

The Current Understanding of Pre-Pregnancy Weight, Gestational Weight Gain, and the Impacts on Maternal and Child Health Among Women with Obesity: A Virtual Workshop (Webinar)

Speaker Biographies

Lisa Bodnar, PhD, MPH, RD

Lisa Bodnar is Vice-Chair for Research and Associate Professor of Epidemiology with tenure in the Department of Epidemiology at the University of Pittsburgh Graduate School of Public Health. She holds a secondary appointment in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of Pittsburgh. Dr. Bodnar's research addresses the impact of maternal nutrition on adverse perinatal health outcomes. She has established a track record of evaluating the roles of maternal obesity, gestational weight gain, and vitamin D deficiency on maternal and child health. She has contributed her experience to several national panels that set guidelines for nutrition during pregnancy, including the Institute of Medicine Committee to Reevaluate Pregnancy Weight Gain Guidelines. Dr. Bodnar received a PhD in nutrition from the University of North Carolina at Chapel Hill.



Anna Maria Siega-Riz, PhD

Anna Maria Siega-Riz is Professor and Associate Dean for Research at the University of Virginia (UVA) School of Nursing. Her research focuses on the first 1000 days of life by understanding the influence of maternal weight status and dietary patterns/behaviors in the etiology of adverse pregnancy outcomes, including but not limited to, gestational diabetes, pregnancy induced hypertension, pre-eclampsia, preterm birth and inadequate or excessive gestational weight gain. Dr. Siega-Riz received a BSPH from the University of North Carolina School of Public Health, a MS in food, nutrition & food service management from UNC Greensboro, and a PhD in nutrition with a minor in epidemiology from the University of North Carolina School of Public Health. She held the credentials of a registered dietitian from 1983-2014.

Dr. Jamie Stang, PhD, MPH, RDN

Jamie Stang is Associate Professor in the Division of Epidemiology and Community Health at the University of Minnesota School of Public Health. She also serves on the graduate faculties of Maternal and Child Health, Nutrition Science, and Pediatrics at the University of Minnesota. Dr. Stang is the Director of the Leadership Education and Training Program in Maternal and Child Health Nutrition and the Maternal and Child Health Center for Excellence; both of these training centers are funded by the Health Resources and Services Administration, Maternal and Child Health Bureau. Dr. Stang received a BS in community dietetics from the University of North Dakota, a MPH in public health nutrition from the University of North Carolina-Chapel Hill, and a PhD in nutrition from the University of Minnesota.



Naomi E. Stotland, MD

Naomi Stotland is Professor of Obstetrics, Gynecology, and Reproductive Sciences at the University of California, San Francisco. Dr. Stotland's clinical practice is at Zuckerberg San Francisco General Hospital. She is the Associate Director of Medical Student Education for OBGYN at UCSF. She has clinical and research interests in patient-centered obstetrical care, especially for low-income and underserved patients, and has a long history of inter-professional collaboration, especially with midwifery. Dr. Stotland received a BA in philosophy from Barnard College and a MD from the University of Chicago.