

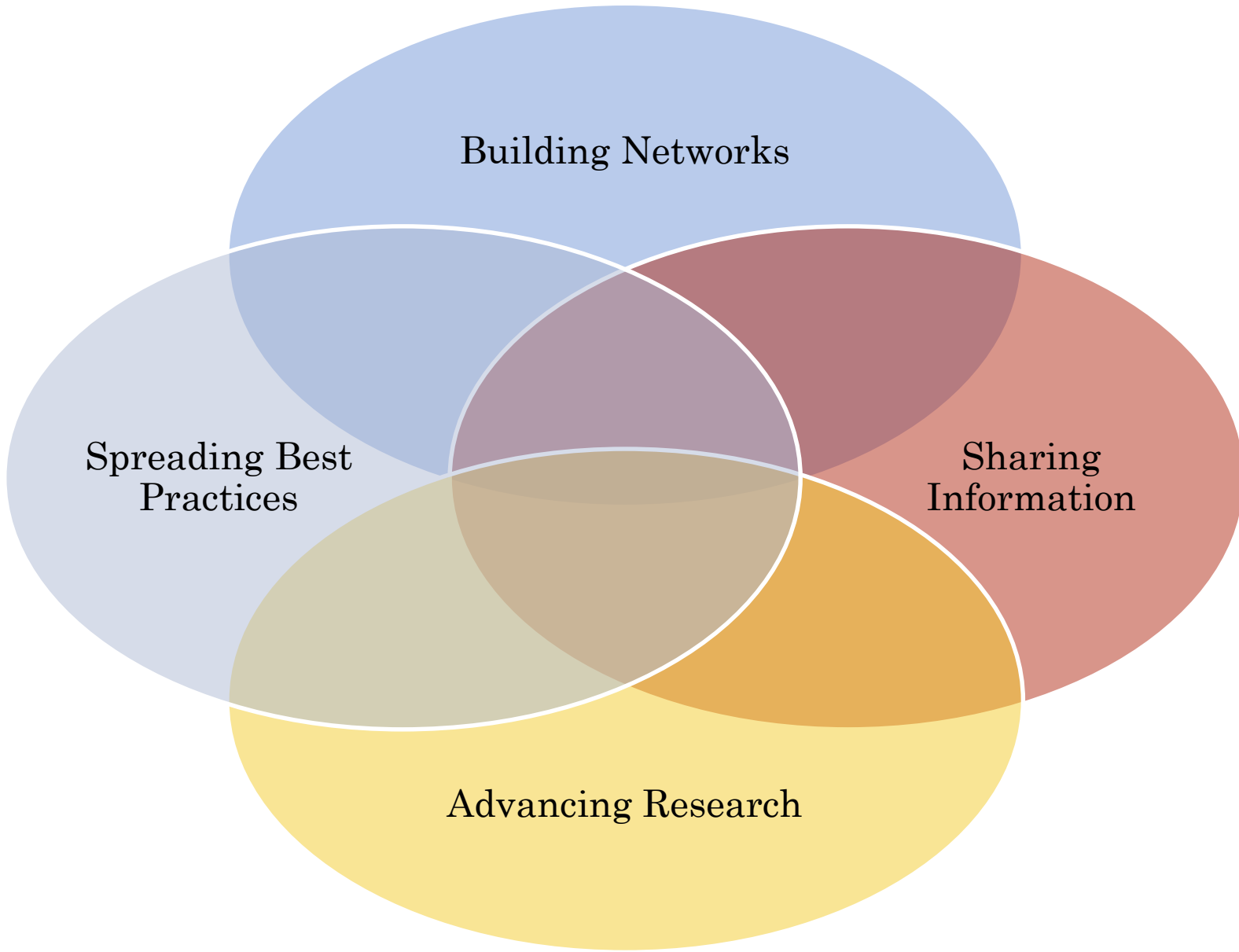


VIOLENCE INTERVENTION AND COLLABORATION

Presented by

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SOLUTIONS

We know the problems...now let's fix them.



HOSPITAL-BASED VIOLENCE INTERVENTION (HVIP)

To promote positive alternatives to
violence and to reduce

retaliation,

re-injury,

and arrest.



National Network of
Hospital-based **Violence Intervention Programs**



NETWORKING PARTNERS



- Communities
- Non-profits/
Community
Organizations
- Hospitals
- Police
- Social Services
- Universities
- National
Organizations



PARTNERSHIP GROUND RULES



- Shared goal: Stop Gun Violence
- Know your role(s)
 - Stay in your lane
- Learn from each other
- Build Trust



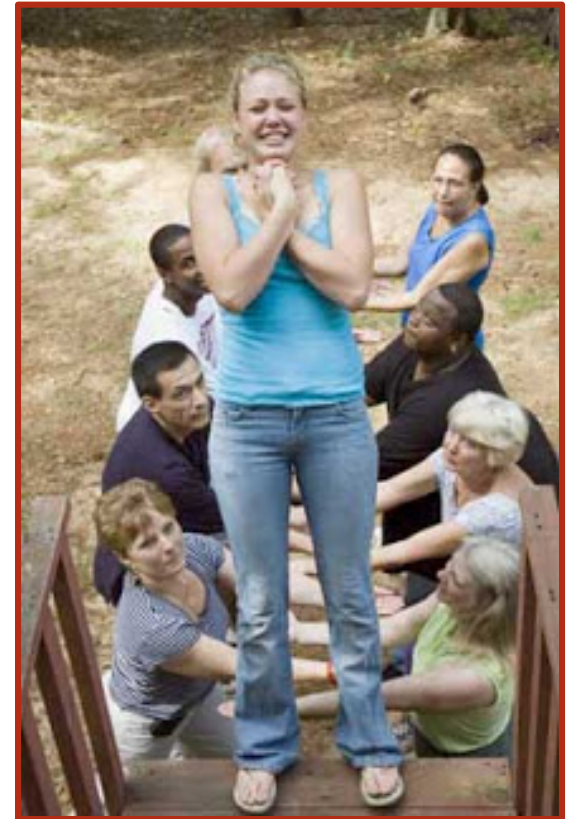
SYSTEMS COLLABORATION GOALS

- Reducing violence
- Reducing tension
- Improving community safety
- Expanding research
- Expanding reach



KEY ELEMENTS

- Partnership changes perception
- Trust encourages partnership



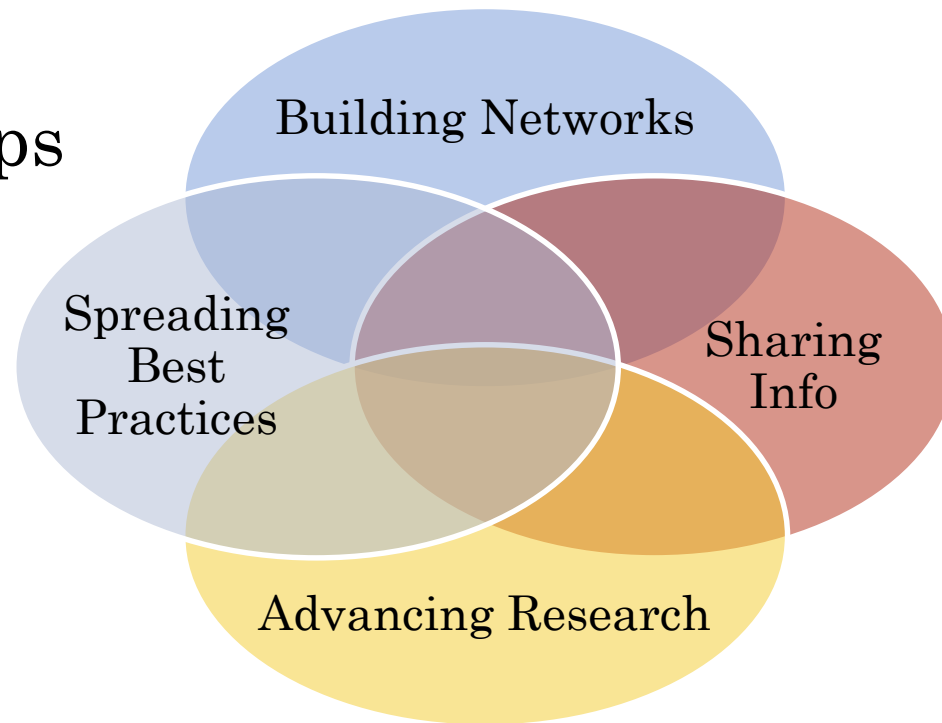
THINGS TO CONSIDER

- Barriers to working relationships between systems
- Advantages of working together in your community



SHARING INFORMATION

- Research
- Conferences
- Working groups
- Media





- Annual conference bringing together different systems/perspectives
 - Healing Justice Alliance
- Training, technical assistance, and research



BEST PRACTICES

- Violence as a public health issue
- HVIPs
- **Prevention Professionals**
 - Reflective of impacted communities
- Listening to communities
- Trauma informed care
 - Acceptable mental health services



PREVENTION PROFESSIONAL

The National Uniform Claims Committee officially recognized “Prevention Professional” as a new addition to the taxonomic code. It was formally placed on the website in January 2016.



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BEST PRACTICES

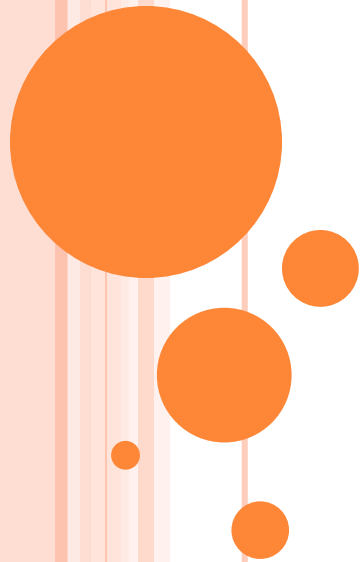
- Police relationships
 - Training
 - Making space for alternative interactions
- **Practice-based Evidence**
- Screening AND interventions
 - Screening and Tool for Awareness and Relief of Trauma (START)
- Making research applicable
 - Community based participatory research



BEST PRACTICES

- Police relationships
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- Screening AND interventions
 - **Screening and Tool for Awareness and Relief of Trauma (START)**





S.T.A.R.T.

Screening & **T**ool for **A**wareness & **R**elief of
Trauma

WHAT S.T.A.R.T. LOOKS LIKE

Universally applied:

- Six-question screening questionnaire (2-3 minutes)
- Brief psycho-education and a handout on common trauma symptoms (3-4 minutes)

Potentially applied, based on screening score:

- Structured discussion of sleep hygiene tips and patient selection of next steps (3-5 minutes)
- Short breathing/relaxation **or** hand massage/grounding exercise (2-4 minutes each)
- Patient creation of a personalized stress reduction (S.O.S.) plan (10-18 minutes)
- Referral to mental health assessment for PTSD



WHAT S.T.A.R.T. LOOKS LIKE

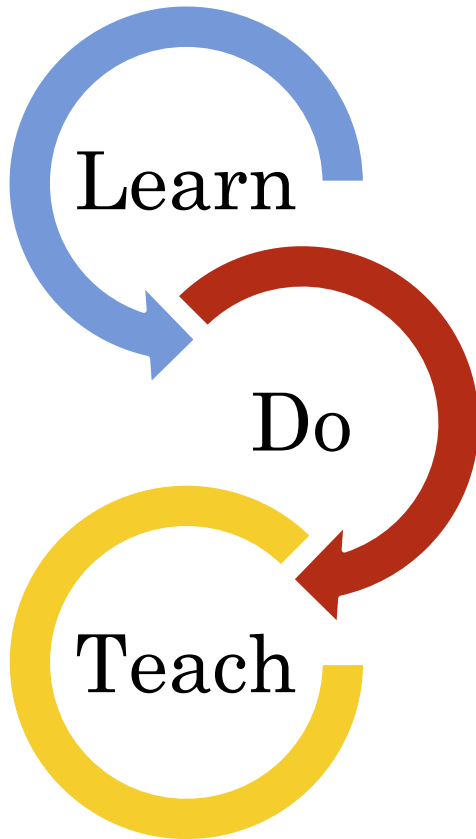
	0	Rarely 1-2/month 1	Some- times 3-4/month 1	Often More than once a week 1
1. In the past 30 days have you had trouble focusing on everyday tasks, like working, doing chores, running errands or reading?				
2. In the past 30 days, have you had problems falling asleep or staying asleep?				
3. In the past 30 days, have you had disturbing memories, thoughts, or nightmares about a current or past stressful experience?				
4. In the past 30 days, have you felt numb, or not connected to people, activities or your surroundings?				
5. In the past 30 days, have you felt more on guard, watchful or jumpy?				
6. In the last 30 days, have you tried hard not to think about a current or past stressful experience, or gone out of your way to avoid situations that reminded you of it?				

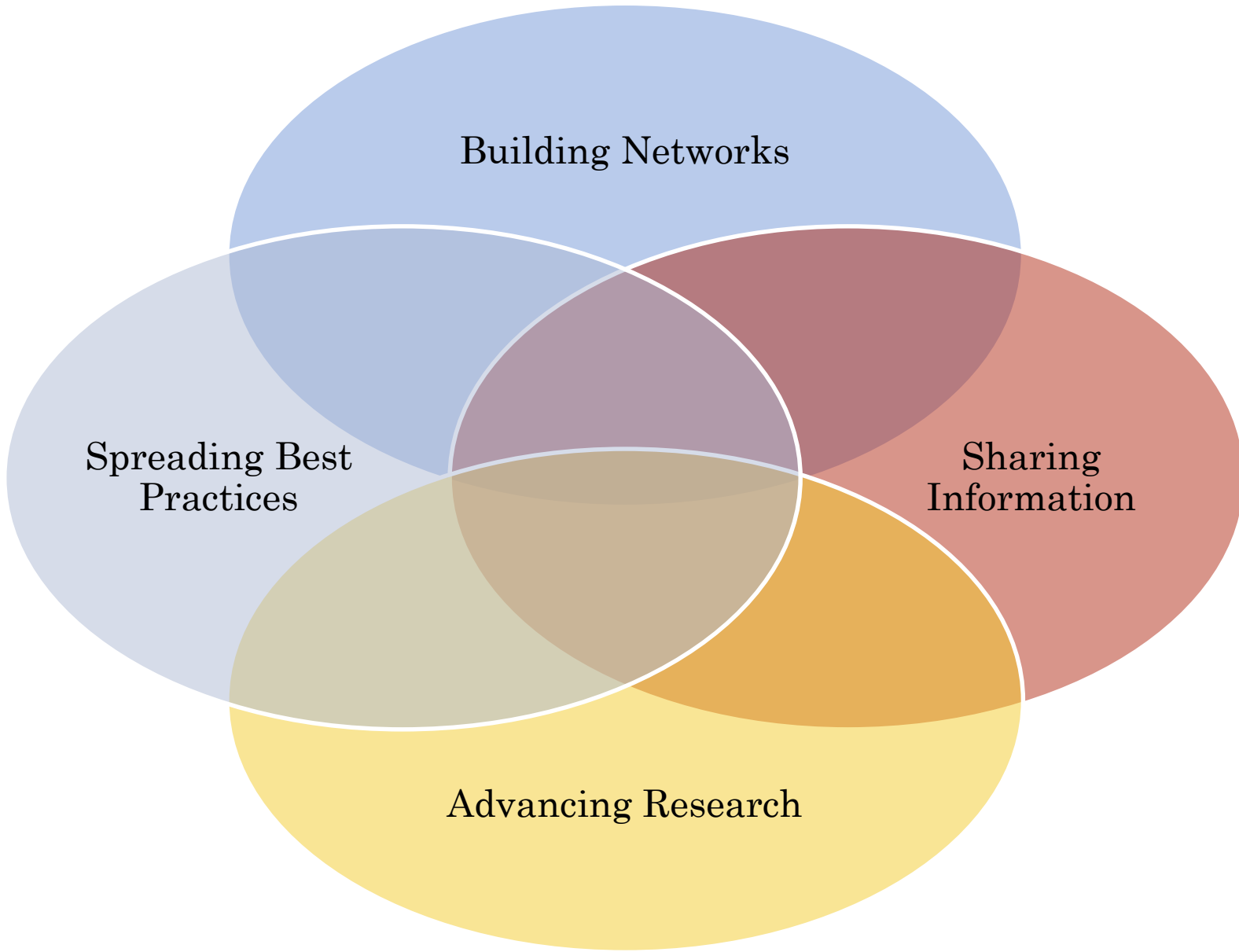


TRAUMA INTERVENTIONS

5 brief interventions:

- Common symptoms of trauma - psychoeducation
- Breathing exercise – relaxation
- Hand massage – relaxation and grounding
- B.E.T.T.E.R. Sleep – sleep hygiene awareness and plan
- Safety or “S.O.S.” plan





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