



DISSEMINATION OF PREGNANCY WEIGHT GAIN GUIDELINES

In 2011 the Institute of Medicine and the National Research Council was asked to develop a series of resources to promote the recommendations of the report *Weight Gain During Pregnancy: Reexamining the Guidelines*. This effort focused on three major audiences: health care providers, public health agencies, and community-based organizations and women's groups.

As part of its charge the committee has collaborated with twelve partnership groups in the creation of a core set of report dissemination materials that include print, electronic, and video resources. This one-day workshop features resource materials produced as an outcome of this project and developed for health providers and community and public health agencies, as well as community leaders from organizations that interact with underserved populations, especially women who are pregnant or are planning to be pregnant. The workshop will engage interested stakeholders, organizations, and federal agencies in a day-long discussion of issues related to implementing behavior change to reflect the updated guidelines on weight gain during pregnancy. A summary report will be prepared for the workshop.

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