A Population Health Perspective on Middle School Success:
A Workshop
Readings and Resources

* NOTE: These select readings and resources are intended to provide a sampling of the material available on topics covered during the workshop. The resources are organized in buckets based on the event’s agenda and the speakers who recommended resource.

To Thrive in Middle School and Beyond & the Middle School Years, A 360 View

1. Middle School Matters: The 10 Key Skills Kids Need to Thrive in Middle School and Beyond—and How Parents Can Help.
2. **How to talk to your middle-schooler** (so they might actually listen to you). Phyllis Fagell. Washington Post.
3. **Seven ways parents and educators can improve kids’ middle school experience**, Washington Post. Accessed
4. **Five way parents can help their kids transition smoothly into middle school**. Phyllis Fagell. Washington Post.
6. **We need to talk about race to understand positive youth development**.

**Middle School Inside Out**

3. How to Manage Discord Over Student Discipline- Student misbehavior is a big source of friction in many schools. Educators offer ways to build consensus around discipline.
5. MCPS Sports Insight – Middle School Athletics
6. MCPS Athletics Equity Engagement – Video 1, Video 2
7. MCPS Middle School Athletics Website
8. Five Questions ... with Jeff Sullivan, Instructional Specialist, Athletics Unit- MCPS Bulletin
9. BCPS is Reimagining Middle Grades – A District Strategic Plan Initiative
10. Reimagining Middle Grades: Staff & Student Spotlight

**Multi Sector Support**

13. Barbara Ferrer: ‘These are very special times to be embarking on a career in health’ The director of the Los Angeles County Department of Public Health addresses new graduates of the Keck School of Medicine of USC. [https://news.usc.edu/157041/barbara-ferrer-these-are-very-special-times-to-be-embarking-on-a-career-in-health/](https://news.usc.edu/157041/barbara-ferrer-these-are-very-special-times-to-be-embarking-on-a-career-in-health/)
14. Alameda County’s Health Services Program is administered by the Health Care Services Agency and includes the following program areas: Behavioral Health Care, Public Health, Environmental Health, and Agency Administration/Indigent Health. The ultimate mission of Health Care Services Agency is to achieve health equity by working in partnership to provide high quality services, foster safe and healthy communities, and promote fair and inclusive opportunities for all residents. [https://www.acgov.org/health/](https://www.acgov.org/health/)
15. The Center for Healthy Schools and Communities is a department of Health Care Services Agency, Alameda County’s local health authority. Since 1996, the center has worked with schools, public agencies, community-based organizations, youth, families, and policymakers to implement school health strategies that support children's health, well-being, and academic success. [http://achealthyschools.org/index.html](http://achealthyschools.org/index.html)
16. Johns Hopkins Children’s Center Rales Center for the Integration of Health and Education. [https://ralescenter.hopkinschildrens.org/rales-center/](https://ralescenter.hopkinschildrens.org/rales-center/)
25. Oakland Unity Middle School is a public charter middle school authorized by the Alameda County Office of Education serving grades 6-8. The school is developed by community, school, and teacher leaders at Oakland Unity High School (OUHS), in partnership with its parent Oakland-based nonprofit corporation Unity Schools. http://www.unitymiddle.org/
27. Restorative Justice for Oakland Youth. RJOY was founded in 2005. RJOY works from an anti-racist, anti-bias lens to promote institutional shifts toward restorative approaches. The organization provides education, training, and technical assistance and collaboratively launch demonstration programs with our school, community, juvenile justice, and research partners. https://rjoyoakland.org/

The Big Picture

1. EducationCounsel is a mission-based education consulting firm that combines significant experience in policy, strategy, law and advocacy to drive improvements in the U.S. education system. EducationCounsel
4. The Science of Learning and Development (SoLD) Alliance is a growing partnership of leaders and organizations who believe that the science of learning and development presents powerful lessons to transform our education and other child-serving systems to help each young person achieve their full potential.
5. The mission of the Middle School Success Program is to provide academic, social and health support to 12,000 low-income middle school students so they are properly prepared to transition to high school performing at grade level and on track to


7. Association for Middle Level Education

8. AMLE. This we believe: The 16 Characteristics of Successful Schools

9. Association for Middle Level Education Research Summaries

10. Transitioning Young Adolescents from Elementary to Middle School. Research Summary. Casey Dianna Gilewski, Monica L. Nunn


12. Care in the Middle Level Classroom, Research Summary. D. Michelle Williams


14. MCYAF is a local 501(c)3 nonprofit organization and community coalition which works to prevent adolescent drug and alcohol abuse and promote positive mental health among teens in Maine Township, Illinois. http://www.mcyaf.com/


17. Working Paper: Young Adolescent Development Joanna Lee Williams, Lauren C. Mims, & Haley E. Johnson

18. Working Paper: Climate, Culture & Community: Building a Positive School Climate for Young Adolescents Katrina Debnam & Jessika Bottiani


