

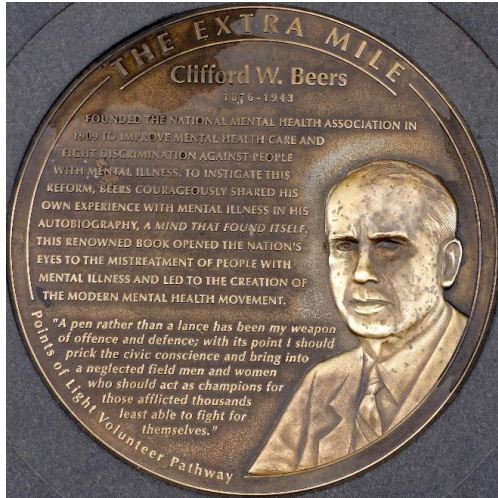


Early Interventions For Psychosis: First Episodes And High Risk Populations

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Mental Health America

MIIA
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B4Stage4

Mental Health America



A Century of Advocacy "I must fight in the open."

- To move mental health care from poor houses and prisons to health care facilities;
- To screen children for mental health conditions;
- To move dollars from custodial institutions to community-based programs;
- To make mental health a part of overall health.

-- 1913 Policy Agenda,
National Committee for
Mental Hygiene



Get informed.

Get screened.

Get help.



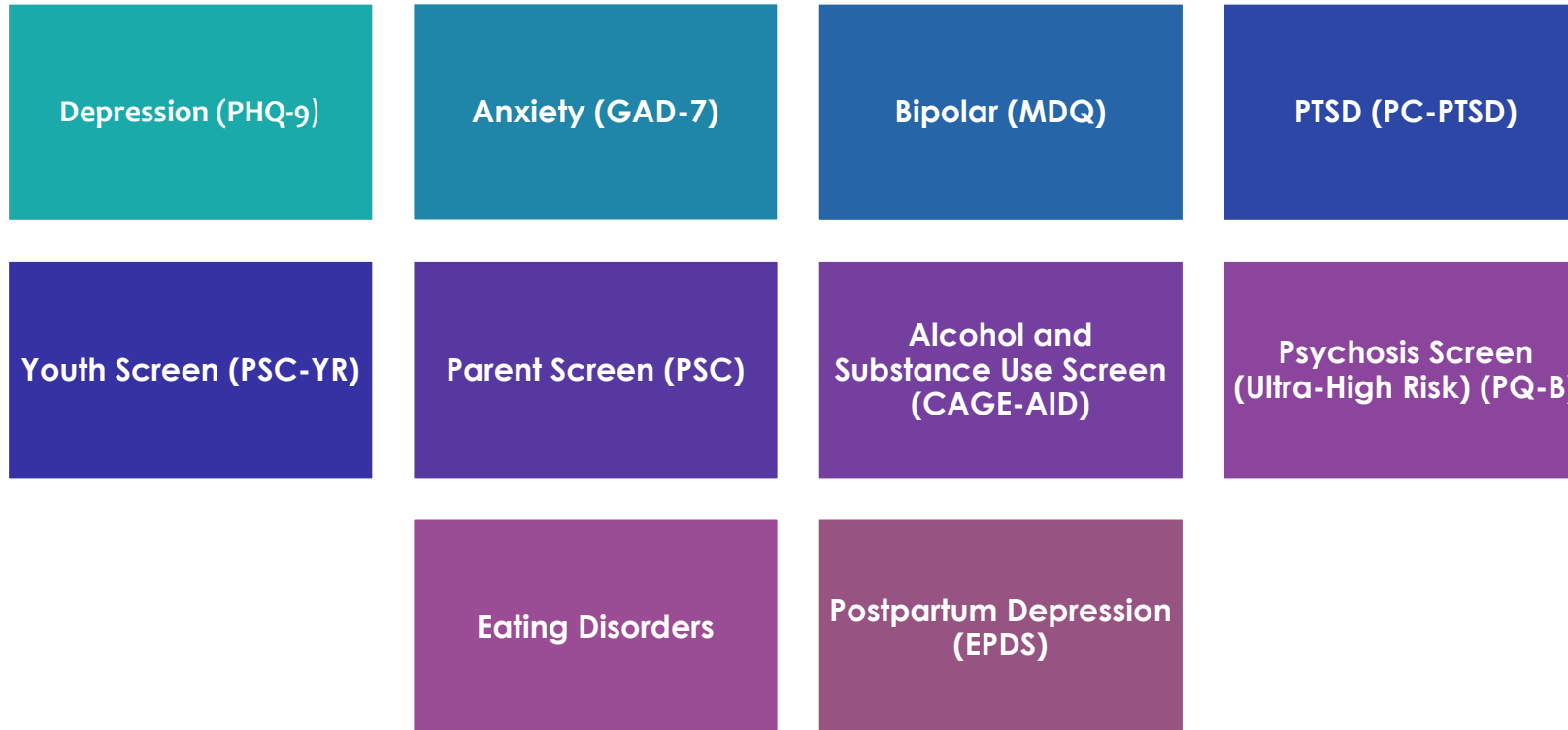
B4Stage4

MHA
Mental Health America

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MHA Screening (www.mhascreening.org):

Over 13 Million Completed Screens. Nearly 6 in 2021



MHA Screening reflects the experiences of a help-seeking population that accesses mental health screening through www.mhascreening.org. We do not reach the entire population; therefore our numbers are likely to underreport the actual experiences of the population.

Overview of MHA Screening Demographics

- **Data are deidentified, demographic data is voluntary, up to 80% of users answer at least one question.**
- **Over 13 million** screeners since 2014;
 - Represent a help-seeking population for mental health conditions;
- 70% are female;
- Screeners screen more often for depression than any other condition;
- 45% are youth under 18;
- 49% identify as a racial/ethnic minority;
- In 2020, MHA results are consistent with the US Census Bureau Pulse Survey and CDC findings.

Update on Screening Numbers

10 million total screens to date since 2014. 1 million a year

2020 – 2.6 million.

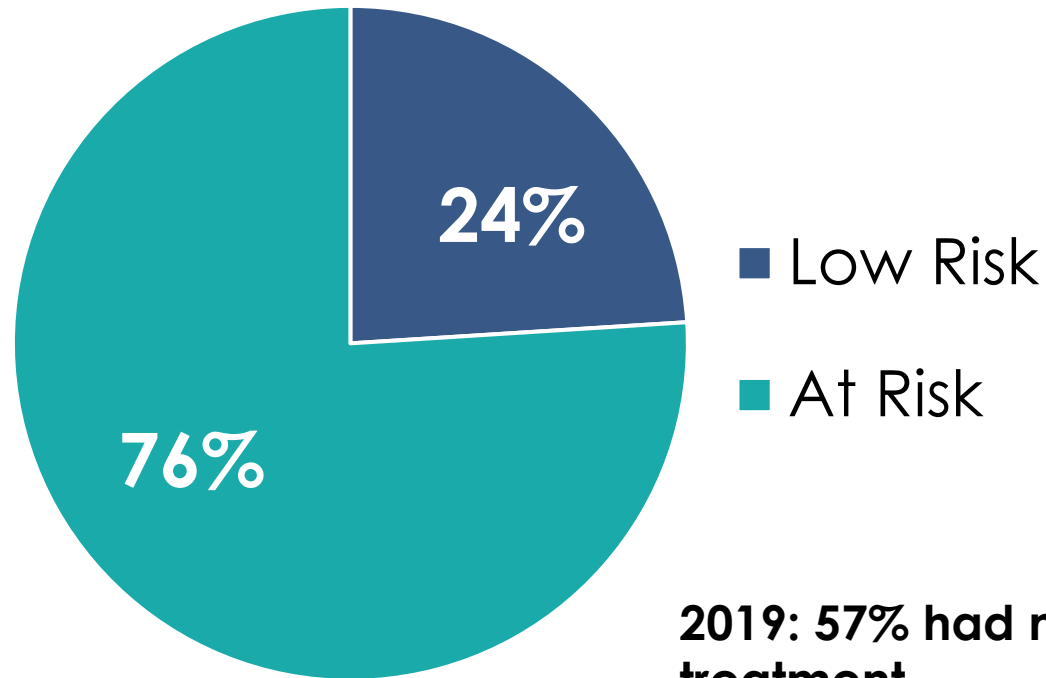
2021 – 5 million

Psychosis Sample Size by Year

	2015	2016	2017	2018	2019	2020	2021	2022 (Jan through May)	TOTAL
Psychosis	11,198	52,209	152,178	130,199	125,461	248,186	454,142	191,300	1,364,875

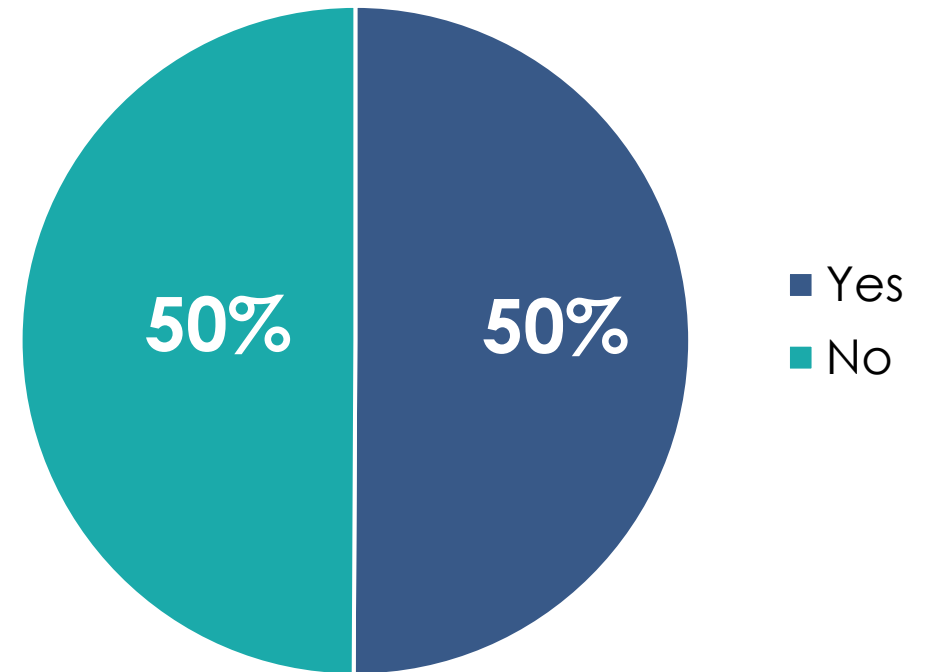
High Severity, No Previous Support (2021)

Percent At Risk For Psychosis

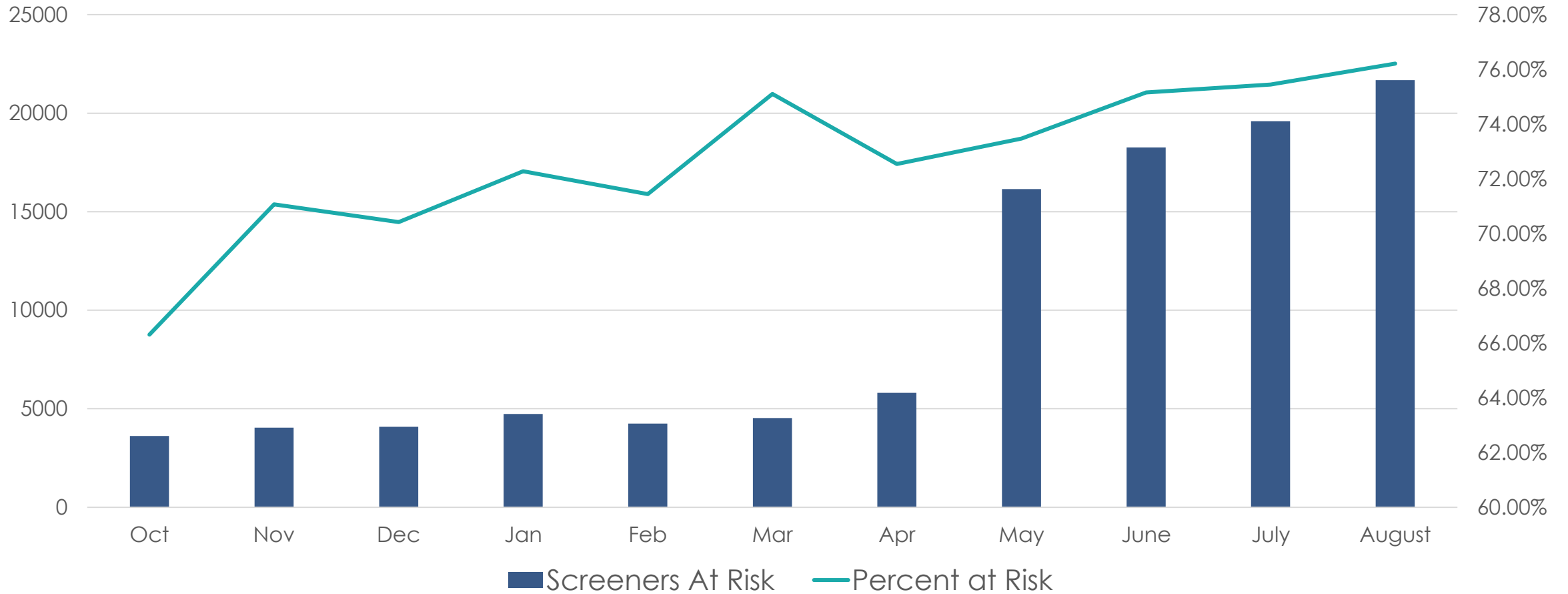


2019: 57% had not received treatment
2021: 64% general pop not in treatment.

Have you ever received treatment or support for a mental health problem?



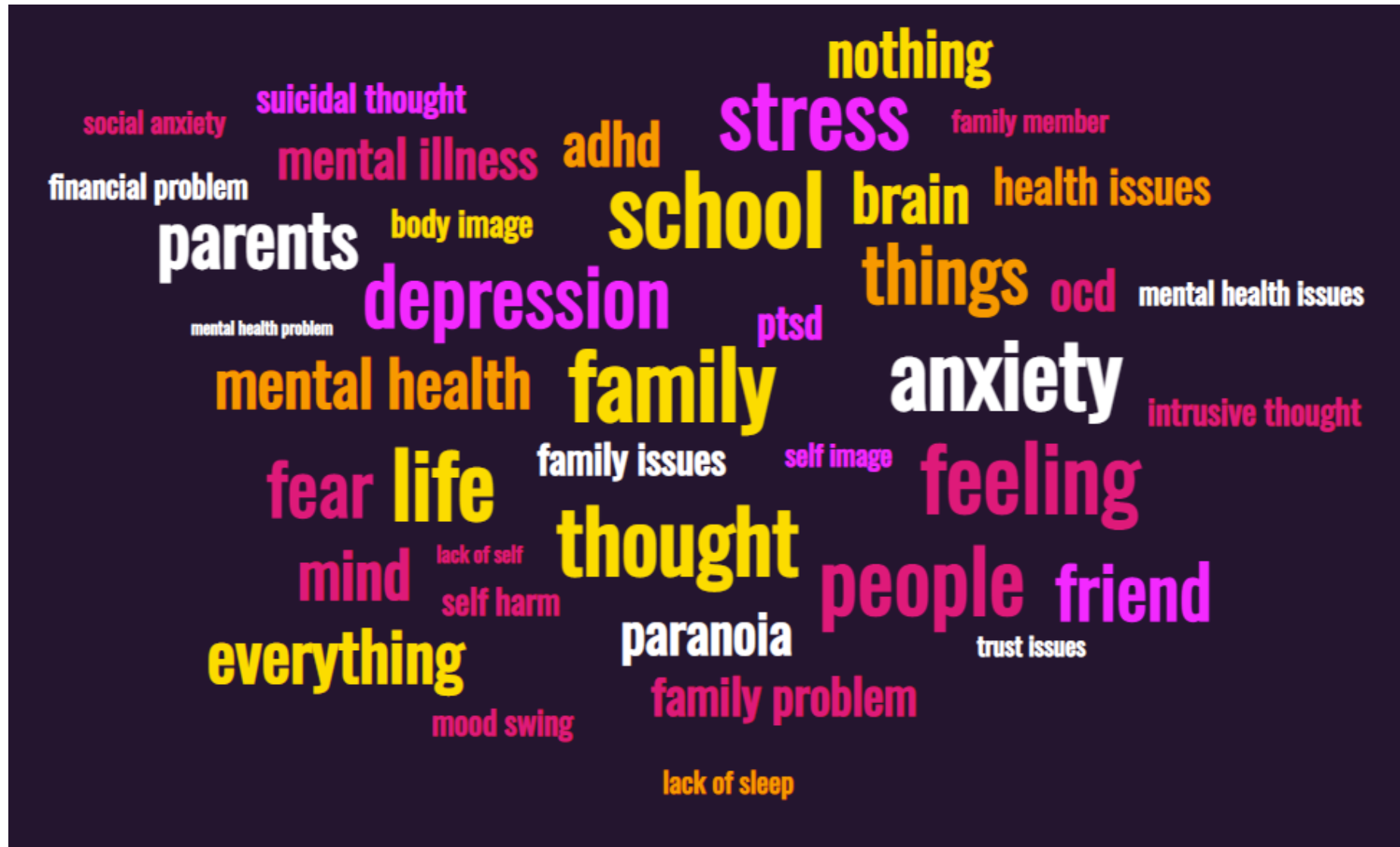
Psychosis Screening: Screeners at Risk and Severity Up in August 2020



Interesting Findings

- Early indication that youth with psychosis retake screens repeatedly.
- Youth with psychosis more hesitant to engage in treatment compared to general population.
- Trying to make sense of illness, want to learn more and do things on their own.
- Immense anxiety and complex and compounded problems.

Think about your mental health test. What are the main things contributing to your mental health problems right now?



Mental Health Risk Assessments **A State and County Level View of Psychosis** <https://mhanational.org/mha-state-county-data>¹⁰

Use this dashboard to view data from individuals scoring at risk for psychotic-like experiences on the PQ-B psychosis screen at the state and county levels in 2020-2021. Use the drop down menus and click Apply to filter the dashboard.

Total Psychosis Responses

177,800

Total Scoring At Risk for Psychotic-Like Experiences

139,385

Total Scoring At Risk per 100K Population

43.85

2. Select State or County

State

3. Filter State. Click Apply

State
(All)

County

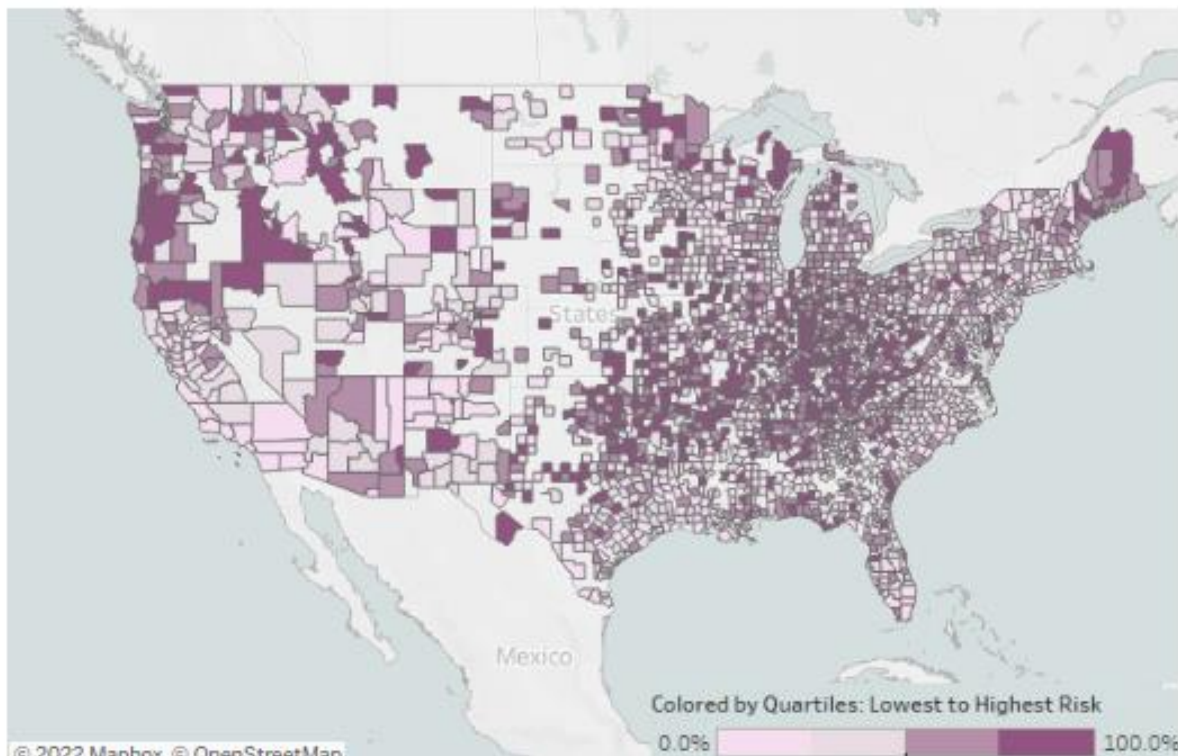
4. Filter County. Click Apply

a. State
(All)

b. County, State
(All)

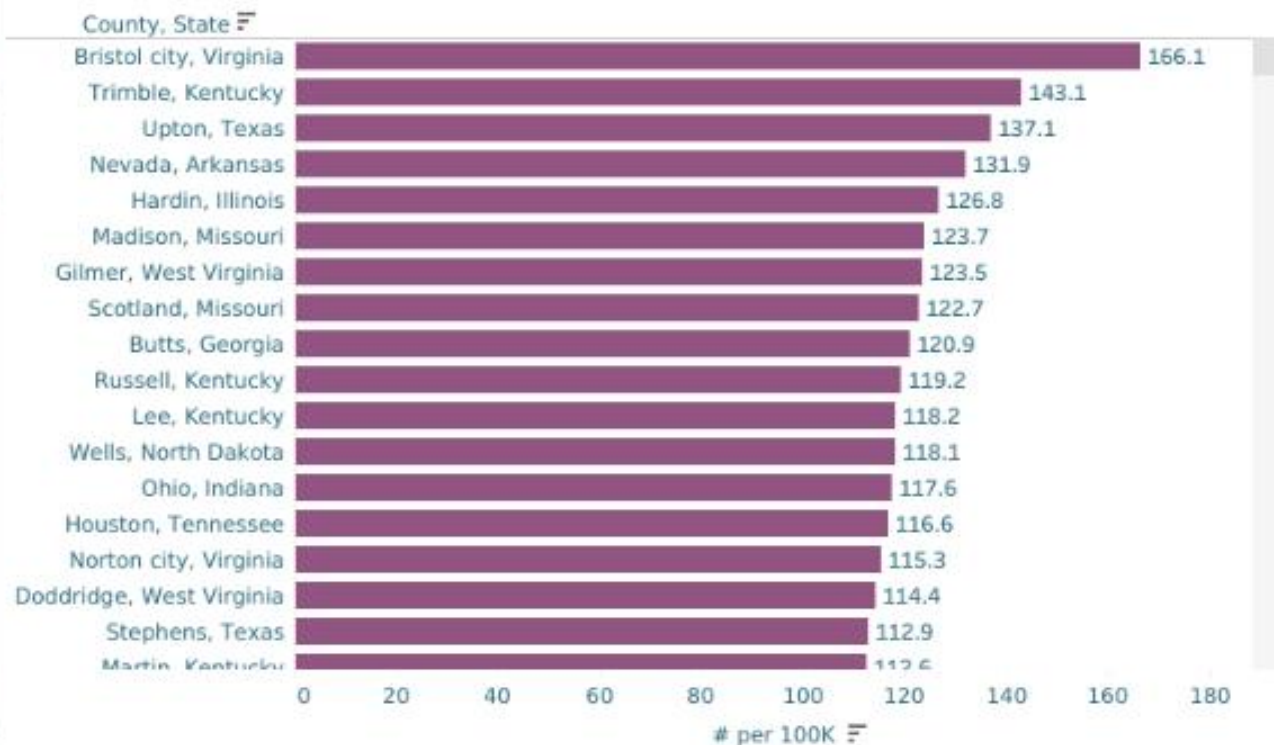
Psychosis Risk Map

Hover over the states to see the county breakdown for psychosis risk within that state. States and counties are colored by quartiles. Darker colors indicate greater risk.



Breakdown by County

By default, states are listed in ascending order (from states with the lowest number of individuals per 100K scoring at risk to highest) and counties are listed in descending order. Click on the axis to change the sort order. When selecting a County on the map, the corresponding position on the chart will be highlighted.



Focus on Early identification & Intervention

- Population health: what can we learn from mapping
- Meeting youth where they are at = online and schools
- Creation of free co-designed digital tools (patient and community participatory research)
- Understanding the role of psycho-education in early intervention
- Understanding individual, family, and community barriers, preferences, and lessons on recovery.
- Psychosis among historically underserved and under researched communities.



Resources

- MHA Online Screening Program:
www.mhascreening.org
- MHA State and County Data Dashboard:
<https://mhanational.org/mha-state-county-data>
- 2022 State of Mental Health in America:
<https://mhanational.org/issues/state-mental-health-america>

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