Interprofessional and Compassionate Care

IPHE Global Forum
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“The urgency of slowing down ...”

- Pico Iyer
Design Thinking: We’re In
Our focus includes
Interprofessional Education

To create understanding of each other’s roles by training all 3rd year nursing and medical students together
Design Thinking in Health

Space for Novel Ideas

All In Approach

Design Thinking for Doctors and Nurses

By ANITHA KALACHANDRAN  AUG. 3, 2017

Elgin Cleckley ’93
Assistant Professor of Architecture and Design Thinking
Design Thinking in Practice

- Clinical Nurse Leader Practicum Projects
  - Fiscal stewardship regarding the waste of incentive spirometry
  - Splatter alert
Compassionate Care Initiative
Jonathan Bartels RN, BSN

Case Study: The Pause

At UVA School of Nursing ... Creating compassionate nurses and leaders for the 21st century
Our goal

Reducing human suffering by cultivating compassionate people and systems
Nurses who trained in the CCI at UVA were more likely to practice meditation (p ≤ 0.001), yoga (p ≤ 0.05), exercise (p ≤ 0.01), breathing exercises (p ≤ 0.05) and writing (p ≤ 0.01) compared to cohorts of nurses who trained at other schools of nursing.

(Cunningham, Trail, Inkelas, 2018)
Our Impact

• Self-Care Retreats for Nurse Managers and Assistant Nurse Managers
• Grants to fund Resilience Retreats for entire Hospital Units
• Resilience Retreats for Nursing and Medical Students
• The “Pause” in 60 hospitals and on 4 continents (UK, Australia, South Africa)
CCI
“ambassadors”
Being present ... fully present
CCI Current Funding Sources

- Endowed Professorship funded with $2m (since 2009)
- Research program funding $500,000 (private foundation in 2017)
- Resilience retreat funding for hospital staff and undergraduate students $30,000 (hospital auxiliary and alumni support, 2016-18)
CCI Current Expenses

- Funds to send 70 teams to Upaya (Zen Buddhist retreat in Santa Fe) for 8 day “Being with Dying” program approx. $250,000 (2009-2018)
- 7 workshops for faculty/hc providers ($75,000 2010-2013)
- Programming: Contemplative practices 5 days/week, speaker series, 4 courses, other events ($110,000 FY 16-17)
References