



Help Hope Learning



American Chronic Pain Association®

www.theacpa.org

Barriers

- **Access** to a balanced approach to pain care with the person with pain as an equal partner in the treatment team. Help a patient move from to role of passive patient to active participant in their care



**Nothing
about us
without
us!**



Barriers

- **Reimbursement** of HCP time to do a reasonable assessment and determine what the person needs. Medicine was not meant to be practiced using a cookie cutter approach.



Barriers

- **Provider education** on the multidisciplinary approach to pain management.



Barriers

➤ HCP ability to communicate with patients with pain about not just pain levels but the importance of the impact on daily function



Quality Of Life Scale A Measure Of Function For People With Pain

0 Non-functioning	Stay in bed all day Feel hopeless and helpless about life
1	Stay in bed at least half the day Have no contact with outside world
2	Get out of bed but don't get dressed Stay at home all day
3	Get dressed in the morning Minimal activities at home Contact with friends via phone, email
4	Struggle but fulfill daily home responsibilities No outside activity Not able to work/volunteer
5	Do simple chores around the house Minimal activities outside of home two days a week
6	Work/volunteer limited hours Take part in limited social activities on weekends
7	Work/volunteer for a few hours daily. Can be active at least five hours a day. Can make plans to do simple activities on weekends
8	Work/volunteer for at least six hours daily Have energy to make plans for one evening social activity during the week Active on weekends
9	Work/volunteer/be active eight hours daily Take part in family life Outside social activities limited
10 Normal Quality of Life	Go to work/volunteer each day Normal daily activities each day Have a social life outside of work Take an active part in family life



Changes in Policies

- Mandatory education on all facets of pain management for all health care providers
- Reimbursement of providers for time spent to a complete assess the pain complaint
- Changing the prior authorization of many pain management treatments to allow more flexibility in treatment options that meet individual need
- Make it mandatory if a provider is going to stop prescribing pain meds, they must do a reasonable taper. Also if a person is on an opioid and is functioning with a good quality of life, why tapered
- Take the treatment of pain out of the payer's hands and give it back to the provider



Thank you!

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