



The National Academies of
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**The Potential Role of Nutrition in the First 2 Years of Life in the Prevention of
Child Overweight and Obesity: A Webinar**

July 18, 2019
12:00 pm – 1:15 pm ET

12:00 PM Welcome

Kathryn Dewey, University of California, Davis

**12:05 PM Current Prevalence and Trends of High Weight-for-Length in Infants
and Young Children**

Cynthia Ogden, Centers for Disease Control and Prevention

**12:25 PM Effects of Nutrition in the First Two Years of Life on the Prevention
of Obesity**

Bill Dietz, George Washington University

**12:45 PM Interventions to Improve Nutrition and Prevent Overweight and
Obesity in the First Two Years of Life**

Elsie Taveras, Harvard Medical School, Harvard T.H. Chan School of
Public Health

1:05 PM Audience Q&A

Moderator: Kathryn Dewey

1:15 PM Webinar Adjourns

Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents have obesity. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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