



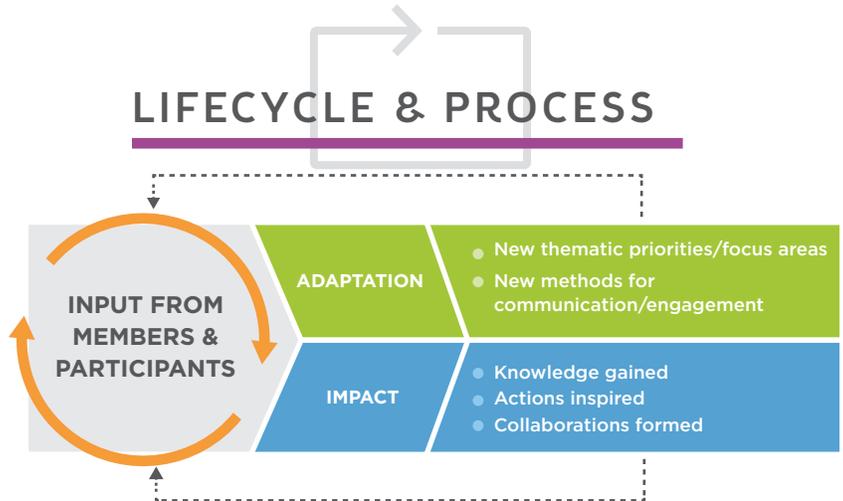
2017 YEAR IN REVIEW

ROUNDTABLE ON OBESITY SOLUTIONS

MISSION

Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

LIFECYCLE & PROCESS



47 MEMBERS

From the following sectors: local and national associations and nonprofits; business community, private sector, health insurers, and industry; federal and local government; foundations; academia; representatives from the areas of health care, public health, food, physical activity, education, early care and education, worksites, communities, media, and communications

COLLABORATIONS

Each meeting of the Roundtable presents an opportunity for the members to interact with each other. The development of **21 reported collaborations** this year among member organizations and invited speakers on obesity-related projects is an important way that the Roundtable continues to foster dialogue and accelerate implementation of multi-sector work.

COLLABORATIVES

Work continues in **four innovation collaboratives**—ad hoc convening activities that foster information sharing and collaboration toward the Roundtable aims. They engage interested members and others to develop tools, metrics, and frameworks for on-the-ground implementation and to identify and disseminate promising practices:

- [CEO Innovation Collaborative](#)
- [Early Care and Education Innovation Collaborative](#)
- [Integrated Clinical and Social Systems for the Prevention and Management of Obesity Innovation Collaborative](#)
- [Physical Activity and Health Innovation Collaborative](#)

COMMUNICATION

The Roundtable takes a systems approach to dissemination—a multi-layered process that meets people on all platforms. Visit us online.

SNACK-SIZE INFOGRAPHIC



VIDEO



ACTIVITIES



During its fourth year, the Roundtable hosted two public workshops, one webinar, and five planning discussions:

1 ADVANCING OBESITY SOLUTIONS THROUGH INVESTMENTS IN THE BUILT ENVIRONMENT (Workshop)

This public workshop explored the roles built environment policies and practices play in the prevention and treatment of obesity and identified promising strategies in multiple sectors that can be scaled up to create more healthful and equitable environments. Built environment topics included urban planning and design, transportation systems, parks and recreation, and food systems.

To learn more, visit <http://bit.ly/Obesity-Environment>.

 [WATCH PRESENTATION VIDEOS](#)

 [READ PROCEEDINGS OF A WORKSHOP \(AVAILABLE SPRING 2018\)](#)

 [VIEW PROCEEDINGS OF A WORKSHOP—IN BRIEF / \(DOWNLOAD\)](#)

3 THE POTENTIAL ROLE OF SLEEP IN OBESITY PREVENTION AND MANAGEMENT: A VIRTUAL WORKSHOP (Webinar)

This webinar examined the potential relationship between sleep and obesity. It featured individual invited speakers and presentations that explored the current understanding of sleep physiology and sleep disorders, existing experimental and epidemiological evidence about sleep and obesity risk, and the current recommendations for sleep as they relate to the prevention and management of obesity in children and adults.

To learn more, visit <http://bit.ly/SleepObesityWebinar>.

 [WATCH WEBINAR RECORDING](#)

6 THINKING ABOUT THE ECONOMICS AND POLITICS OF OBESITY SOLUTIONS (Planning Discussion)

Presenters discussed the current modelling of the costs of obesity; effectiveness, costs, and acceptability of obesity prevention strategies; obesity treatment and its costs; novel approaches and costs with communities as the locus of change; and a discussion about the outlook for obesity-related program funding and politics at the national level.

2 THE CHALLENGE OF TREATING OBESITY AND OVERWEIGHT (Workshop)

This public workshop explored what is known about current obesity treatment approaches and the challenges involved in implementing them, including their effectiveness (and how “success” is defined); payment for services; training of the workforce that provides the services; and health equity issues involved in treatment. The workshop also addressed sustainable collaborations, new insights on implementing treatment-related interventions and policies, and research gaps in addressing treatment challenges. Participants discussed strategies that hold promise for progress in treating overweight and obesity.

To learn more, visit <http://bit.ly/ObesityTreatment>.

 [WATCH PRESENTATION VIDEOS](#)

 [READ PROCEEDINGS OF A WORKSHOP](#)

 [VIEW PROCEEDINGS OF A WORKSHOP—IN BRIEF / \(DOWNLOAD\)](#)

4 HEALTHY COMMUNITIES STUDY (Planning Discussion)

A panel of presenters discussed the purpose, assessment, and initial findings of the Healthy Communities Study.

5 EXPLORING STATE AND LOCAL CROSS-SECTOR SOLUTIONS TO OBESITY (Planning Discussion)

Presenters explored how state and local policymakers think about and frame solutions to obesity; identified the current big policy themes and priorities in states and communities related to solutions to obesity; discussed innovative cross-sector initiatives that drive and support states and communities in their efforts; and highlighted, where possible, insights of policymakers and innovative solutions to obesity in rural communities.

7 OUR JOURNEY—NATIVE STRONG: HEALTHY KIDS, HEALTHY FUTURES (Planning Discussion)

The Roundtable discussed the Notah Begay III Foundation’s research, actions, and publications to support the health and wellness of Native American communities.

8 GETTING TO EQUITY IN OBESITY PREVENTION (Planning Discussions)

The Roundtable continues to discuss how to move forward in achieving equity in obesity prevention.

PERSPECTIVE PAPERS



This year, *four perspectives**—expert commentaries and discussion papers by leading voices in health and health care and posted by the National Academy of Medicine (NAM)—grew out of Roundtable activities.

- [The Interplay of Community Trauma, Diet, and Physical Activity: Solutions for Public Health](#) by Howard Pinderhughes
- [Working Toward Engaging Local Businesses in Community Obesity Solutions: A Preliminary Report from the Field](#) by Paul Bakus, Nico Pronk, and Sylvia Rowe

- [Getting to Equity in Obesity Prevention: A New Framework](#) by Shiriki Kumanyika
- [A Model Framework that Integrates Community and Clinical Systems for the Prevention and Management of Obesity and Other Chronic Diseases](#) by William H. Dietz, Brook Belay, Don Bradley, Scott Kahan, Natalie D. Muth, Eduardo Sanchez, and Loel Solomon

* Perspectives, published by the National Academy of Medicine (NAM), are individually authored by Roundtable and Forum members and outside experts in health and health care. The views expressed in these papers are those of the author(s) and not necessarily of the author(s)’ organizations, the National Academy of Medicine (NAM), or the National Academies of Sciences, Engineering, and Medicine (the National Academies). Perspectives are intended to help inform and stimulate discussion. They are not reports of the NAM or the National Academies.