



# Prevention and Recovery Center for Early Psychosis

*Team-Based Model for Collaborative Care*

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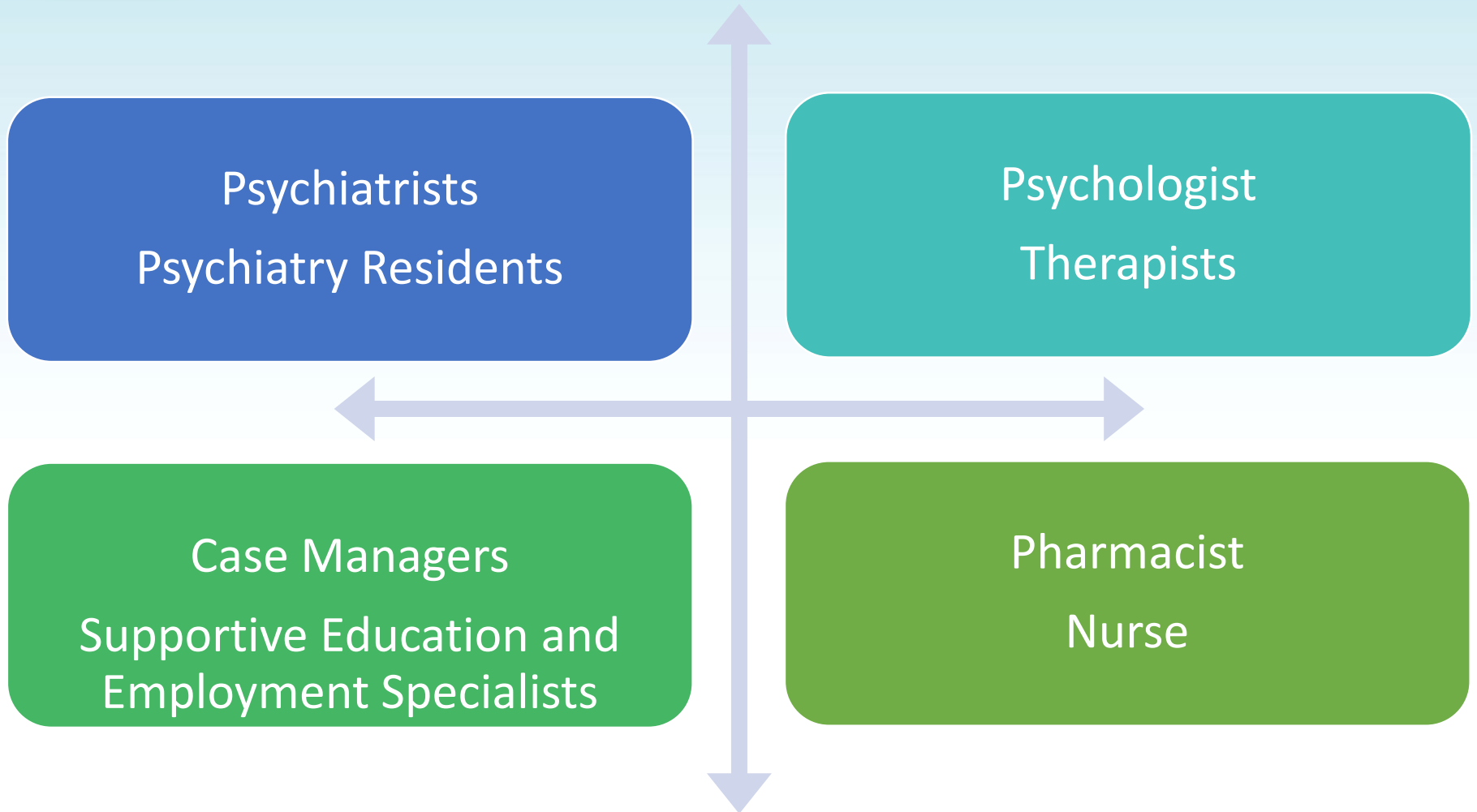
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# Team-Based Model





# Clinical Pharmacist Collaborative Practice

- Board-certified psychiatric pharmacist
- Collaborative practice agreement between clinical pharmacist and psychiatrist
- Per protocol medication management
  - Mental health assessment
  - Medication effectiveness and side effects
  - Medication initiation or discontinuation
  - Dose adjustments
  - Laboratory monitoring
  - Medication refills

# Health Initiatives

- “Fit Happens”
  - Metabolic monitoring
  - Weight management
  - Blood glucose
  - Cholesterol
  - Blood pressure
  - Early intervention
    - Medications
    - Dietician referrals
    - Primary care
    - Wellness education
    - Health coach referrals
- Women’s Health
  - Medication use
  - Harm reduction
  - Pregnancy testing
  - Pregnancy planning
  - Referral for annual exams
  - Referral for contraception
  - Vitamin D/folic acid

# Referrals, Education, Research

- Referrals made by pharmacist to:
  - Dietician
  - Weight management
  - Primary care
  - OB/GYN
  - Therapists
  - Occupational therapy
- Education
  - Psychiatry residents
  - Pharmacy students
  - MSW/therapy students
  - Nursing students
- Research
  - IUSM
  - Purdue COP
  - Eskenazi pharmacy residents

# Indiana Medicaid

- HEA 1325 (2005) – open access to mental health medications
- All FDA-approved drugs and dosage forms are available
- Mental Health Quality Advisory Committee
  - AAAX (antipsychotics, antidepressants, anxiolytics, cross-indicated)
- Sets prior authorization criteria based on clinically appropriate use of medications
  - Dual antipsychotics
  - Clozapine



# Benefits of Medication Management by Pharmacist

- Mental health trained clinical pharmacist
- Recognition of effectiveness and side effects
- Laboratory monitoring
- Medication adherence
- Prior authorizations
- Continuity/communication with community pharmacies
- Supporting nursing for medication issues
- Availability of appointments (see more often)
- Pharmacist billing is possible



# Questions?

A screenshot of the Eskenazi Health website. The top navigation bar includes the Eskenazi Health logo, a phone number (317.880.0000), and links for Careers, News, Events, Contact Us, Vendors, and Patients. A search bar is located on the right. Below the navigation bar, there are tabs for DOCTORS, LOCATIONS, HEALTH SERVICES, PROGRAMS, ABOUT, and a blue DONATE button. The main content area features a breadcrumb trail: Center for Brain Care Innovation &gt; Critical Care Recovery Center &gt; Dr. Alan &amp; Diane Breier PARC &gt; Aging Brain Care. The primary heading is "DR. ALAN &amp; DIANE BREIER PREVENTION AND RECOVERY CENTER FOR EARLY PSYCHOSIS". Below this, a paragraph states: "Dr. Alan &amp; Diane Breier PARC is a full-service program for young people who are at the very earliest stages of a psychotic disorder." A blue button labeled "Request An Appointment" is positioned below the text. To the right of the text is a photograph of a smiling Black man in a plaid shirt, looking upwards and to the right.

The Dr. Alan & Diane Breier Prevention and Recovery Center for Early Psychosis (Dr. Alan & Diane PARC) is located on the lower level of the Sidney & Lois Eskenazi Hospital. Founded in 2009, Dr. Alan & Diane Breier PARC is a full-service center for young people who are at high risk for, or currently experiencing, the earliest stages of a psychotic disorder. The program consists of three highly specialized clinical programs, which are described below in detail.