Psychosocial Well-Being and Family Considerations in Cancer Survivorship: A Patient’s Perspective

Darci L. Graves, MPP, MA, MA
CMS Office of Minority Health

“Working to Achieve Health Equity”
July 2017
TOGETHER, WE CAN FIND A CURE FOR THE PHRASE, "WHAT DOESN'T KILL YOU MAKES YOU STRONGER."

I PROMISE NEVER TO REFER TO YOUR ILLNESS AS A "JOURNEY." UNLESS SOMEONE TAKES YOU ON A CRUISE.
new normal

vs.

alternate reality
seenbydarci This time last week I was going to my last chemo treatment... #100happydays #breastcancer #educatoraspatient
I AM STRONG.
I AM BRAVE.
I AM RESILIENT.
seenbydarci Another 6 month check-up is done... doctor pointed out it has been almost 4 years since my #diagnosis... i focus so much on the end of #chemo that sometimes i forget the clock started much earlier...

I can this ensemble. cancer #survivor chic.

#cancersurvivor #cancer #breastcancer #lifeaftercancer #lifeafterdiagnosis #ihadcancer #educatoraspatient #fallingup #theartoffallingup @ihadcancer
writing_on_a_cusp ☰

33 likes
MAY 11
From #saturday... #streetsign #stop #lookagain more on the blog darcigraves.org
Health is everything.
WATCH THE GAP
They really wanted their license plate to say communicate.

#licenseplate #vanityplate
Today 23 people will be told they have Pancreatic Cancer. Like Kerry, this is what they face:

- Only 3% will survive because of late diagnosis
- Most will die within 4 to 6 months
- It's the UK's 5th biggest cancer killer

Pancreatic cancer has the lowest survival rate of all 22 common cancers. Early diagnosis saves lives.

www.PancreaticCancerAction.org

Pancreatic Cancer Action is a registered charity in England and Wales No 1037689
seenbydarci A whole week without a doctor’s appt. First time in 6+ months. #100happydays #cancer #survivor
We still love you, even though you don't have cancer anymore!

Happy Breast Cancer awareness month, my cancer-free friend.

-Rosie
Do you ever get down in the dumps? If so, what do you do to lift yourself up?
—Vickie Eade Eddy, Olean, N.Y.

Here’s the procedure:
1) I telephone my mother.
2) She tells me I’m perfect.
3) I don’t believe her.
4) But I feel better anyway.
a manifesto
for my cancer-free-turning-forty-life

wake every morning with the goal of
letting people know they matter.

be on a quest
to find the joy, the peace & the sacred in
the world.

practice compassion.

be present.

learn every day & hug often.

live with purpose, authenticity, & generosity

honor the process & the emotions that come with it.

when you find yourself down
remember to fall up.

embody & facilitate the change you want to see
in the world.

exercise creativity, breathe deeply, &
always act with the best intention.
Delay-Adjusted Female Breast Invasive breast cancer

Incidence stabilizing and rates converging among black and white women

Mortality decreasing but diverging Rates in black and white women

Incidence data from SEER 9 delay-adjusted rates 1975–2011
In Honor of The Haddock women
seenbydarci #today we achieved #boring #roadtrip #Maryland