Committee to review the process to update the Dietary Guidelines for Americans

A discussion of the current process
The Dietary Guidelines is Congressionally mandated

• “At least every five years, the Secretaries [of USDA and HHS] shall publish a report entitled ‘Dietary Guidelines for Americans’”

• “Shall contain nutritional and dietary information and guidelines for the general public”

• “Shall be based on the preponderance of the scientific and medical knowledge which is current at the time the report is prepared”

• “Shall be promoted by each Federal agency in carrying out any Federal food, nutrition, or health program”

National Nutrition Monitoring and Related Research Act of 1990

HMD committee to review the process to update the Dietary Guidelines for Americans
October 17, 2016 – Discussion of current process
HMD Committee’s Charge

• To undertake an 18-month study to review and make recommendations on the entire process used to update the *Dietary Guidelines*.

  – Short report: On the process used to select the Dietary Guidelines Advisory Committee

  – Final report: On the process used by the Dietary Guidelines Advisory Committee to review current scientific and medical knowledge and the subsequent development of *the Dietary Guidelines* by USDA and HHS

HMD committee to review the process to update the Dietary Guidelines for Americans
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