Global Harmonization of Methodological Approaches to Nutrient Intake Recommendations

Synthesis of Breakout Discussion
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Advantages

Could generate more resources, empowerment, translation, and transparency

- Sources of funding
- Data repositories
- Sufficient scientific expertise
Information Repository

• This could include systematic reviews, scientific evidence, food composition tables, bioavailability data
Technical Brief

• A methods manual that includes the methodology for a harmonized process:
  • Including information on setting bioavailability
  • Clear terminology
  • Assessment methods for each nutrient
  • Data interpretation
  • Available software
  • Guidance when to include or exclude data and set endpoints
Training

• This includes:
  • Online
  • Face to face
  • Scientific collaboration
  • Country’s nutrition societies
  • New scientists
Challenges

• Convincing stakeholders that this approach is necessary
• Terminology
• Lack of scientific platforms and resources
• Information sharing – regional, international