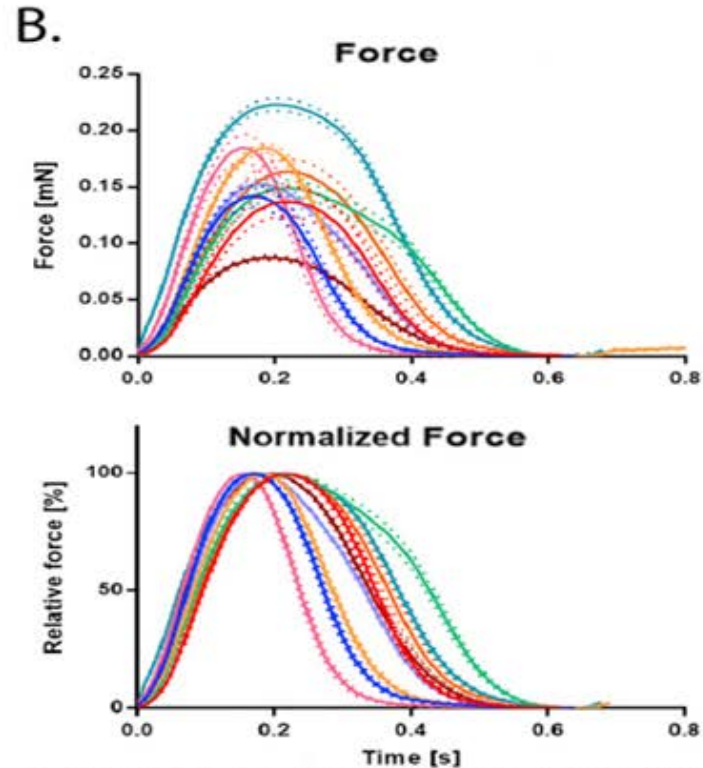
# Variability in Engineered Heart Tissues: Baseline Contractility and Electrophysiological Measures

## Engineering



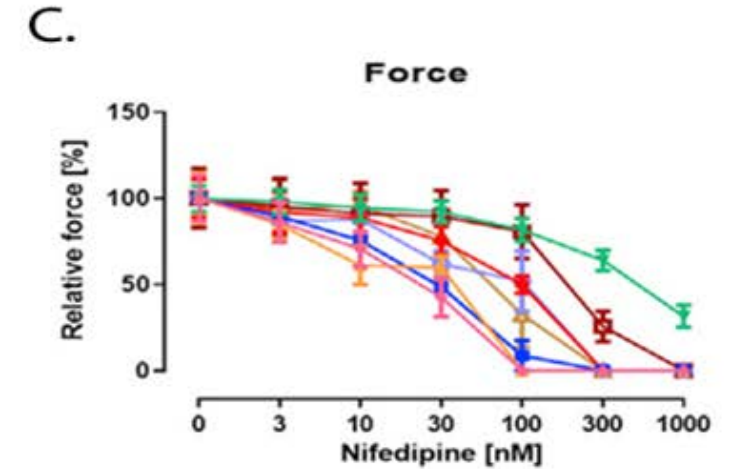
10 cell  
Lines

## Contraction



adapted from Mannhardt et al., Stem Cell Reports, 2020

## Cell-Line Specific Drug Responses

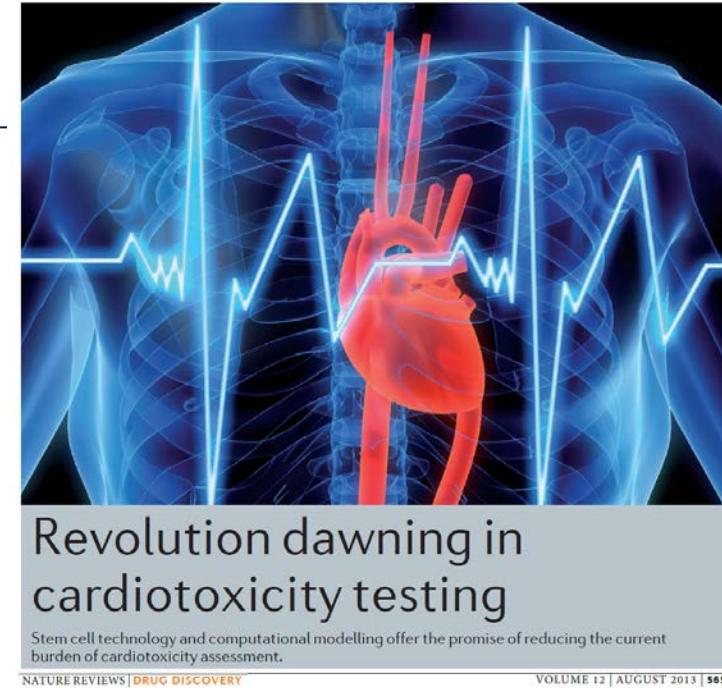


- Heterogeneity of baseline characteristics and inotropic responses, 10 EHT constructs
- Similar directionality of responses to inotropic drugs suggests variability across lines less relevant for early drug screening, but possibly misleading for risk assessments in later risk assessments
- Supports use of isogenic controls in disease modeling

## Conclusions: General Lessons for CiPA for MPS Testing

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- As with all *in vitro* studies, pay attention to details
  - Variability, signal/noise, experimental reproducibility... all matter
- One assay may not be sufficient for *in vitro* to clinic translation
  - Single or multiple mechanisms (level of complexity) involved?
    - Define “fit for purpose” models
- Tools/Approaches need to be readily available and accessible
  - Cost, familiarity and complexity will affect implementation/adaption
  - Commercialization plays a prominent role in adaption of new approaches
  - Standardization extends beyond technologies/platforms used to protocol details
- Strengths of new models/approaches should be apparent and appreciable
  - Difficult to change established procedures, perspectives and habits
- Choose your model wisely!





## Acknowledgments-CiPA Initiative Volunteers/Participants

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- Nonprofits- Public Private Partnerships
  - Health and Environmental Sciences Institute (HESI)
  - Cardiac Safety Research consortium (CSRC)
  - Safety Pharmacology Society (SPS)
- Global Regulatory Agencies
  - US Food and Drug Administration
  - European Medicines Agency
  - Japan Pharmaceuticals & Medical Devices Agency /NIHS
  - Health Canada
  - ICH
- Industry / Academia
  - JiCSA
  - Numerous Pharma & Laboratory Device Co's., CRO's, Stem Cell Providers
  - Multiple Academic Groups