Strategies, Interventions and Policies for Health Promotion, High Risk Behavior Prevention and Increased Performance of the DHS Law Enforcement Workforce: A Workshop

January 17–18, 2018
Keck Center of the National Academies – Room 100
500 5th Street NW, Washington, DC 20001

Workshop Objectives

- Provide a broad overview of the operational stressors and environments faced by the DHS law enforcement workforce;
- Explore evidence-based resilience and performance enhancement training, suicide and other high-risk behavior prevention strategies and interventions;
- Discuss potential strategies and best practices to limit the impact of environmental factors and other operational stressors that may limit the effectiveness of the DHS law enforcement workforce;
- Identify barriers for implementation of best practices (e.g. funding, policies, logistics, etc.) and;
- Examine how law enforcement leaders can promote the recognition of indicators of psychological stress and inspire personnel to access available resources while reducing stigma and increasing help-seeking behavior.

Day 1 – January 17, 2018

<table>
<thead>
<tr>
<th>Session I</th>
<th>Overview of the DHS Law Enforcement Operational Environment</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>Breakfast Available and Registration Open</td>
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<td><em>Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3rd floor atrium.</em></td>
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<tr>
<td>8:30 AM</td>
<td>Introductory Remarks and Workshop Objectives</td>
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</table>
|           | EDRICK DORIAN
|           | Police Psychologist, Behavioral Science Services
|           | Los Angeles Police Department
|           | Planning Committee Member
|           | LARRY FLUTY
|           | Principal Deputy Assistant Secretary for Countering Weapons of Mass Destruction
|           | Acting Chief Medical Officer
|           | Department of Homeland Security
| 8:45 AM   | Panel IA: Perspectives from the Front Line                 |
|           | Planning Committee Moderator:                              |
|           | JASON LIEBE
|           | Assistant Chief Patrol Agent, San Diego Sector, US Border Patrol |
Customs and Border Protection

Panelists:

PATRICK CULVER
Commander
Chief, Drug and Migrant Interdiction
Coast Guard

RALPH CORBIN
Agent, Special Operations Search, Trauma, and Rescue, San Diego Sector, US Border Patrol
Customs and Border Protection

STEVE COLLINS
Special Agent, National Program Manager, Peer Support Program, Homeland Security Investigations
Immigration and Customs Enforcement

FARON PARAMORE
Assistant Director, Office of Government & Public Affairs
Secret Service

CATRINA BONUS
Inspector, Office of the Chief
Secret Service Uniformed Division

10:00 AM  Full Workshop Q&A
10:30 AM  Break
10:45 AM  Panel IB: Supporting the Front Line

Planning Committee Moderator:

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department

Panelists:

SCOTT BRYAN
Director, Resiliency Programs, Office of Human Resource Management
Customs and Border Protection

KEN MIDDLETON
Chief, Employee Resilience Unit, Peer Support Clinical Advisor
Immigration and Customs Enforcement
Planning Committee Member

STEVE COLLINS
Special Agent, National Program Manager, Peer Support Program, Homeland Security Investigations
Immigration and Customs Enforcement

KIER MAXWELL
Supervisor, Employee Assistance Program, Office of Equity and Support Services
Secret Service
12:00 PM  **Full Workshop Q&A**

12:30 PM  **Lunch**

*Meal Tickets available for speakers and committee members; lunch also available for purchase in Keck Cafeteria on the 3rd floor atrium.*

**Session II**  **Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies**

1:30 PM  **Panel IIA: Lessons in Resilience and Mindfulness**

AMY ADLER  
Clinical Research Psychologist  
Walter Reed Army Institute of Research

AMISHI JHA *(Remote Participant)*  
Associate Professor of Psychology  
University of Miami

MIKE MACKRELL  
Family Life Chaplain  
Texas Army National Guard

WILLIAM NASH  
Director, Psychological Health  
Marine Corps

PATRICIA DEUSTER  
Professor and Director, Consortium for Health and Military Performance  
Uniformed Services University of Health Sciences

GARTH SPENIFF  
Exercise/Work Physiologist, Occupational Health and Safety Division, Office of Human Resources Management  
Customs and Border Protection

2:45 PM  **Full Workshop Q&A**

3:30 PM  **Break**

3:45 PM  **Panel IIB: Experiences and Best Practices from State and Local Agencies**

Planning Committee Moderator:

SCOTT ALLEN  
Senior Staff Psychologist  
Miami-Dade Police Department

Panelists:

MICHAEL FINEGAN  
Lead Psychologist  
Maryland State Police
JOCELYN ROLAND (Remote Participant)
Independent Police Psychologist

JENNIFER TEJADA (Remote Participant)
Chief
Emeryville (CA) Police Department

4:30 PM  Full Workshop Q&A

5:00 PM  Day 1 Wrap-Up Discussion

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

5:30 PM  Adjourn Day 1

Day 2 – January 18, 2018

8:00 AM  Breakfast Available and Registration Open

Meal tickets available for speakers and committee members; breakfast also available for purchase in Keck Cafeteria on the 3rd floor atrium.

8:30 AM  Day 2 Opening Remarks: Day 1 Review

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

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<th>Session II (Continued)</th>
<th>Opportunities for Health Promotion and High Risk Behavior Prevention at Law Enforcement Agencies</th>
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<td>8:45 AM</td>
<td>Panel IIC: Lessons Learned from Recent Research</td>
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Health Promotion Leadership
ASTRID SCHUTZ (Remote Participant)
Director, Competence Center for Personnel Psychology
Chair, Personality Psychology and Psychological Assessment
University of Bamberg (Germany)

Human Performance
KERRY KUEHL
Director, Human Performance Lab
Professor of Medicine and Section Chief, Health Promotion and Sports Medicine
Oregon Health and Science University

Occupational Stress
JUDITH ANDERSEN
Associate Professor of Psychology
University of Toronto-Mississauga
Suicide Prevention Strategies
RAJEEV RAMCHAND
Senior Behavioral Scientist
RAND Corporation

Support Programs and Interventions
RICHARD GOERLING (Remote Participant)
Lieutenant
Hillsboro (OR) Police Department
Mindful Badge Initiative

10:00 AM Full Workshop Q&A
10:30 AM Break

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<tr>
<th>Session III</th>
<th>Implementing Strategies for Health Promotion and High Risk Behavior Prevention</th>
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<tr>
<td>10:45 AM</td>
<td>Panel IIIA: The Last-Mile Challenges and Strategies for Implementation</td>
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<td>Planning Committee Moderator:</td>
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<td>DAREN BRABHAM</td>
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<td>Assistant Professor, Annenberg School for Communication and Journalism</td>
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<td>University of Southern California</td>
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<td>Panelists:</td>
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<td>CHARLES BREWER</td>
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<td>Assistant Chief, State, Local and Tribal Division, Office of Domestic and International Training, Regional and International Training Directorate</td>
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<td>Federal Law Enforcement Training Center</td>
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<td>Uniformed Services University of Health Sciences</td>
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<td>ALISA GREEN</td>
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<td>Human Resources Specialist and Employee Engagement Team Lead, Office of the Chief of Human Capital, Strategic Learning, Development, and Engagement</td>
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<td>11:45 AM</td>
<td>Full Workshop Q&amp;A</td>
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<td>12:15 PM</td>
<td>Final Discussion with Planning and Standing Committee Members</td>
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<td>EDRICK DORIAN</td>
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12:45 PM  Closing Remarks

LESLIE HOLLAND
Deputy Executive Director, Workforce Health and Safety, Office of the Chief Human Capital Officer
Department of Homeland Security

EDRICK DORIAN
Police Psychologist, Behavioral Science Services
Los Angeles Police Department
Planning Committee Member

1:00 PM  Adjourn Workshop