



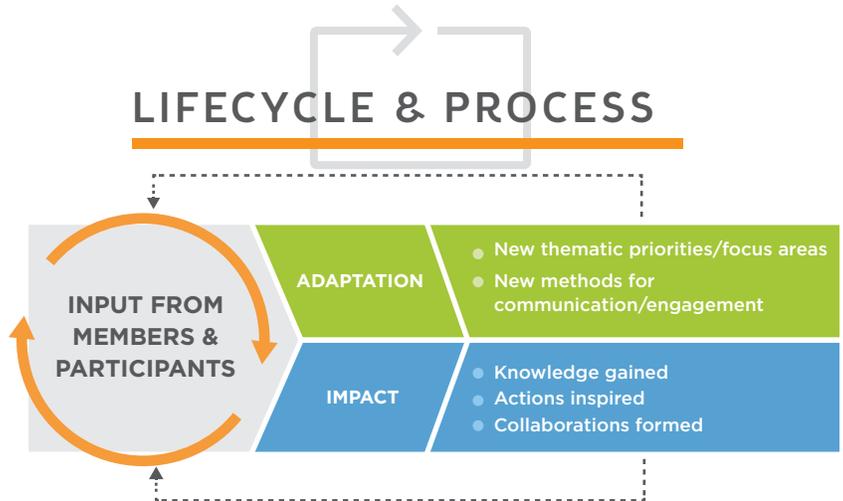
2015 YEAR IN REVIEW

ROUNDTABLE ON OBESITY SOLUTIONS

MISSION

Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

LIFECYCLE & PROCESS



49 MEMBERS

From the following sectors: local and national associations and non-profits; business community, private sector, health insurers, and industry; federal and local government; foundations; academia; and representatives from the areas of health care, public health, food, physical activity, education, early care and education, worksites, communities, media, and communications.

COLLABORATIONS

Each meeting of the Roundtable presents an opportunity for the members to interact with each other. The development of **28 reported collaborations** among member organizations on obesity-related projects is an important way that the Roundtable continues to foster dialogue and accelerate implementation of multi-sector work.

COLLABORATIVES

Work continues in **four innovation collaboratives**—satellite activities that engage interested members and others to develop tools, metrics, and frameworks for on-the-ground implementation and identify and disseminate promising practices:

- [CEO Innovation Collaborative](#)
- [Early Care and Education Innovation Collaborative](#)
- [Integrated Clinical and Social Systems for the Prevention and Management of Obesity Innovation Collaborative](#)
- [Physical Activity in Youth Innovation Collaborative](#)

COMMUNICATION

The Roundtable takes a systems approach to dissemination—a multi-layered approach that meets people on all platforms. Visit us online.

SNACK-SIZE INFOGRAPHIC



VIDEO



LINKEDIN



FACEBOOK



@THEIOM

#IOMOBESITY

ACTIVITIES



During its second year, the Roundtable hosted two public workshops and six planning discussions:

1 PHYSICAL ACTIVITY: MOVING TOWARD OBESITY SOLUTIONS (Workshop)

A public workshop explored the role of physical activity in the prevention and treatment of obesity, including discussion on the scientific basis for a focus on physical activity in adults and children and innovative strategies for promoting physical activity and preventing obesity in diverse settings and through various channels. To learn more, visit <http://iom.nationalacademies.org/Activities/Nutrition/ObesitySolutions/2015-APR-14.aspx>.

WORKSHOP RECAP



[WATCH PRESENTATION VIDEOS](#)



[READ WORKSHOP SUMMARY](#)



[VIEW WORKSHOP IN BRIEF / \(DOWNLOAD\)](#)

2 OBESITY IN THE EARLY CHILDHOOD YEARS: STATE OF THE SCIENCE AND IMPLEMENTATION OF PROMISING SOLUTIONS (Workshop)

A public workshop explored overweight and obesity in the earliest years of life, identified risk and protective factors, identified promising points of intervention, and highlighted innovative, cross-sector solutions for the prevention and treatment of obesity among young children (birth to 5 years of age). To learn more, visit <http://iom.nationalacademies.org/Activities/Nutrition/ObesitySolutions/2015-OCT-06.aspx>.

WORKSHOP RECAP



[WATCH PRESENTATION VIDEOS](#)



[WORKSHOP SUMMARY \(AVAILABLE SPRING 2016\)](#)



[VIEW WORKSHOP IN BRIEF / \(DOWNLOAD\)](#)

3 CURRENT EPIDEMIOLOGY OF OBESITY, THE STATE OF OBESITY SOLUTIONS, AND NEW INSIGHTS INTO THE SCIENCE OF OBESITY (Planning Discussion)

The Roundtable reviewed the current epidemiology of the obesity epidemic, the current state of obesity solutions, and recent insights into emerging science issues related to obesity.

5 WHAT THE PUBLIC THINKS ABOUT OBESITY (Planning Discussion)

A panel of presenters discussed the public's perception, knowledge, and understanding of the obesity epidemic and its causes and correlates, including differences among population segments and different communities.

7 OBESITY-RELATED PUBLIC POLICIES: IMPACT AND OPPORTUNITIES (Planning Discussion)

A panel of presenters discussed the current status and impact of obesity-related policies at the local, state, tribal, and federal level as well as in health care, education, and in communities. The panels explored key policies that have been implemented; current proposed or pending policies; and new or upcoming policies. The panels also discussed barriers, what is gaining momentum, and what can be done to move toward action.

4 THE CURRENT MEDIA LANDSCAPE (Planning Discussion)

A panel of presenters discussed what the current media landscape looks like, how it has changed, and examined media messaging about obesity, including messaging around health inequities and directed toward racial and ethnic groups.

6 THE ROLE OF THE TECHNOLOGY INDUSTRY IN DISSEMINATING MESSAGES FOR OBESITY SOLUTIONS (Planning Discussion)

A panel of presenters discussed potential messaging platforms of the technology industry and their capacities for wide dissemination of health and obesity related messages, the application of technology platforms to build health equity and reach communities experiencing social disadvantage, and models for cross-sector engagement between the health and technology sectors.

8 EXPLORING THE IMPACT OF SOCIAL DETERMINANTS OF OBESITY (Planning Discussion)

A panel of presenters explored the impact of the social determinants of obesity.

PERSPECTIVE PAPERS



This year, eight perspectives*—expert commentaries and discussion papers by leading voices in health and health care and posted by the National Academy of Medicine (NAM)—came out of discussions at roundtable activities.

- [Advancing the Care of Children and Adolescents with Severe Obesity: A Reason for Clinical Subtyping](#) by Ihuoma Eneli, Susan J. Woolford, Sandra Hassink
- [Dose Matters: An Approach to Strengthening Community Health Strategies to Achieve Greater Impact](#) by Pamela Schwartz, Suzanne Rauzon, and Allen Cheadle
- [Investing in Native Community-led Strategies to Improve Physical Activity](#) by Donald Warne and Olivia Roanhorse
- [Increasing Movement to Promote Health and Learning in Early Childhood](#) by Robert C. Whitaker and Jeffrey S. Gehris
- [Physical Activity in Latino Communities](#) by Rebecca T. Adeigbe and Amelie G. Ramirez
- [Physical Activity in Older People](#) by Loretta DiPietro
- [Physical Activity for People with Disabilities: How Do We Reach Those with the Greatest Need?](#) by James H. Rimmer
- [Disparities in Physical Activity Among Low-Income and Racial/Ethnic Minority Communities: What Can We Do?](#) by Wendell C. Taylor

* The views expressed in Perspectives are those of the author(s) and not necessarily of the author(s)' organizations or of the National Academy of Medicine (NAM). The Perspective is intended to help inform and stimulate discussion. It has not been subjected to the review procedures of, nor is it a report of, the NAM or the National Academies of Sciences, Engineering, and Medicine.