

WORKSHOP BIOGRAPHIES

(Alphabetized by Last Name)



Captain Heidi Michels Blanck, PhD, MS

Centers for Disease Control and Prevention

Planning Committee Member & Invited Speaker

Capt Heidi Michels Blanck is a United States Public Health Service Officer and serves as Chief of the Obesity Branch in the Division of Nutrition, Physical Activity and Obesity in the National Center for Chronic Disease Prevention and Health Promotion at the Centers for Disease Control and Prevention.

Captain Blanck oversees CDC's monitoring of state/territory/tribal obesity prevalence and key nutrition policies, environments, and behaviors. Staff in the branch conduct surveillance, applied research, guidelines development and technical assistance for implementation of standards for early care and education (ECE) and food service venues including worksites and Healthy Hospitals. Staff also work with partners to accelerate the use of electronic health records for obesity reporting and increased access of pediatric weight management programs for low-income families. She has over 18 years of CDC experience and has authored over 120 papers and reports in the areas of nutrition, physical activity, obesity and environmental exposures. Dr. Blanck steered the creation of Healthy People 2020 objectives for healthier nutrition options and led the creation of CDC's Childhood Obesity Research Demonstrations. She is the Senior Advisor to the agency's Nutrition and Obesity Policy Research and Evaluation Network of researchers and practitioners (NOPREN; www.nopren.org) and member of the National Collaborative on Childhood Obesity Research (www.NCCOR.org) with partners USDA, NIH and RWJF. Dr. Blanck received her Masters from the University of Michigan and her Ph.D. from Emory University where she serves as Adjunct professor.



Jeanne Blankenship, MS, RDN

Academy of Nutrition and Dietetics

Roundtable Member & Invited Speaker

Jeanne Blankenship is a registered dietitian nutritionist and the Vice President of Policy Initiatives and Advocacy for the Academy of Nutrition and Dietetics. Her advocacy work focuses on professional issues for dietitians and nutrition professionals and includes coverage and reimbursement for Medical Nutrition Therapy, Nutrition Informatics, and Work Force Demands.

As a nationally recognized expert in obesity, Ms. Blankenship has emphasized the need for comprehensive obesity treatment in her advocacy efforts. Ms. Blankenship also oversees state government relations, including consumer protection and licensure initiatives, grass roots advocacy, and regulatory affairs. She manages the Academy's Political Action Committee, Legislative and Public Policy Committee and the Consumer Protection and Licensure Subcommittee for the Academy. Ms. Blankenship received a B.S. degree in clinical dietetics from Arizona State University and an M.S. degree in nutrition sciences at Oklahoma State University. Prior to working in Policy and Advocacy, she held positions at the University of California Davis Medical Center as a Senior Clinical Dietitian and at the USDA Western Nutrition

Research Center as the Principal Dietitian. Her experience also includes positions in long term care, the Women, Infants, and Children Program (WIC) and private practice.



Lieutenant Colonel Heidi L. Clark, MS, RD

United States Air Force

Invited Speaker

Lt Col Clark is currently the Nutritional Medicine Flight Commander at David Grant Medical Center, Travis AFB, CA. She oversees a \$3.8M budget, \$523K in equipment and 55 personnel to ensure provision of 245K meals and 7,700 nutrition care visits annually. As senior nutrition professional, she advises MDG leadership on nutrition policies and the provision of medical nutrition therapy, and oversees medical nutrition therapy provided within DGMC and within AMC. She is also primary Trusted Care Coach-Champion for DGMC, directing training and mentorship for 35 patient safety peer coaches; and she serves as the Travis Fisher House Executive Director, ensuring maximum occupancy for 23 rooms serving 500 families annually.

Lt Col Clark was previously assigned to Ft Sam Houston TX as the USAF Deputy Director at the US Military Graduate Program in Nutrition, providing 125 contact hours of clinical nutrition instruction annually to USAF and Army nutrition students, directing research and serving as advisor and committee member for thesis work. She served as the nutrition expert in the development of 2 VA-DoD Clinical Practice Guidelines. Lt Col Clark was the Chief, Medical Nutrition Therapy where she guided clinical nutrition practice and patient feeding at Landstuhl Regional Medical Center in Germany, overseeing as staff of Army, USAF and Navy nutrition professionals. At Wilford Hall Medical Center, San Antonio, TX, she provided in- and outpatient medical nutrition therapy to diverse populations, including pediatric and adult intensive care, cystic fibrosis and bariatric surgery; she also served as a preceptor for the joint US Military Dietetic Internship. Lt Col Clark directed outpatient nutrition and health promotion programs while at McGuire AFB, NJ. Lt Col Clark has deployed twice, once in 2005 as the first USAF CGO dietitian to Balad AB, Iraq, where she was the Registered Dietitian providing care to injured service members and local nationals. Her second deployment was to Bagram AB, Afghanistan, where she was the Diagnostics & Therapeutics Flight Commander, overseeing elements of pharmacy, radiology, laboratory and nutritional medicine and serving as the sole Registered Dietitian.



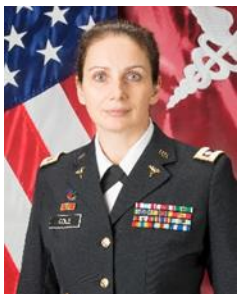
Jane M. Clary Loveless, PhD, RN, MS, MCHES

United States Department of Agriculture

Invited Speaker

Dr. Jane Clary Loveless is the National Program Leader for nutrition/extension for the National Institute of Food and Agriculture, USDA, in the Institute of Food Safety and Nutrition. Her specialization area is community nutrition and health and technology based nutrition and health education for young families with children to help combat childhood obesity.

Clary Loveless is a Master Certified Health Education Specialist. For over 20 years, Clary Loveless has worked as a professor and extension specialist, at Purdue University, where she completed both her undergraduate and graduate programs, and Mississippi State University, on the design, implementation, and evaluation of community based programs for land-grant institutions providing evidence-based healthy lifestyle programs to families in the Midwest and the Southern regions. Currently, she is working with the Community Food Projects, the Food Insecurity Nutrition Incentive Program, the Food and Agriculture Service Learning Program, and she has co-led the AFRI Childhood Obesity. In November of 2015, she received as group leader, along with the team, the “USDA Abraham Lincoln Honor Award for successfully implementing the Food insecurity Nutrition Incentive interagency program to address food insecurity and increase the purchase of fruits and vegetables among low-income consumers.” Currently, Dr. Clary Loveless holds memberships in the following professional organizations: The American Society for Nutrition, the American Public Health Association, Society of Nutrition Education and Behavior, and the American Diabetes Association. Dr. Clary Loveless has spoken both nationally and internationally on nutrition and health topics as well as on community based wellness programs using technology and social media.



Lieutenant Colonel Renee Cole, PhD, RDN

United States Army Research Institute of Environmental Medicine

Planning Committee Member & Invited Speaker

LTC Renee Cole is a registered dietitian whose research interest area involves understanding the impact of eating behaviors and the mediators of those behaviors on satiety, weight management, and disease progression.

As the deputy of the Military Nutrition Division and Director of Healthy Eating Behavior Initiative at USARIEM, she is in a unique position to

collaborate with experts internal and external to the Department of Defense in order to conduct research in support of warfighter health and resilience. As the subject matter expert to the Chief of the US Army Specialist Corps, she has oversight of research activities occurring with our Corps, mentorship / development of research skills of the Corps staff, and dissemination of research findings to inform evidenced-based practice within Army medicine. As an associate professor for the US Military-Baylor Graduate Program in Nutrition, she taught research methods and continues to mentor students through their Master’s and doctoral research projects. As a military healthcare officer with over 30 yrs of military experience, she

understands the population and the programs / policies associated with helping our Armed Forces maintain operational readiness. She has been a principal or associate investigator on 17 studies, most of which focus on weight management and the co-morbidities associated with obesity. She received her Ph.D. and M.S. in nutrition sciences from Syracuse University.



Karl Friedl, PhD

United States Army Research Institute of Environmental Medicine
Invited Speaker

Dr. Karl Friedl received his Bachelor of Arts (1976) and Master of Arts (1979) degrees in zoology from the University of California, Santa Barbara, and Ph.D. degree in biology (1984) through the Institute of Environmental Stress in the University of California, Santa Barbara. He currently serves as the Chief Physiologist of the U.S. Army, assigned to the U.S. Army Research Institute of Environmental Medicine in Natick, Massachusetts. Dr. Friedl retired from thirty years of active duty service in the Army in 2013, where he had last served as Director of the Telemedicine and Advanced Technology Research Center (TATRC) at the US Army Medical Research and Materiel Command. Previously, he served as Commander, U.S. Army Research Institute of Environmental Medicine (USARIEM); Director, Army Operational Medicine Research Program; Principal Investigator, USARIEM; and Chief of Physiology and Biostatistics Service, Madigan Army Medical Center. Dr. Friedl's research has been focused on extending limits of human physiological performance. He has made specific contributions in the areas of endocrine regulation in semi starvation, physiological effects of anabolic steroids, body composition methods and standards, physiological monitoring, and metrics of research return on investment. He has published nearly 200 original articles, book chapters, technical reports, and commentaries, and made over 250 scientific presentations at national and international meetings. He is a co-inventor on an Army patent for a system for remote neuropsychological assessment. He has served as chair of numerous NATO and Army panels and committees, and served on program review committees for NASA, National Institutes of Health, the Department of Veterans' Affairs, the Wellcome Trust, and university thesis committees in Iceland, Italy, France and Finland. During his Army research management assignments Friedl was responsible for administration of \$3.5 B in appropriated RDT&E funds and organized major initiatives such as the Defense Women's Health Research Program (DWHRP), Technologies for Metabolic Monitoring (TMM), Bone Health and Military Medical Readiness (BHMMR), Gulf War Illnesses research program (GWIRP), and the Army's Parkinson's research program (NETRP). Dr. Friedl is a Professor (adjunct) in the Department of Neurology at University of California, San Francisco. He also currently serves as Associate Editor of the IEEE Journal of Biomedical and Health Informatics. He is a Fellow of the American Institute for Medical and Biological Engineering (AIMBE). This year he was recognized with a Professional Career Achievement Award from the IEEE Engineering in Medicine and Biology Society. He has been recognized with national awards from both the Parkinson's Action Network (Udall Award) and the Alzheimer's Association

(Ronald and Nancy Reagan Award) for his advocacy of “dual use” research that has helped to advance research for the Soldiers as well as serving the needs of neurodegenerative disease patients. He has also received a Founder’s Award from the Pennington Biomedical Research Center, the Diabetes Research Leadership Award from the Diabetes Technology Society, the Society of Armed Forces Medical Laboratory Scientists (SAFMLS) Outstanding Research and Development Scientist Award, the French National Order of Merit (Chevalier), the Legion of Merit (2nd Oakleaf Cluster), and the Order of Military Medical Merit.



Lieutenant Pamela Gregory, MS, RDN

United States Navy

Planning Committee Member & Invited Speaker

LT Gregory is the Navy nutrition program manager and the subject matter expert for the Chief of Naval Operations (CNO). She has set on several high level meetings to assist with increasing healthier eating options within the military, strategizing with fellow dietitians from other military branches and all those entities that have an effect on the food choices provided thought out military bases. Some of her additional duties include writing nutrition policy for more than 330K military members within the Navy, which supports keeping them mission ready and strong as well as provides nutritious food opportunities. Additionally, she maintains clear concise communication throughout the Navy nutrition community by scheduling and orchestrating monthly meetings with key stake holders such as food suppliers, performance nutrition, health promotion and USMC dietitians. Her other responsibilities are to sit on DoD and joint subcommittees within the nutrition realm providing sound judgement regarding the Navy. Some of these committees are the military Nutrition Environment Working Group (mNEWG) Co-chair. She is also an adjunct provider at the branch medical clinic. LT Gregory earned her M.S. in health concentration in nutrition from the University of North Florida.



Kari Harris, MPH, RD, LDN, CSP

Deloitte Consulting, LLP

Planning Committee Member

Kari Harris is a practitioner at Deloitte Consulting, LLP currently working to execute Operation Live Well’s mission in relation to the Total Force Fitness Nutritional Fitness domain and the dynamic ecosystem of DoD food and nutrition. Ms. Harris has six years of healthcare experience as a pediatric Registered Dietitian, clinical researcher, and social researcher proving her ability to implement, monitor, and evaluate behavior change interventions at the individual, community, and public health systems levels. She has evaluated both qualitative and large quantitative data sets for domestic and international public health programs to facilitate strategic visioning and change, process improvement, and budgetary compliance. During her time at Deloitte, she has served federal health clients, including Centers for Disease Control and Prevention and Centers for Medicare and Medicaid, to improve program evaluation and data management practices,

training, and health informatics interoperability. Ms. Harris graduated from University of North Carolina at Chapel Hill with an M.P.H. nutrition with a concentration in global health and a R.D. credential.



Lieutenant Colonel Jennifer B. Harward, MS, RD

United States Air Force

Planning Committee Member & Invited Speaker

Lt Col Jennifer Harward is the Deputy Chief, Air Force Health Promotion with the Air Force Medical Support Agency located at the Defense Health Headquarters in Falls Church, Virginia. She supports the Surgeon General of the Air Force in advancing Air Force Health Promotion policies, with particular focus on tobacco, physical activity, nutrition, and sleep health. Lt Col Harward is responsible for developing strategic guidance and implementing evidence-based programs for Air Force Health Promotion for 76 Military Treatment Facilities servicing 2.6 million beneficiaries. Lt Col Harward earned a B.S. in Dietetics from Michigan State University in 2000. After graduation, she entered the US Air Force in 2003 as a direct accession and commissioned as a Second Lieutenant. She has held a variety of positions including joint medical operations in Europe and has deployed in support of Operation Enduring Freedom. In 2010, Lt Col Harward received her M.S. in international health from Trident International University.



Karen Hawkins, MA, RDN

Office of the Secretary of Defense

Invited Speaker

Karen Hawkins is a registered dietitian in the Office of Military Family Readiness Policy, Military Community and Family Policy. In this position, she led the Healthy Base Initiative Food Team and the DOD Food and Nutrition Subcommittee for three years. She currently co-chairs the Military Nutrition Environment Working Group addressing the food environment in the DOD community. Ms. Hawkins worked as the first corporate level dietitian with the Defense Commissary Agency for five years. She also worked in state and community level public health in Virginia for 10 years. She retired as a Lieutenant Colonel from the Army Reserve in July 2017. She received her R.D.N. at Georgia Southern University, with a dietetic internship at Brooke Army Medical Center, in San Antonio, TX and an M.A. in education and human development from the George Washington University.



Jay Heaney, MA

Naval Health Research Center

Invited Speaker

Jay Heaney has been employed as a Research Physiologist at the Naval Health Research Center (NHRC) since November 1988 and is currently the Deputy for the Warfighter Performance Department. His general area of research includes all aspects of Human Performance with a primary interest in Body Composition and Thermal Physiology. Mr. Heaney serves as the Subject Matter Expert supporting the research tasking for the 21st Century Sailor Office, Physical Readiness Program. In that capacity, Mr. Heaney provides Body Composition Assessment and Physical Readiness Test guidance that is incorporated into the Navy's Physical Readiness Program. Mr. Heaney also is a member of the Department of Defense Physical Fitness Body Composition Working Group.



Jeff Hild, JD

The George Washington University

Planning Committee Member

Jeff Hild is the policy director at the Sumner M. Redstone Global Center for Prevention and Wellness at the Milken Institute School of Public Health. He works with local, national, and global partners to develop, promote and advance policies to prevent and treat obesity and build healthy and resilient communities. Prior to joining the Redstone Center, Jeff served at the U.S. Department of Health and Human Services (HHS) as chief of staff for the Administration for Children and Families (ACF) where he was responsible for the day-to-day management of the agency. His work there included finalizing regulations for Head Start, Child Care, Child Support and other key human services programs. He also led the agency's work related to the water crisis in Flint, Michigan and the Zika virus, and coordinated ACF's work on White House priorities, including human trafficking, Affordable Care Act enrollment and outreach, and the Unaccompanied Children's program. Before joining HHS, Jeff worked in Congress for eight years. He was Legislative Director for Texas Congressman Beto O'Rourke, where he managed the legislative office, with a focus on improving Veterans Administration health care delivery and issues impacting the U.S./Mexico border. Prior to that, Jeff was Legislative Director & Counsel for California Congressman Pete Stark, the Chair/Ranking Member of the Ways & Means Health Subcommittee. He managed Stark's legislative agenda, with a focus on poverty, child welfare, health, the environment, and Social Security. He received his B.A. from St. Mary's College of Maryland and J.D. from the University of Baltimore his School of Law.



Bruce H. Jones, MD, MPH

United States Army Public Health Center

Invited Speaker

Dr. Bruce H. Jones is a physician epidemiologist who has studied the interrelationships of physical training, fitness and injuries in military populations for over 30 years. He began his career as an Army General Medical Officer, at Ft. Jackson, SC in 1977. In 1980 he joined the staff of the U.S. Army Research Institute of Environmental Medicine in Natick, MA where he was the Occupation Medicine Division Chief. In 1994 he transitioned to the Army Center for Health Promotion and Preventive Medicine where he became the Director of Epidemiology and Disease Surveillance. He served 21 years on active duty and retired as a Colonel in 1998. He subsequently joined the staff of the Centers for Disease Control and Prevention where he managed the Motor Vehicle Injury Prevention Program. He returned to the Army as a civilian and is currently the Injury Prevention Division Chief at the Army Public Health Center, APG, MD. He has served as chair or deputy chairman of several DOD work groups including the DOD Injury Surveillance and Prevention Work Group, the Armed Forces Epidemiologic Board Injury Prevention Work Group, and the Military Training Task Force. Under Dr. Jones's editorship, the work groups published respectively, the Atlas of Injuries in the U.S. Armed Forces (Milit Med, 1999), Injuries in the U.S. Armed Forces (Am J Prev Med, 2000) and A Public Health Approach to Injury Prevention: the U.S. Military Experience (Am J Prev Med, 2010). Dr. Jones is an author of over 150 peer-reviewed publications.



Marian Levy, DrPH, RD, FAND

University of Memphis

Invited Speaker

Dr. Marian Levy is Professor and Associate Dean of the School of Public Health at the University of Memphis. Dr. Levy received her doctorate in public health from UCLA. A Registered Dietitian and Fellow of the Academy of Nutrition and Dietetics, she has spearheaded numerous initiatives to promote health equity, provide environmental support for healthy lifestyles, and enhance eco-responsibility. Since 2005, she has served on NIH special emphasis review panels for the National Institute for Minority Health. She received the Ruby R. Wharton Outstanding Woman Award for Race Relations and has been recognized with teaching awards from the University of Memphis and the Academy of Nutrition and Dietetics. Dr. Levy has held several leadership posts, including President of the Tennessee Public Health Association. She served on the Board of Editors of the Journal of the Academy of Nutrition and Dietetics (2013-2016) and currently serves on the Governing Council of the American Public Health Association. In 2017 she received the Doris Spain Distinguished Service Award from the Tennessee Public Health Association in recognition of her contributions to the Association over a period of several years.



Lieutenant Colonel (ret) Tammy J. Lindberg, MS, RDN, LD, FAND

Headquarters Air Force Medical Operations Agency

Invited Speaker

Lt Col (ret) Tammy L. Lindberg is a Nutrition Program Manager at the Headquarters Air Force Medical Operations Agency. She obtained a bachelor's degree in nutrition from Washington State University in Pullman, Washington. Her dietetic internship was completed at Georgia Baptist Medical Center in Atlanta, GA. She has a master's degree in resource management and nutrition. She followed after her father, a C-123 pilot in Viet Nam, into the United States Air Force. Lt Col Lindberg's assignments included Clinical Dietitian at Wilford Hall, Lackland AFB, TX, Chief Clinical Dietitian at Clark Air Base Republic of the Philippines, Research Dietitian, Armstrong Lab, Brooks AFB, TX, Health Promotion Manager Davis-Monthan, AZ and Ramstein AB Germany, Chief Biotechnology, Air Force Research Lab, Wright-Patterson, OH, and Chief Food Service Operations, Lackland AFB, TX. She retired after serving 22 years as Lieutenant Colonel. Lt Col Lindberg joined the State of Texas for four years as Clinical Dietitian/Food Service and Housekeeping Manager at the Texas Center for Infectious Disease, specializing in the treatment of most difficult tuberculosis cases. She returned to the Air Force as a civilian working at Lackland's Performance Nutrition Team for the Basic Trainees before moving to the Nutrition Subject Matter Expert (SME) for HQ Air Force Medical Operations Agency (AFMOA) Health Promotion. Lt Col Lindberg has 32 years of experience as a Registered Dietitian.



Lisel Loy, JD

Bipartisan Policy Center

Planning Committee Member & Roundtable Member

Lisel Loy currently serves as the vice president for programs at the Bipartisan Policy Center, where she leads the planning and execution of an integrated portfolio of BPC's program work. Loy also oversees the Prevention Initiative, part of the integrated BPC Health Program, which seeks to reduce obesity and chronic disease, and their associated health care costs. Loy has 25 years of experience in law, public policy, and government. In 2001, Loy helped establish the Bipartisan Policy Center's first project, the National Commission on Energy Policy (NCEP), and served as the Commission's deputy director from 2002-2006. Prior to that, she was assistant to the president and staff secretary to President Clinton, where she was responsible for overseeing the flow of all information to and from the Oval Office. She was special counsel to the deputy secretary at the Department of the Interior from 1997-1999, where she worked on a variety of issues including water, salmon, dams, and Indian treaty rights. From 1995-1997, she was a staff attorney in the clinical program at the Georgetown University Law Center, where she represented individuals, nonprofit groups, and the Mattaponi Indian tribe in a range of environmental and civil rights claims. She began her career working for a conservation group on nutrition education, land use and community gardens in New York City. She is admitted to the Bar in Washington, DC and New York. She received her B.A. from Yale University and her J.D. from Stanford Law School.



Bernadette Marriott, PhD

Medical University of South Carolina

Planning Committee Chair & Invited Speaker

Dr. Bernadette Marriott holds the positions of Professor, Division of Gastroenterology and Hepatology, Department of Medicine and, Military Division, Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina. Dr. Marriott has 40 years of experience in the fields of nutrition, psychology, and comparative medicine with expertise in diet, nutrition, and chronic disease. Dr. Marriott has worked in scientific settings in the federal government, universities, and foundations. Former positions include founding Director of the Office of Dietary Supplements, NIH, Associate Director, Food and Nutrition Board, the National Academies, Vice President, Research Triangle Institute International, and Research Vice Provost and Graduate Dean, Northern Arizona University. Her research has focused on clinical trials and nutritional epidemiology studies involving diet and health. She is currently leading or has recently led research projects funded by the Army, DoD, NIH, USDA, industry, and foundations. Ongoing and recent research has assessed the impact of fatty acid supplementation on cognitive performance under stress among military personnel and fatty acid supplementation on measures of mental health among Veterans and nonveterans at risk of suicide. She has published extensively, has been on a number of national committees, and university and non-profit scientific advisory boards, and is a frequent speaker on diet, dietary supplements, and health. Dr. Marriott is currently a member of the Food and Nutrition Board of the National Academies of Sciences, Engineering, and Medicine and was elected a Fellow of the American Society for Nutrition in 2016. She has a B.Sc. in biology/immunology from Bucknell University, a Ph.D. in psychology from King's College, University of Aberdeen, Scotland, and postgraduate training in trace mineral nutrition, comparative medicine, and advanced statistics.



Captain Patricia K. McCafferty

United States Navy

Invited Speaker

Captain Patricia Kennedy McCafferty is the Commanding Officer of the Expeditionary Medical Facility in Bethesda, MD. She graduated from Montclair State University in 1984, with a Bachelor of Science degree in nutrition. She earned a Master of Science degree in nutrition from New York University in 1987. After completing a six month internship she received her Registered Dietitian status in 1987. In 1992 she was commissioned in the United States Navy and was assigned to Naval Hospital Great Lakes, Illinois. While in Great Lakes she served as The Clinical Dietitian and became the Assistant Food Service Director. In 1994, she promoted to Lieutenant and was transferred to Roosevelt Roads, Puerto Rico as the Department Head of Clinical Nutrition and Department Head of Food and Nutrition Services. During this tour she earned two Navy Commendation Medals for her work during 2 hurricanes. In 1998, CAPT

McCafferty affiliated with the Navy Reserves and was attached to Operational Health Support Unit Portsmouth, Detachment Groton, CT. In 2003, CAPT McCafferty was recalled to active duty and assigned to Portsmouth Naval Hospital, Portsmouth, Virginia as special project manager on cost analysis for Navy Dietitians. CAPT McCafferty served as the Officer-in-Charge from 2005-2007, DET D Groton CT as well as Director of Manpower for OHSU Portsmouth from 2007-2009 and served as Officer-in-Charge of Headquarters OHSU Portsmouth from 2009-2012. Additionally in 2009 she completed Patient Admin School with a 6 month experience in Portsmouth. Her last tour at OHSU Portsmouth was Director of Training from 2012-2013. CAPT McCafferty served as Officer-in-Charge of IRT Alabama Black Belt in 2012 and in 2013 served as the Food Service Director for COLPRO. CAPT McCafferty served as Operations Officer for Navy Medicine East under Rear Admiral Alvarado completing the TAH-Mission Standard Operating Procedure manual for use in Navy Medicine. CAPT McCafferty also served a two year term on ECOMS, completed JPME and AJPME and served a three year collateral duty as Clinical Specialty Leader of Medical Service Corps and is currently serving as SL Clinical Dietetics. She served as Assistant to the Deputy Navy Medicine East Region as Special Project Officer and served as interim Deputy East Region May thru July 2014. CAPT McCafferty served as Executive Officer Operational Health Support Unit, Jacksonville Florida from 2013-2015, Senior Medical Service Corps Officer and Director for Administration EMF Bethesda from 2015-2017, and is now serving as Commanding Officer EMF, Bethesda. CAPT McCafferty's awards and decorations include Meritorious Service Medal (two awards), Navy Commendation Medal (four awards), Navy Achievement Medal (three awards) and Navy Meritorious Unit Commendation Medal (two awards). CAPT McCafferty is a practicing Registered Dietitian specializing in long term care and currently works for Care One as well as administrator and comptroller for Ocean County Endodontics. She is a member of American Dietetic Association, American Diabetes Association, and American Healthcare Association.



Brian J. McGuire, MS, ATC, CSCS

United States Marine Corps

Invited Speaker

Brian J. McGuire is the Deputy Director of the Force Fitness Division at the Training and Education Command in Quantico, VA. Mr. Brian J. McGuire was raised in Dover, DE. He graduated from Salisbury University in Salisbury, MD with a bachelor's degree in physical education in 1985. In 2001, he earned a master's degree in exercise science from Georgia State University in Atlanta, GA. He has earned certifications from the American College of Sports Medicine, National Strength and Conditioning Association and National Athletic Trainers Association. He was commissioned a Second Lieutenant in the Marine Corps Reserve in 1985. Following commissioning and The Basic School, he completed training and operational assignments in Texas, Okinawa, Korea, the Philippines and Arizona. In 1987-88, he also deployed to support Operation Earnest Will in the Persian Gulf as part of Det 2, 24th Marine Amphibious Unit. In April 1989, he transferred to 2d Light Anti-Aircraft Missile Bn in Yuma, AZ where he served as

Battery Executive Officer until leaving Active Duty in 1990. Mr. McGuire then moved to Atlanta, GA in 1991 and joined 4th Low Altitude Air Defense Battalion. With 4th LAAD he served as Platoon Commander from 1991-1993 and Battery Commander of Battery B from 1993-1997. From 1997-2001, he served with Marine Air Control Group-48 and Marine Aircraft Group-42. In 1993, he was a competitor on the USA Military Pentathlon Team where he was a member of the Bronze Medal winning team in international competition. In June 2001, he joined Training and Education Command (TECOM) at Quantico and began work on various programs related to physical readiness and was mobilized in December 2001. From September 2005-September 2006, he served in Iraq in support of Operation Iraqi Freedom. Other reserve assignments included postings with Office of the Secretary of Defense and the Joint Staff at the Pentagon. Mr. McGuire has held a number of positions in the Sports Medicine and Strength and Conditioning field. From 1993-1997, he worked in the Emory Clinic Department of Orthopedics in Atlanta, GA and from 1997-2001, he served as the Head Athletic Trainer at Emory University. During the 1996 Olympic Games in Atlanta, he served as Chief Athletic Trainer for Rowing and Canoe/Kayak (Sprint). In 2005 and from 2007-2012, he worked as an augment Athletic Trainer/Strength Coach for the Indianapolis Colts during summer training camps. He has also been the Lead Athletic Trainer for the National Football League (NFL) Scouting Combine since 2008. He also works for the NFL on game days as an Athletic Trainer Injury Spotter. He retired as a Colonel from the Marine Corps Reserve in January 2016. His military decorations include the Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, along with various unit and campaign awards. Mr. McGuire is employed as a civil servant by TECOM as Deputy Director, Force Fitness Division. He was the lead for development and implementation of the USMC Sports Medicine and Injury Prevention program, Combat Fitness Test and MOS Specific Physical Standards. He manages other policies and programs related to general and occupational fitness testing, sports medicine/injury prevention and coordinates associated research. In 2017, he received the Department of the Navy Superior Civilian Service Award.



Elizabeth Moylan, MPH, RD, CSSD

Uniformed Services University

Invited Speaker

Beth Moylan is the Director of Performance Nutrition for the Consortium for Health and Military Performance (CHAMP), a DoD Center of Excellence at Uniformed Services University in Bethesda, MD. She completed her Master's degree in Public Health at George Washington University, and holds certifications as a registered dietitian (RD), Specialist in Sports Dietetics (CSSD).

She has completed training in culinary skills, functional medicine and multiple integrative approaches including study at Bastyr University in Washington, and certifications as a Health Coach and Yoga Teacher (ERYT-200). In her almost 20-year career, she has worked in both the civilian sector and military sector. Her experience includes working as a Research Dietitian for National Institutes of Health, Program Manager for the National Kidney Foundation and as Independent Consultant on nutrition research and educational programs to Georgetown University, Kaiser Permanente, AED, and corporate wellness entities. Her commitment to

integrative and novel nutrition programming led her to work at Walter Reed's National Intrepid Center of Excellence, where she developed a holistic nutrition assessment and program for Military Service Members (MSM) being treated for PTSD and TBI. Presently, as Director of Performance Nutrition at CHAMP, she manages multiple projects, to include Go for Green® and coordinates the efforts of CHAMP's nutrition team, as it serves the military through education, policy, programs and research. She is passionate about nutrition as a means to improve performance, resilience and health of our Military Service Members.



Esther Myers, PhD, RDN, FAND

EF Myers Consulting

Planning Committee Member & Invited Speaker

Dr. Esther Myers is the CEO of EF Myers Consulting, Inc., which was formed in 2009. Her consulting focuses collaborative initiatives in international practice-based research and dissemination of evidence analysis principles, Nutrition Care Process and Model (NCPM), and Nutrition Care Process Terminology (NCPT) using quality improvement and change management concepts. Dr. Myers held the position of Chief Science Officer for the Academy of Nutrition and Dietetics from 2000 to July 2012. She focused her efforts on research activities needed for the dietetics profession. Myers was also instrumental in providing support to the U.S. Department of Agriculture for the formation of the Nutritional Evidence Library (NEL) which supported the 2010 and 2015 U.S. Dietary Guidelines. In 2000, Myers completed her 25 year Air Force career which culminated in serving as Chief Consultant to USAF Surgeon General. During her Air Force career she was an advocate for the role of dietitians in health promotion and the use of quality improvement methodology. Esther received a Ph.D. in human ecology from Kansas State University, an M.S. degree in human nutrition and food management from the Ohio State University, dietetic internship from the United States Air Force, and undergraduate degree from North Dakota State University.



Major Tamara E. Osgood, MS, RD, LD

United States Army Public Health Center

Invited Speaker

MAJ Osgood is a Registered Dietitian and is currently the Division Manager of Health Education and Application at the U.S. Army Public Health Center. She recently completed a Department of Defense Fellowship within the Obesity Branch at the Centers for Disease Control and Prevention with focus on public health and healthy eating environments. She has over 13 years of experience as an RD including positions as: clinical/oncology dietitian, Critical Care Burn dietitian, Director of Nutrition Care Division at two separate Army Community Hospitals, a 15 Month Deployment to Iraq, and the Executive Fellow to the Army Medical Specialist Corps Chief. Prior to commissioning as an officer MAJ Osgood spent 4.5 years in the Enlisted Ranks as an Army Intelligence Collector / Morse code Interceptor. She has over 20 years in the Military. Her Military awards include the Bronze Star,

Two Meritorious Service Metals, The Order of Medical Military Merit, and the AMEDD Iron Major award. She holds an M.S. in nutrition from the University of Alabama and a B.S. in nutrition from Georgia State University, graduating both Summa Cum Laude. Her deployed medical experiences were published along with 3 fellow military RDs in October 2014, in the peer reviewed journal, Nutrition in Clinical Practice.



Bill Purcell, JD
Chair, Roundtable on Obesity Solutions

Bill Purcell is an attorney in Nashville, Tennessee and an adjunct Professor of Public Policy at Vanderbilt University. While serving as Mayor of Nashville (1999 to 2007), his accomplishments as a civic leader earned him Public Official Of the Year honors in 2006 from Governing Magazine. Elected to five terms in the Tennessee House he held the positions of Majority Leader and Chair of the Select Committee on Children and Youth. After retiring from the General Assembly, Mr. Purcell founded and became Director of the Child and Family Policy Center at the Vanderbilt Institute of Public Policy Studies. From 2008 to 2010 he served as Director of the Institute of Politics at the Harvard Kennedy School of Government. He was then appointed Special Advisor and co-Chair of the Work Team for Allston in the Office of the President at Harvard University. He previously served in various capacities on the National Academies of Sciences, Engineering and Medicine's obesity-related committees including the Committee on an Evidence Framework for Obesity Prevention Decision Making (member), Vice Chair of the Committee on Accelerating Progress in Obesity Prevention, and as a member of the Standing Committee on Childhood Obesity Prevention. He graduated from Hamilton College and Vanderbilt University School of Law.



Susan D. Raffa, PhD
Veterans Health Administration
Invited Speaker

Dr. Raffa is the National Program Director for Weight Management for the Veterans Health Administration (VHA). In this role she provides clinical and administrative guidance and oversight for the Department of Veterans Affairs (VA) MOVE![®] Weight Management Program for Veterans, a behavioral weight management intervention available to Veterans receiving care at every VA medical facility. She also leads other weight-management initiatives and research collaborations for VHA's National Center for Health Promotion and Disease Prevention (NCP). In 2016 Dr. Raffa co-chaired a *State of the Art Conference on Weight Management in VHA* sponsored by the Department of Veterans Affairs Health Services Research and Development Office. She is Assistant Consulting Professor in the Department of Psychiatry and Behavioral Sciences, Division of Behavioral Medicine, at Duke University School of Medicine and serves as co-chair of the Committee on Science and Practice for Division 12 of the American Psychological Association. Prior to joining NCP in 2014, Dr. Raffa served as Evidence-Based Psychotherapy

Program Manager for VHA's Mental Health Services, overseeing development and implementation of more than a dozen national evidence-based psychotherapy training programs. She previously served as Associate Chief of Mental Health and Behavioral Sciences Service at Providence (RI) VA Medical Center, and was Clinical Assistant Professor of Psychiatry and Human Behavior at Alpert Medical School of Brown University. Dr. Raffa received a B.A. in psychology from Boston College and a Ph.D. in clinical psychology from Boston University. She completed a pre-doctoral internship and post-doctoral fellowship at Alpert Medical School of Brown University in behavioral medicine and adult clinical research, respectively.



Major Kayla O. Ramotar, MS, RDN, CSSD, CSCS

United States Army

Invited Speaker

Major Kayla O. Ramotar is the Command Dietitian & Army Holistic Health & Fitness Action Officer at the United States Army Training & Doctrine Command. Born in Montour Falls, NY, MAJ Ramotar was commissioned as a First Lieutenant in January 2008. She received a Bachelor of Science degree in nutritional science from Cornell University in Ithaca, NY in 2004, and a Master of Science degree in nutrition and dietetics, clinical nutrition from New York University in 2006. She holds a Registered Dietitian Nutritionist (RDN) and Certified Specialist in Sports Dietetics (CSSD) certification from the Commission on Dietetic Registration (CDR), and a Certified Strength and Conditioning Specialist (CSCS) certification from the National Strength and Conditioning Association (NSCA). Her military education includes: Army Medical Department Officer Basic Course, Combat Life Savers Course, Joint Field Nutrition Operations Course, Supervisor Development Course, Army Medical Department Captain's Career Course, Instructor Training Course, Small Group Instructor Training Course, Cadre Training Course, Joint Advanced Nutrition & Dietetics Course, and the Foundations of Training Developer Course. MAJ Ramotar currently serves as the Senior TRADOC Dietitian at the Center for Initial Military Training (CIMT), Joint Base Langley-Eustis – Fort Eustis, VA since May 2016. Prior to this assignment, she served as the Program Director for the Nutrition & Diet Therapy Branch, Army Medical Department Center & School (AMEDD C&S), Health Readiness Center of Excellence (HRCoE), Joint Base San Antonio – Fort Sam Houston, TX (2013-2016). From 2011-2013, MAJ Ramotar served as the Chief, Clinical Nutrition Branch and Assistant Chief, Nutrition Care Division, Evans Army Community Hospital (EACH), Fort Carson, CO. MAJ Ramotar also served as a Staff Dietitian, Brooke Army Medical Center (BAMC), Fort Sam Houston, TX (2008-2011). During this time, MAJ Ramotar deployed in support of Operations Iraqi Freedom (OIF) as the Chief, Nutrition Care Division, A Company, 28th Combat Support Hospital (CSH), Fort Bragg, NC (2009-2010). MAJ Ramotar's awards/decorations include: Meritorious Service Medal with two oak leaf clusters, Army Commendation Medal with two oak leaf clusters, Army Achievement Medal with two oak leaf clusters, Meritorious Unit Citation, National Defense Service Medal, Iraq Campaign Medal with two campaign stars, Global War on Terrorism Service Medal, Army Service Ribbon, and Army Overseas Service Ribbon.



Donna Ryan, MD

Pennington Biomedical Research Center (Emerita)

Planning Committee Member

Dr. Donna Ryan is Professor Emerita at LSU's Pennington Biomedical Research Center. Dr. Ryan is a world-renowned obesity researcher and from 1988-2012 she served as an associate professor, professor and as then associate executive director for clinical research at Pennington Biomedical. She currently serves as president-elect of the World Obesity Federation and associate editor in chief of the scientific journal Obesity. She is a recognized consultant and advisor on the topic of obesity and chronic disease. Dr. Ryan was instrumental in a number of landmark nutrition, diabetes, weight loss and military health research studies. She has been an author on more than 225 original publications and nearly 50 scholarly chapters and reviews. Dr. Ryan received her M.D. from Louisiana State University School of Medicine in New Orleans.



James W. Sherrard, MS, RD, CHPD, CHES, TTS

United States Naval Hospital, Pensacola

Invited Speaker

James W. Sherrard is Department Head and Regional Director for Health Promotion and Wellness Department, Naval Hospital Pensacola, supervising and managing a team of 17 (combined) military, civil service and contract personnel, managing Naval Hospital Pensacola's Health Promotion and Wellness Program (HPW), Medical Home Port Tertiary Preventive Strategy Program (MHP TPS), as well as individual medical readiness programming, trending and reporting. A thirty year veteran (United States Air Force), Registered Dietitian, Certified Health Education Specialist, Health Promotion Director and Tobacco Treatment Specialist. An instructor at the University of West Florida, School of Professional Studies, College of Public Health, teaching upper-level nursing school curriculum courses, functional and cellular-level nutrition and disease prevention. A guest speaker/presenter both within the continental United States and abroad (Italy, Japan and Spain). Mr. Sherrard is also a certified trainer for the American Cancer Society's FreshStart Program, the Navy's ShipShape Weight Management Program and a health education specialist consultant for 10 Navy Branch Health Clinics in 5 states. Mr. Sherrard received his Bachelor of Science Degree (emphasis on Human Nutrition and Performance) from the University of Alabama, his Master of Science Degree (Health Education and Distance Learning) from the University of West Florida and is currently working on his Doctorate of Education. Mr. Sherrard has a combined active duty, civil service career of 31 years of service. He currently successfully manages the health promotion and wellness and deployment activities for Naval Hospital Pensacola.



Tracey Smith, PhD, RD

United States Army Research Institute of Environmental Medicine

Invited Speaker

Dr. Tracey Smith is a nutrition scientist in the Military Nutrition Division at the U.S. Army Research Institute of Environmental Medicine (USARIEM, Natick, MA). Dr. Smith completed a bachelor's degree in nutritional sciences at the University of Connecticut (2000), a master's degree in nutrition at Framingham State College (2002) and doctoral degree from the School of Health Related Professions at Rutgers University (2011). She is a Registered Dietitian and is a certified Exercise PhysiologistSM (American College of Sports Medicine). Dr. Smith began as a research dietitian in USARIEM's Military Nutrition Division (2002) and has been a principal investigator since 2010. Dr. Smith's research focuses on nutrition interventions to support immune recovery, macronutrient metabolism and the risk factors and consequences of overweight and obesity in military personnel. Dr. Smith is a member of the Academy of Nutrition and Dietetics and the American Society of Nutrition and is a reviewer for various peer-reviewed journals.



Margery J. Tamas, HBSE, MPH

Institute for Medical and Nursing Education

Invited Speaker

Ms. Margery J. Tamas is an Editorial Manager at the Institute for Medical and Nursing Education in Atlanta, Georgia, a subsidiary company of the Nucleus Group (London). She received her master's degree in public health with a concentration in epidemiology from the School of Public Health at Georgia State University in Atlanta, Georgia in 2016. Her thesis research and subsequent analyses were performed as a Research Associate at the Atlanta VA Medical Center under the supervision of Lawrence S. Phillips, MD, FACC, FACP, FASNC, Professor of Medicine at Emory University School of Medicine, Department of Medicine, Division of Endocrinology and Metabolism, Atlanta, Georgia, and Atlanta VA Medical Center, Decatur, Georgia, and Richard B. Rothenberg, MD, MPH, FACP, Regents' Professor and Associate Dean for Faculty Development and Research, Georgia State University, School of Public Health and Professor of Medicine Emeritus, Emory University School of Medicine. Ms. Tamas previously received an honors bachelor of science in engineering with a concentration in biomedical engineering from Marquette University in Milwaukee, Wisconsin, in 1981. Her primary job responsibilities include the development of needs assessments, grant proposals, and editorial content for certified continuing education activities for healthcare professionals in chronic and infectious disease. She also developed a statistical educational outcomes methodology for analyzing pretest and posttest data from these educational activities. Previously, she helped develop, produce, and was rapporteur for the International Society for Influenza and other Respiratory Virus Diseases (isriv) Surveillance

Symposium held March 2009 in Seville, Spain. Ms. Tamas has presented highlights of her master's thesis research in a late-breaking abstract at the American Diabetes Association (ADA) 76th Scientific Sessions in 2016, and previously presented abstracts based on educational outcomes research at the ADA 73rd Scientific Sessions in 2013. She has also authored, coauthored, or written the manuscripts for several peer-reviewed journal articles and supplements. Ms. Tamas is a member of the public health honor society Delta Omega and the engineering honor society Tau Beta Pi. She is a professional member of the ADA and a member of the Institute for Electrical and Electronic Engineers (IEEE), and is a past chair of the Engineering in Medicine and Biology chapter, IEEE Atlanta Section (1988-1991).



Anne Utech, PhD, RDN, LD

United States Department of Veterans Affairs

Planning Committee Member & Invited Speaker

Dr. Anne Utech has been the Acting National Director of Nutrition & Food Service at the Department of Veterans Affairs since April 2016. Dr. Utech is also an Assistant Professor at Baylor College of Medicine in Houston, Texas, and has worked at the VA since 2003. In the VA, she has been a Clinical Dietitian, a Health Promotion & Disease Prevention Program Manager, and the Deputy National Director Nutrition & Food Services. She graduated from Michigan State University with dual degrees in Nutritional Sciences and Dietetics, with a Specialization in Health Promotion & Disease Prevention. She completed her internship at the Michael E. DeBakey VA Medical Center in Houston, Texas. She earned her M.S. and Ph.D. in nutrition at Texas Woman's University.



CPT Andy T. Vu, DDS

United States Department of Defense

Invited Speaker

Captain Andy Vu is the deputy director of the Office of Joint Force Fitness - Operation Live Well, which supports the Office of the Under Secretary of Defense for Personnel & Readiness in aligning policies and programs along the Total Force Fitness framework across the Department of Defense. CPT Vu understands that readiness is a priority for the Military Services, and that policies that shape the DoD food environment are critical for the health of the Force and our Nation's security. CPT Vu has championed deployment readiness initiatives to increase annual clinical productivity and exceed dental readiness standards at the Fort Jackson Dental Health Activity, the 62nd Medical Brigade, and Walter Reed National Military Medical Center. CPT Vu is an Army Master Fitness Trainer and is working towards obtaining his tactical strength and conditioning coach certification. CPT Vu holds a Doctorate in dental surgery from New York University and a Bachelor of Science in microbiology, immunology, and molecular genetics from the University of California, Los Angeles.



Sean Walsh, RD, CSC

National Healthy Teaching Kitchens

Invited Speaker

Sean Walsh is the co-lead of the National Healthy Teaching Kitchens. He spent several years in the Marine Corps infantry before he earned multiple university degrees, including a Bachelor of Science in food science from Central

Washington University. He then traveled to Reno, where he completed a medical internship and became fully accredited as a Registered Dietitian. Sean currently strives to better the lives of his fellow servicemen and women. Starting in weight management, Sean realized that until people learned to cook healthy, they couldn't truly become healthy. So, under the careful tutelage of Chef Joe Eidem, Sean became an American Culinary Federation Certified Sous Chef—only one of handful of RD's in the country to do both. Sean designed and began teaching a series of healthy, and beginning, cooking courses at the Reno VA. Sean is also co-chair of the national VA Healthy Teaching Kitchens Committee and now helps guide the adoption and implementation of healthy cooking courses at Veterans Administration Hospitals across the United States. Sean is currently working with the Nevada Air National Guard's local unit to help keep America's heroes in fit and fighting shape. "Making the foods that are good for us taste good" is a passion that drives Sean to spread the good word of cooking.