



The National Academies of SCIENCES • ENGINEERING • MEDICINE

A Health Equity Approach to Obesity Efforts: A Workshop

April 1, 2019

The National Academy of Sciences Building
2101 Constitution Avenue, NW Washington, DC
Lecture Room

8:30 AM **Welcome**
Bill Purcell, Chair, Roundtable on Obesity Solutions

Overview – Stage Setting

8:35 AM *Shiriki Kumanyika, Drexel University*

Session 1 – Disparities in Obesity Prevalence

8:45 AM Moderator: *Shiriki Kumanyika, Drexel University*

Cynthia Ogden, Centers for Disease Control and Prevention

Ann Bullock, Indian Health Service

Maria Rosario (Happy) Araneta, University of California, San Diego

Session Discussion

10:00 AM **PHYSICAL ACTIVITY BREAK**

Session 2 – Social Determinants of Inequities in Obesity Prevention and Control

10:15 AM Moderators: *Vanessa Northington Gamble, George Washington University and Shavon Arline-Bradley, R.E.A.C.H. Beyond Solutions, LLC and The Health Equity Cypher Group*

Angela McGowan, US Department of Health and Human Services

Shavon Arline-Bradley, R.E.A.C.H. Beyond Solutions, LLC and The Health Equity Cypher Group

Ruth Zambrana, University of Maryland

Valarie Blue Bird Jernigan, Oklahoma State University Center for Health Sciences

Session Discussion

12:00 PM **LUNCH**

Session 3 – Lessons from the Field: Achieving Equity in Obesity through Community/Public Health Approaches

1:00 PM Moderator: *Carlos Crespo, Portland State University*

Debra Haire-Joshu, Washington University in St. Louis

Pamela Schwartz, Kaiser Permanente

*Valarie Blue Bird Jernigan, Oklahoma State University Center for Health Sciences
Joseph Keawe'aimoku Kaholokula, University of Hawaii at Manoa*

Session Discussion

2:30 PM **PHYSICAL ACTIVITY BREAK**

Session 4 – Lessons from the Field: Achieving Equity in Obesity Treatment in Health Care Settings

2:45 PM Moderators: *David Fukuzawa, Kresge Foundation and Jennifer Fassbender, Reinvestment Fund*

*Melissa Simon, Northwestern University
Marshall Chin, University of Chicago*

Session Discussion

3:30 PM **Wrap-Up**

Moderator: *Bill Dietz, George Washington University*

*Don Bradley, Duke University School of Medicine
Ruth Petersen, Centers for Disease Control and Prevention
Marjorie Innocent, NAACP*

4:00 PM **Workshop Adjourns**

Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents have obesity. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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