

Workshop on Health Literacy and Older Adults: Reshaping the Landscape

Mary Ann Zimmerman, Personal Landscape & Personal Experience

Outline

March 13, 2018

Background/Context

- **Personal Circumstances**
- **Health Basics**

Most Frustrating

- **Health Systems and Clinical**
 - **Health Care Systems**
 - **Hospital System and associated organizations example**
 - **Electronic systems/portals**

Most Helpful

- **Family and Community**
 - **Silver Spring Village**
 - **“Cheers” locations**
 - **My Dwelling Community and Civic Community**
 - **Relatives and extended family**
- **Health Systems and Clinical**
 - **Clinical Staff**
 - **Primary Care Physician**
 - **Specialists**
 - **How do they help**

Conclusions and Final Thoughts

- **Me (the Patient) – Becoming more important**

This document is a draft outline of some of the topics Mary Ann Zimmerman will discuss in her presentation on March 13, 2018, at the Roundtable on Health Literacy workshop on Health Literacy and Older Adults: Reshaping the Landscape, and does not represent the views of the National Academies of Sciences, Engineering, and Medicine. For more information about the workshop or the Roundtable on Health Literacy, please visit www.nationalacademies.org/HealthLiteracyRT.