Integrating Systems and Sectors Toward Obesity Solutions
A Workshop

April 6, 2020

National Academy of Sciences Building
Lecture Room
2101 Constitution Avenue, NW
Washington, DC 20001

8:30 AM  Welcome
Nico Pronk, Chair, and Chris Economos, Co-Vice Chair, Roundtable on Obesity Solutions

Session 1 – Introduction and Overview
Objective: Provide background on systems theories, methodologies, and applications.

8:45  Moderator: Daniel Rivera, Arizona State University

Patty Mabry, HealthPartners Institute
Sandro Galea, Boston University
Douglas Luke, Washington University in St. Louis

Panel Discussion

10:15  BREAK

Session 2 – Systems and the Context for Obesity
Objective: Explore systems and contributing factors that can influence obesity. Consider opportunities for systems change as they relate to obesity solutions.

10:30  Power Dynamics, Structural Racism, and Relationships
Moderator: Shiriki Kumanyika, Drexel University

Chandra Ford, University of California Los Angeles
Kayla de la Haye, University of Southern California

Panel Discussion

11:15  Resources, Place-Based Issues, Policy, and Political Will
Moderator: Giselle Corbie-Smith, University of North Carolina Chapel Hill

TBD
Tiffany Powell-Wiley, National Heart, Lung, and Blood Institute, National Institutes of Health

Panel Discussion
12:00 PM  LUNCH

Session 3 – Influencing Systems
Objective: Explore how systems may influence obesity. Consider opportunities for systems change as they relate to obesity solutions.

1:00  Participatory Nature of Interventions and Education
Moderator: Sara Czaja, Weill Cornell Medicine
Leah Frerichs, University of North Carolina Chapel Hill
Matt Kasman, Brookings Institution

Panel Discussion

Obesity-Related Opportunities for Systems Change
Moderator: Ihuoma Eneli, Nationwide Children’s Hospital
Eric Hekler, University of California San Diego
Erin Hennessy, Tufts University

Panel Discussion

2:30  BREAK

Session 4 – Examples from the Field
Objective: Demonstrate how research studies are exploring the application of systems thinking to address obesity and the health and wellbeing of the population.

2:45  Moderator: Sara Bleich, Harvard T.H. Chan School of Public Health
John Jakicic, University of Pittsburgh
Bonnie Spring, Northwestern University
Steve Allender, Deakin University

Panel Discussion

Wrap-Up

3:45  Wrap-Up Comments
Nico Pronk and Chris Economos

4:00  Adjourn