Augmenting the Reach of Public Health Planning through Community Action
### Children with Disabilities

<table>
<thead>
<tr>
<th>Type of Disability</th>
<th>2009-10 Number served (in thousands)</th>
</tr>
</thead>
<tbody>
<tr>
<td>All disabilities</td>
<td>6,481</td>
</tr>
<tr>
<td>Specific learning disabilities</td>
<td>2,431</td>
</tr>
<tr>
<td>Speech or language impairments</td>
<td>1,416</td>
</tr>
<tr>
<td>Intellectual disability</td>
<td>463</td>
</tr>
<tr>
<td>Emotional disturbance</td>
<td>407</td>
</tr>
<tr>
<td>Hearing impairments</td>
<td>79</td>
</tr>
<tr>
<td>Orthopedic impairments</td>
<td>65</td>
</tr>
<tr>
<td>Other health impairments</td>
<td>689</td>
</tr>
<tr>
<td>Visual impairments</td>
<td>29</td>
</tr>
<tr>
<td>Multiple disabilities</td>
<td>131</td>
</tr>
<tr>
<td>Deaf-blindness</td>
<td>2</td>
</tr>
<tr>
<td>Autism</td>
<td>378</td>
</tr>
<tr>
<td>Traumatic brain injury</td>
<td>25</td>
</tr>
<tr>
<td>Developmental delay</td>
<td>368</td>
</tr>
</tbody>
</table>
Current Resources

- disability.gov
- Emergency Preparedness Toolkit for People with Disabilities: (OHSU)
- Emergency Communication: Disaster Preparation, Response and Recovery for Individuals with Complex Communication Needs: (RERC)
- Green Mountain Emergency Preparedness Project: University of Vermont
- And so many more. . .
Examples

Learning to Relax
When I get angry or tense my body can feel many different ways -
• My teeth may be clenched
• My hands may feel sweaty
• My hands may be in a fist
• My face may feel warm
• My muscles may be tight and hurt
When I begin to feel angry or tense there are many ways to help me relax -
• Close my eyes and take 5 deep breaths
• Ask to take a break
• Ask to take a walk
• Ask to stand up and stretch
• Get a relaxation toy

Go Bags

- First aid kit
- Food
- Water
- Medical supplies
- Personal hygiene items
- Flashlight
- Blanket
- Change of clothes
- Tools & equipment
- Emergency contact information
Disability Expertise in Your Community

- University Centers for Excellence in Developmental Disabilities Education, Research and Service (UCEDD)
- Family Voices
- Council on Developmental Disabilities
- Centers for Independent Living
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