



*The National Academies of*  
**SCIENCES • ENGINEERING • MEDICINE**

**Current Status and Response to the Global Obesity Pandemic:  
A Workshop**

October 9, 2018

The National Academy of Sciences Building  
2101 Constitution Avenue, NW Washington, DC  
Lecture Room

8:30 AM **Welcome**

*Bill Purcell, Chair, Roundtable on Obesity Solutions*

**SESSION 1: State of Obesity Globally**

8:40 AM Moderator: *Christina Economos, Tufts University*

*Lindsay Jaacks, Harvard T.H. Chan School of Public Health*  
*Vasanti Malik, Harvard T.H. Chan School of Public Health*  
*Karlijn Meeks, Academic Medical Center, Netherlands*  
*Rachel Nugent, RTI International*

Session Discussion

10:15 AM **BREAK**

**SESSION 2: Global Obesity Treatment and Prevention Efforts**

10:40 AM Moderator: *James Sallis, University of California, San Diego*

*Olivia Barata Cavalcanti, World Obesity Federation*  
*Fiona Bull, World Health Organization (videoconference)*  
*Fabio da Silva Gomes, Pan American Health Organization/WHO*

Session Discussion

12:00 PM **LUNCH**

### SESSION 3: Complexity of the Global Approach to Managing the Obesity Epidemic

1:00 PM Moderator: *Rachel Nugent, RTI International*

*Simon Barquera, Mexican National Institute of Public Health*  
*Shiriki Kumanyika, Drexel University*  
*Harriet Kuhnlein, Emeritus, McGill University*

Session Discussion

2:30 PM **BREAK**

### SESSION 4: Next Steps

2:45 PM Moderator: *Bill Dietz, The George Washington University*

*James Sallis, University of California, San Diego*  
*Neena Prasad, Bloomberg Philanthropies*  
*Meera Shekar, The World Bank*  
*Bill Dietz, The George Washington University*

Session Discussion

4:00 PM **Workshop Adjourns**

Established in 2014, the Roundtable on Obesity Solutions engages leadership from multiple sectors to solve the obesity crisis. More than one third of adults and 17 percent of children and adolescents have obesity. Cautious estimates suggest that obesity now accounts for almost 10 percent of the national health care budget. Until the epidemic is reversed, obesity will continue to drive rates of chronic diseases and their associated medical costs. Through meetings, public workshops, background papers, and innovation collaboratives, the Roundtable fosters an ongoing dialogue on critical and emerging issues in obesity prevention, treatment, and weight maintenance. The Roundtable provides a trusted venue for enhancing and accelerating discussion, development, and implementation of multi-sector collaborations, and policy, environmental, and behavioral initiatives that will increase physical activity; reduce sedentary behavior; and improve the healthfulness of foods and beverages consumed to reduce the prevalence and adverse consequences of obesity and eliminate obesity-related health disparities.

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<http://nationalacademies.org/obesitysolutions>.