Alameda County School Health Centers
School Success: An Opportunity for Population Health Action
National Academy of Sciences
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Kimi Sakashita, MPH, Associate Director, Alameda County Center for Healthy Schools and Communities
In partnership with Sara Geierstanger, MPH, Sandy Ng, MPH, & Samira Soleimanpour, PhD, UCSF
Place Matters

An African American child living in Oakland’s flatlands will die, on average, 15 years before a Caucasian child living in the City’s most affluent area—the Oakland hills.

Our Results Framework

Children are physically, socially, and emotionally healthy.

Children succeed academically.

Environments are safe, supportive, and stable.

Families are supported and supportive.

Systems are integrated and care is coordinated and equitable.

We envision a county where all youth graduate from high school healthy and ready for college and career.
School Health Centers and Academics

65,691 School Health Center Visits in 2016-17

- Behavioral health, 30%
- First Aid, 12%
- Medical/health education, 50%
- Dental, 8%

% CLIENTS AGREED THE SCHOOL HEALTH CENTER HELPED THEM...

<table>
<thead>
<tr>
<th>Service</th>
<th>% Agreement</th>
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<tbody>
<tr>
<td>Have goals and plans for the future</td>
<td>91%</td>
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<tr>
<td>Stay in school</td>
<td>87%</td>
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<tr>
<td>Do better in school</td>
<td>84%</td>
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<tr>
<td>Have better attendance</td>
<td>78%</td>
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Social Emotional Health

- I know where to go for help if I am feeling stressed, nervous, sad, depressed or angry:
  - High frequency users (≥10 visits): 81%
  - Low frequency users (1-9 visits): 78%
  - Non-users: 76%

- I talked to a doctor or nurse about my moods and feelings in the past year:
  - High frequency users (≥10 visits): 61%
  - Low frequency users (1-9 visits): 50%
  - Non-users: 42%

- I talked to a doctor or nurse about how school is going in the past year:
  - High frequency users (≥10 visits): 69%
  - Low frequency users (1-9 visits): 59%
  - Non-users: 53%

- When needed, I "always" received counseling to help me deal with issues like stress, feeling sad, family problems, or alcohol/drug use:
  - High frequency users (≥10 visits): 39%
  - Low frequency users (1-9 visits): 26%
  - Non-users: 25%

Data Source: CHKS 2016-17
Trauma Informed Care

15 Oakland SBHCs

- Screening:
  - PTSD Checklist for DSM-5
  - UCLA PTSD Reaction Index
  - Teen Screen
  - RAAPS
  - HEADSS
  - CANS

- Interventions:
  - Cognitive Behavioral Intervention for Trauma in Schools
  - Trauma and Grief Component Therapy for Adolescents
  - Restorative Practices

83% Trauma Support Group Participants Felt that Groups Helped Them Stay in School

Data Source: Trauma Group Post-Surveys (2016-17)
Equity Lens

As long as race, class, and home address impact health and education outcomes, initiatives must directly address these inequities and focus on supporting students most in need of the opportunities to be healthy, well, and academically successful.

Each and every child gets what they need to thrive.